

## **Varsity Girls Top 10 Track & Field Records**

### **100m**

|   |          |             |         |      |
|---|----------|-------------|---------|------|
| 1 | Desie    | Armstrong   | 12.17   | 2019 |
| 2 | Erin     | McLaughlin  | 12.44   | 1987 |
| 3 | Eva      | Brown       | 12.58 w | 2025 |
| 4 | Tammy    | Albertsen   | 12.64 c | 1978 |
| 5 | Debbie   | Santa Maria | 12.74 c | 1975 |
| 5 | Justina  | Thompson    | 12.74 c | 1992 |
| 7 | Divine   | Adesida     | 12.78   | 2010 |
| 8 | Monica   | Dunn        | 12.93   | 1993 |
| 9 | Danielle | Hopkins     | 12.94 c | 1980 |
| 9 | Joy      | Suitos      | 12.94 c | 1980 |

### **200m**

|   |          |            |         |      |
|---|----------|------------|---------|------|
| 1 | Erin     | McLaughlin | 25.44   | 1987 |
| 2 | Desie    | Armstrong  | 25.63   | 2019 |
| 3 | Divine   | Adesida    | 25.64   | 2010 |
| 4 | Eva      | Brown      | 25.82   | 2026 |
| 5 | Sadie    | Parker     | 26.19   | 2021 |
| 6 | Alana    | Burke      | 26.23 w | 2022 |
| 7 | Maree    | Hansen     | 26.24 c | 1980 |
| 8 | Danielle | Hopkins    | 26.54 c | 1981 |
| 9 | Tammy    | Albertsen  | 26.84 c | 1978 |
| 9 | Justina  | Thompson   | 26.84 c | 1992 |

### **400m**

|    |         |            |         |      |
|----|---------|------------|---------|------|
| 1  | Maree   | Hansen     | 56.2    | 1980 |
| 2  | Divine  | Adesida    | 58.05   | 2009 |
| 3  | Erin    | McLaughlin | 58.38   | 1988 |
| 4  | Lisa    | Piper      | 59.38   | 1994 |
| 5  | Laura   | Underwood  | 59.68   | 1997 |
| 6  | Janelle | Corbyn     | 1:00.1  | 1985 |
| 6  | Beth    | Mork       | 1:00.1  | 1999 |
| 8  | Maria   | Zamora     | 1:00.35 | 2003 |
| 9  | Kelly   | O'Dell     | 1:00.9  | 1999 |
| 10 | Alta    | Whipple    | 1:01.10 | 2002 |

### **800m**

|    |          |          |          |      |
|----|----------|----------|----------|------|
| 1  | Marissa  | D'Atri   | 2:11.77  | 2017 |
| 2  | Paige    | Tully    | 2:14.6   | 1983 |
| 3  | Maree    | Hansen   | 2:18.8 c | 1980 |
| 4  | Renae    | Searls   | 2:19.23  | 2023 |
| 5  | Janelle  | Corbyn   | 2:19.5   | 1985 |
| 6  | Samantha | Jones    | 2:19.86  | 2001 |
| 7  | Beth     | Mork     | 2:20.25  | 2001 |
| 8  | Beth     | Dunn     | 2:20.28  | 2001 |
| 9  | Jessica  | Neu      | 2:22.43  | 1997 |
| 10 | Allie    | Timbrell | 2:22.90  | 2014 |

### **1600m**

|    |          |             |           |      |
|----|----------|-------------|-----------|------|
| 1  | Renae    | Searls      | 4:57.02   | 2023 |
| 2  | Paige    | Tully       | 4:57.90   | 1983 |
| 3  | Allie    | Timbrell    | 5:01.55 c | 2014 |
| 4  | Marissa  | D'Atri      | 5:03.63   | 2018 |
| 5  | Katie    | Leary       | 5:10.31   | 1985 |
| 6  | Samantha | Jones       | 5:11.09   | 2003 |
| 7  | Jessica  | Neu         | 5:13.27   | 2000 |
| 8  | Amy      | Loper-Riley | 5:16.9    | 1998 |
| 9  | Stacey   | Brunton     | 5:27.0    | 1986 |
| 10 | Janelle  | Corbyn      | 5:28.8 c  | 1988 |

### **3200m**

|    |          |             |           |      |
|----|----------|-------------|-----------|------|
| 1  | Renae    | Searls      | 10:32.89  | 2023 |
| 2  | Samantha | Jones       | 11:02.85  | 2003 |
| 3  | Amy      | Loper-Riley | 11:15.88  | 1997 |
| 4  | Allie    | Timbrell    | 11:16.25  | 2014 |
| 5  | Katie    | Leary       | 11:17.1   | 1985 |
| 6  | Paige    | Tully       | 11:24.0   | 1981 |
| 7  | Jessica  | Neu         | 11:25.4 c | 1999 |
| 8  | Marissa  | D'Atri      | 11:32.65  | 2018 |
| 9  | Nicole   | Tria        | 11:42.98  | 2019 |
| 10 | Tanya    | Rosengren   | 11:52.12  | 2001 |

### **100m Hurdles (33")**

|   |          |           |         |      |
|---|----------|-----------|---------|------|
| 1 | Joy      | Suitos    | 15.44 c | 1981 |
| 2 | Traci    | Banks     | 15.54   | 1993 |
| 3 | Shelly   | Cline     | 15.70   | 1988 |
| 4 | Linda    | Haefke    | 16.44 c | 1980 |
| 4 | Tina     | Tamboury  | 16.44   | 1985 |
| 6 | Beth     | Michelson | 16.84 c | 1977 |
| 6 | Terri    | Cutler    | 16.84 c | 1980 |
| 8 | Samantha | Capozzo   | 17.00   | 2005 |
| 9 | Joanne   | Rilli     | 17.01   | 2000 |
| 9 | Melissa  | Grube     | 17.01   | 2012 |

### **300m Low Hurdles (30")**

|    |          |            |         |      |
|----|----------|------------|---------|------|
| 1  | Shelly   | Cline      | 47.04 c | 1988 |
| 2  | Tina     | Tamboury   | 48.04 c | 1985 |
| 3  | Maree    | Hansen     | 49.14 c | 1981 |
| 4  | Hope     | Suitos     | 49.34 c | 1991 |
| 5  | Joanne   | Rilli      | 49.69   | 2000 |
| 6  | Jessica  | Neu        | 49.96   | 2000 |
| 7  | Samantha | Capozzo    | 50.39   | 2005 |
| 8  | Shireen  | Amini      | 50.41   | 2002 |
| 9  | Kay      | Bromley    | 50.54   | 2013 |
| 10 | Sienna   | Strickland | 51.56   | 2016 |

### **Long Jump**

|    |          |            |            |      |
|----|----------|------------|------------|------|
| 1  | Desie    | Armstrong  | 18-07.75 w | 2022 |
| 2  | Joy      | Suitos     | 17-09 w    | 1981 |
| 3  | Danielle | Hopkins    | 17-05.5 w  | 1981 |
| 4  | Monica   | Dunn       | 17-04.5    | 1992 |
| 5  | Jill     | Suitos     | 17-00.5    | 1986 |
| 6  | Erin     | McLaughlin | 16-02.5    | 1987 |
| 6  | Maria    | Morandin   | 16-02.5    | 1983 |
| 8  | Kelly    | O'Dell     | 16-00      | 1999 |
| 8  | Makhai   | Broussard  | 16-00      | 2017 |
| 10 | Brianna  | Hernandez  | 15-09      | 2019 |
| 10 | Emily    | West       | 15-09      | 2019 |

### **Triple Jump**

|    |         |           |          |      |
|----|---------|-----------|----------|------|
| 1  | Maria   | Morandin  | 35-01.5  | 1984 |
| 2  | Sadie   | Parker    | 35-00.75 | 2021 |
| 3  | Jill    | Suitos    | 35-00.5  | 1984 |
| 4  | Kelly   | O'Dell    | 34-10.5  | 1997 |
| 5  | Lindsay | Lightsey  | 34-04.5  | 2002 |
| 6  | Jenna   | Coffman   | 34-03    | 2017 |
| 7  | Monica  | Dunn      | 33-01.5  | 1992 |
| 8  | Kim     | Baer      | 33-01.25 | 2000 |
| 9  | Brianna | Hernandez | 32-08    | 2019 |
| 10 | Joanne  | Rilli     | 32-06.75 | 2000 |

## Varsity Girls Top 10 Track & Field Records

### High Jump

|   |         |          |      |      |
|---|---------|----------|------|------|
| 1 | Traci   | Banks    | 5-05 | 1994 |
| 2 | Lindsay | Lightsey | 5-04 | 2004 |
| 3 | Rena    | Scott    | 5-01 | 1980 |
| 3 | Sabrina | Micanek  | 5-01 | 1990 |
| 3 | Kieara  | Rios     | 5-01 | 2017 |
| 6 | Terri   | Cutler   | 5-00 | 1980 |
| 6 | Shelly  | Cline    | 5-00 | 1990 |
| 6 | Joy     | Adesida  | 5-00 | 2022 |
| 9 | Maureen | Mason    | 4-10 | 1998 |
| 9 | Heather | Stephens | 4-10 | 2000 |
| 9 | Jenni   | Jones    | 4-10 | 2000 |
| 9 | Kathryn | Bumala   | 4-10 | 2007 |

### Pole Vault

|   |          |         |      |      |
|---|----------|---------|------|------|
| 1 | Alyssa   | Lopez   | 8-11 | 2025 |
| 2 | Danielle | Sutton  | 8-06 | 1997 |
| 2 | Jessica  | Neu     | 8-06 | 1999 |
| 4 | Corina   | Jones   | 8-05 | 2023 |
| 5 | Sky      | Gliatto | 8-00 | 1998 |
| 5 | Crystal  | Dinh    | 8-00 | 2013 |
| 5 | Alexis   | Yu      | 8-00 | 2020 |
| 8 | Laura    | Johnson | 7-06 | 1997 |
| 8 | Kim      | Baer    | 7-06 | 2001 |
| 8 | Beth     | Dunn    | 7-06 | 2002 |
| 8 | Megan    | Keith   | 7-06 | 2004 |
| 8 | Marilee  | Mazur   | 7-06 | 2007 |
| 8 | Ashley   | Breeze  | 7-06 | 2019 |
| 8 | Katelyn  | Kyllo   | 7-06 | 2019 |

### Shot Put

|    |           |          |          |      |
|----|-----------|----------|----------|------|
| 1  | Praise    | Adesida  | 43-03    | 2012 |
| 2  | Tamika    | Waters   | 37-03.5  | 1990 |
| 3  | Michelle  | Malone   | 37-00.5  | 2004 |
| 4  | Jessica   | Robinson | 34-07    | 2000 |
| 5  | Kieara    | Rios     | 33-11.75 | 2017 |
| 6  | Selina    | Haefke   | 33-02.5  | 2014 |
| 7  | Sarah     | Robinson | 33-02    | 1999 |
| 8  | Molly     | West     | 32-04.5  | 2011 |
| 9  | Stephanie | Colbert  | 32-01    | 1995 |
| 10 | Hayley    | Ward     | 31-05.5  | 2018 |

### Discus

|    |           |          |          |      |
|----|-----------|----------|----------|------|
| 1  | Praise    | Adesida  | 141-00   | 2012 |
| 2  | Carla     | Casazza  | 122-07   | 1983 |
| 3  | Betty     | Hoffman  | 113-07   | 1977 |
| 4  | Stephanie | Colbert  | 112-07   | 1995 |
| 5  | Michelle  | Malone   | 106-08.5 | 2004 |
| 6  | Sarah     | Tavares  | 104-01   | 2006 |
| 7  | Michelle  | DeGraef  | 103-04   | 1988 |
| 8  | Jessica   | Robinson | 102-09   | 2000 |
| 9  | Phoebe    | Tang     | 102-08   | 2017 |
| 10 | Selina    | Haefke   | 99-07    | 2014 |

### 4 x 100m relay

|    |   |              |             |
|----|---|--------------|-------------|
| 1  | Hopkins, Suitos, Haefke, Hansen           | 49.64 c      | 1980        |
| 2  | Burke, Epps, Parker, Armstrong            | 49.75        | 2022        |
| 3  | Miller, Burke, Palmer, Brown              | 50.04        | 2025        |
| 4  | Hopkins, Hansen, Swicegood, Suitos        | 50.34 c      | 1981        |
| 4  | Taylor, Zantelli, Cline, McLaughlin       | 50.34 c      | 1989        |
| 6  | Banks, Thompson, Dunn, Piper              | 50.36        | 1992        |
| 7  | Wadsworth, D. Adesida, Yoeono, P. Adesida | 50.43        | 2010        |
| 8  | J. Adesida, West, Stone, Armstrong        | 50.93        | 2019        |
| 9  | <b>Miller, Burke, Tisdale, Brown</b>      | <b>50.99</b> | <b>2026</b> |
| 10 | Unknown Team                              | 51.07        | 1993        |

### 4 x 400m relay

|    |                                      |         |      |
|----|--------------------------------------|---------|------|
| 1  | Swicegood, Tully, Hopkins, Hansen    | 3:57.1  | 1981 |
| 2  | Taylor, Howard, Corbyn, McLaughlin   | 4:03.58 | 1988 |
| 3  | Mork, Dunn, Whipple, Zamora          | 4:05.39 | 2002 |
| 4  | Cutler, Swicegood, Hopkins, Hansen   | 4:05.8  | 1980 |
| 5  | Amini, West, Mork, O'Dell            | 4:06.64 | 2000 |
| 6  | Mork, Neu, Rilli, O'Dell             | 4:09.09 | 1999 |
| 7  | Dunn, Amini, West, Mork              | 4:09.11 | 2001 |
| 8  | Zamora, Hughes, West, Pruitt         | 4:09.27 | 2003 |
| 9  | Taylor, Cline, Corbyn, McLaughlin    | 4:09.6  | 1988 |
| 10 | Wadsworth, Bumala, Wight, D. Adesida | 4:10.11 | 2009 |

**4 x 800m** Whipple, Dunn, Pettigrew, Mork 9:43.34 2002

**4 x 1600m** Neu, Jones, Loper-Riley, Zamolo 22:00.26 2000

**DMR (4000m)** Loper-Riley, O'Dell, Mork, Neu 12:36.97 2000

**4 x 200m** Cline, Taylor, Corbyn, McLaughlin 1:49.4 1987

**SMR (800m)** Swicegood, Hopkins, Haefke, Hansen 1:52.9 1980

**SMR (1600m)** Unknown Team 4:18.93 2001

**4 x 100m HH** O'Dell, Neu, Rilli, Stephens 1:10.3 2000

**400m Hurdles** Becky Gilbert 1:20.68 1990

**1500m** Rena Searls 4:43.42 2023

**3000m** Rena Searls 10:01.30 EnRoute 2023

**5000m** Kaelyn Nguyen 24:33.3 2021

**Pentathlon** Corina Jones 1198 Points 2021

**Heptathlon** Kieara Rios 2365 Points 2017

**Javelin** Kieara Rios 56-11.75 2017

### Notes:

1. c = converted from yards, w = wind-aided
2. times to tenths = hand timed; times to hundredths = electronic
3. 100m/200m/hurdles conversion = +.24 h/t to electronic
4. 400m and up conversion = +.14 h/t to electronic