

Varsity Girls Top 10 Track & Field Records

100m

| | | | | |
|---|----------|-------------|---------|------|
| 1 | Desie | Armstrong | 12.17 | 2019 |
| 2 | Erin | McLaughlin | 12.44 | 1987 |
| 3 | Eva | Brown | 12.58 w | 2025 |
| 4 | Tammy | Albertsen | 12.64 c | 1978 |
| 5 | Debbie | Santa Maria | 12.74 c | 1975 |
| 5 | Justina | Thompson | 12.74 c | 1992 |
| 7 | Divine | Adesida | 12.78 | 2010 |
| 8 | Monica | Dunn | 12.93 | 1993 |
| 9 | Danielle | Hopkins | 12.94 c | 1980 |
| 9 | Joy | Suitos | 12.94 c | 1980 |

200m

| | | | | |
|---|----------|------------|---------|------|
| 1 | Erin | McLaughlin | 25.44 | 1987 |
| 2 | Desie | Armstrong | 25.63 | 2019 |
| 3 | Divine | Adesida | 25.64 | 2010 |
| 4 | Eva | Brown | 26.14 | 2025 |
| 5 | Sadie | Parker | 26.19 | 2021 |
| 6 | Alana | Burke | 26.23 w | 2022 |
| 7 | Maree | Hansen | 26.24 c | 1980 |
| 8 | Danielle | Hopkins | 26.54 c | 1981 |
| 9 | Tammy | Albertsen | 26.84 c | 1978 |
| 9 | Justina | Thompson | 26.84 c | 1992 |

400m

| | | | | |
|----|---------|------------|---------|------|
| 1 | Maree | Hansen | 56.2 | 1980 |
| 2 | Divine | Adesida | 58.05 | 2009 |
| 3 | Erin | McLaughlin | 58.38 | 1988 |
| 4 | Lisa | Piper | 59.38 | 1994 |
| 5 | Laura | Underwood | 59.68 | 1997 |
| 6 | Janelle | Corbyn | 1:00.1 | 1985 |
| 6 | Beth | Mork | 1:00.1 | 1999 |
| 8 | Maria | Zamora | 1:00.35 | 2003 |
| 9 | Kelly | O'Dell | 1:00.9 | 1999 |
| 10 | Alta | Whipple | 1:01.10 | 2002 |

800m

| | | | | |
|----|----------|----------|----------|------|
| 1 | Marissa | D'Atri | 2:11.77 | 2017 |
| 2 | Paige | Tully | 2:14.6 | 1983 |
| 3 | Maree | Hansen | 2:18.8 c | 1980 |
| 4 | Renae | Searls | 2:19.23 | 2023 |
| 5 | Janelle | Corbyn | 2:19.5 | 1985 |
| 6 | Samantha | Jones | 2:19.86 | 2001 |
| 7 | Beth | Mork | 2:20.25 | 2001 |
| 8 | Beth | Dunn | 2:20.28 | 2001 |
| 9 | Jessica | Neu | 2:22.43 | 1997 |
| 10 | Allie | Timbrell | 2:22.90 | 2014 |

1600m

| | | | | |
|----|----------|-------------|-----------|------|
| 1 | Renae | Searls | 4:57.02 | 2023 |
| 2 | Paige | Tully | 4:57.90 | 1983 |
| 3 | Allie | Timbrell | 5:01.55 c | 2014 |
| 4 | Marissa | D'Atri | 5:03.63 | 2018 |
| 5 | Katie | Leary | 5:10.31 | 1985 |
| 6 | Samantha | Jones | 5:11.09 | 2003 |
| 7 | Jessica | Neu | 5:13.27 | 2000 |
| 8 | Amy | Loper-Riley | 5:16.9 | 1998 |
| 9 | Stacey | Brunton | 5:27.0 | 1986 |
| 10 | Janelle | Corbyn | 5:28.8 c | 1988 |

3200m

| | | | | |
|----|----------|-------------|-----------|------|
| 1 | Renae | Searls | 10:32.89 | 2023 |
| 2 | Samantha | Jones | 11:02.85 | 2003 |
| 3 | Amy | Loper-Riley | 11:15.88 | 1997 |
| 4 | Allie | Timbrell | 11:16.25 | 2014 |
| 5 | Katie | Leary | 11:17.1 | 1985 |
| 6 | Paige | Tully | 11:24.0 | 1981 |
| 7 | Jessica | Neu | 11:25.4 c | 1999 |
| 8 | Marissa | D'Atri | 11:32.65 | 2018 |
| 9 | Nicole | Tria | 11:42.98 | 2019 |
| 10 | Tanya | Rosengren | 11:52.12 | 2001 |

100m Hurdles (33")

| | | | | |
|---|----------|-----------|---------|------|
| 1 | Joy | Suitos | 15.44 c | 1981 |
| 2 | Traci | Banks | 15.54 | 1993 |
| 3 | Shelly | Cline | 15.70 | 1988 |
| 4 | Linda | Haefke | 16.44 c | 1980 |
| 4 | Tina | Tamboury | 16.44 | 1985 |
| 6 | Beth | Michelson | 16.84 c | 1977 |
| 6 | Terri | Cutler | 16.84 c | 1980 |
| 8 | Samantha | Capozzo | 17.00 | 2005 |
| 9 | Joanne | Rilli | 17.01 | 2000 |
| 9 | Melissa | Grube | 17.01 | 2012 |

300m Low Hurdles (30")

| | | | | |
|----|----------|------------|---------|------|
| 1 | Shelly | Cline | 47.04 c | 1988 |
| 2 | Tina | Tamboury | 48.04 c | 1985 |
| 3 | Maree | Hansen | 49.14 c | 1981 |
| 4 | Hope | Suitos | 49.34 c | 1991 |
| 5 | Joanne | Rilli | 49.69 | 2000 |
| 6 | Jessica | Neu | 49.96 | 2000 |
| 7 | Samantha | Capozzo | 50.39 | 2005 |
| 8 | Shireen | Amini | 50.41 | 2002 |
| 9 | Kay | Bromley | 50.54 | 2013 |
| 10 | Sienna | Strickland | 51.56 | 2016 |

Long Jump

| | | | | |
|----|----------|------------|------------|------|
| 1 | Desie | Armstrong | 18-07.75 w | 2022 |
| 2 | Joy | Suitos | 17-09 w | 1981 |
| 3 | Danielle | Hopkins | 17-05.5 w | 1981 |
| 4 | Monica | Dunn | 17-04.5 | 1992 |
| 5 | Jill | Suitos | 17-00.5 | 1986 |
| 6 | Erin | McLaughlin | 16-02.5 | 1987 |
| 6 | Maria | Morandin | 16-02.5 | 1983 |
| 8 | Kelly | O'Dell | 16-00 | 1999 |
| 8 | Makhai | Broussard | 16-00 | 2017 |
| 10 | Brianna | Hernandez | 15-09 | 2019 |
| 10 | Emily | West | 15-09 | 2019 |

Triple Jump

| | | | | |
|----|---------|-----------|----------|------|
| 1 | Maria | Morandin | 35-01.5 | 1984 |
| 2 | Sadie | Parker | 35-00.75 | 2021 |
| 3 | Jill | Suitos | 35-00.5 | 1984 |
| 4 | Kelly | O'Dell | 34-10.5 | 1997 |
| 5 | Lindsay | Lightsey | 34-04.5 | 2002 |
| 6 | Jenna | Coffman | 34-03 | 2017 |
| 7 | Monica | Dunn | 33-01.5 | 1992 |
| 8 | Kim | Baer | 33-01.25 | 2000 |
| 9 | Brianna | Hernandez | 32-08 | 2019 |
| 10 | Joanne | Rilli | 32-06.75 | 2000 |

Varsity Girls Top 10 Track & Field Records

High Jump

| | | | | |
|---|---------|----------|------|------|
| 1 | Traci | Banks | 5-05 | 1994 |
| 2 | Lindsay | Lightsey | 5-04 | 2004 |
| 3 | Rena | Scott | 5-01 | 1980 |
| 3 | Sabrina | Micanek | 5-01 | 1990 |
| 3 | Kieara | Rios | 5-01 | 2017 |
| 6 | Terri | Cutler | 5-00 | 1980 |
| 6 | Shelly | Cline | 5-00 | 1990 |
| 6 | Joy | Adesida | 5-00 | 2022 |
| 9 | Maureen | Mason | 4-10 | 1998 |
| 9 | Heather | Stephens | 4-10 | 2000 |
| 9 | Jenni | Jones | 4-10 | 2000 |
| 9 | Kathryn | Bumala | 4-10 | 2007 |

Pole Vault

| | | | | |
|---|----------|---------|------|------|
| 1 | Alyssa | Lopez | 8-11 | 2025 |
| 2 | Danielle | Sutton | 8-06 | 1997 |
| 2 | Jessica | Neu | 8-06 | 1999 |
| 4 | Corina | Jones | 8-05 | 2023 |
| 5 | Sky | Gliatto | 8-00 | 1998 |
| 5 | Crystal | Dinh | 8-00 | 2013 |
| 5 | Alexis | Yu | 8-00 | 2020 |
| 8 | Laura | Johnson | 7-06 | 1997 |
| 8 | Kim | Baer | 7-06 | 2001 |
| 8 | Beth | Dunn | 7-06 | 2002 |
| 8 | Megan | Keith | 7-06 | 2004 |
| 8 | Marilee | Mazur | 7-06 | 2007 |
| 8 | Ashley | Breeze | 7-06 | 2019 |
| 8 | Katelyn | Kyllo | 7-06 | 2019 |

Shot Put

| | | | | |
|----|-----------|----------|----------|------|
| 1 | Praise | Adesida | 43-03 | 2012 |
| 2 | Tamika | Waters | 37-03.5 | 1990 |
| 3 | Michelle | Malone | 37-00.5 | 2004 |
| 4 | Jessica | Robinson | 34-07 | 2000 |
| 5 | Kieara | Rios | 33-11.75 | 2017 |
| 6 | Selina | Haefke | 33-02.5 | 2014 |
| 7 | Sarah | Robinson | 33-02 | 1999 |
| 8 | Molly | West | 32-04.5 | 2011 |
| 9 | Stephanie | Colbert | 32-01 | 1995 |
| 10 | Hayley | Ward | 31-05.5 | 2018 |

Discus

| | | | | |
|----|-----------|----------|----------|------|
| 1 | Praise | Adesida | 141-00 | 2012 |
| 2 | Carla | Casazza | 122-07 | 1983 |
| 3 | Betty | Hoffman | 113-07 | 1977 |
| 4 | Stephanie | Colbert | 112-07 | 1995 |
| 5 | Michelle | Malone | 106-08.5 | 2004 |
| 6 | Sarah | Tavares | 104-01 | 2006 |
| 7 | Michelle | DeGraef | 103-04 | 1988 |
| 8 | Jessica | Robinson | 102-09 | 2000 |
| 9 | Phoebe | Tang | 102-08 | 2017 |
| 10 | Selina | Haefke | 99-07 | 2014 |

4 x 100m relay

| | | | |
|----|---|--------------|-------------|
| 1 | Hopkins, Suitos, Haefke, Hansen | 49.64 c | 1980 |
| 2 | Burke, Epps, Parker, Armstrong | 49.75 | 2022 |
| 3 | Miller, Burke, Palmer, Brown | 50.04 | 2025 |
| 4 | Hopkins, Hansen, Swicegood, Suitos | 50.34 c | 1981 |
| 4 | Taylor, Zantelli, Cline, McLaughlin | 50.34 c | 1989 |
| 6 | Banks, Thompson, Dunn, Piper | 50.36 | 1992 |
| 7 | Wadsworth, D. Adesida, Yoeono, P. Adesida | 50.43 | 2010 |
| 8 | J. Adesida, West, Stone, Armstrong | 50.93 | 2019 |
| 9 | Miller, Burke, Tisdale, Brown | 50.99 | 2026 |
| 10 | Unknown Team | 51.07 | 1993 |

4 x 400m relay

| | | | |
|----|--------------------------------------|---------|------|
| 1 | Swicegood, Tully, Hopkins, Hansen | 3:57.1 | 1981 |
| 2 | Taylor, Howard, Corbyn, McLaughlin | 4:03.58 | 1988 |
| 3 | Mork, Dunn, Whipple, Zamora | 4:05.39 | 2002 |
| 4 | Cutler, Swicegood, Hopkins, Hansen | 4:05.8 | 1980 |
| 5 | Amini, West, Mork, O'Dell | 4:06.64 | 2000 |
| 6 | Mork, Neu, Rilli, O'Dell | 4:09.09 | 1999 |
| 7 | Dunn, Amini, West, Mork | 4:09.11 | 2001 |
| 8 | Zamora, Hughes, West, Pruitt | 4:09.27 | 2003 |
| 9 | Taylor, Cline, Corbyn, McLaughlin | 4:09.6 | 1988 |
| 10 | Wadsworth, Bumala, Wight, D. Adesida | 4:10.11 | 2009 |

4 x 800m Whipple, Dunn, Pettigrew, Mork 9:43.34 2002

4 x 1600m Neu, Jones, Loper-Riley, Zamolo 22:00.26 2000

DMR (4000m) Loper-Riley, O'Dell, Mork, Neu 12:36.97 2000

4 x 200m Cline, Taylor, Corbyn, McLaughlin 1:49.4 1987

SMR (800m) Swicegood, Hopkins, Haefke, Hansen 1:52.9 1980

SMR (1600m) Unknown Team 4:18.93 2001

4 x 100m HH O'Dell, Neu, Rilli, Stephens 1:10.3 2000

400m Hurdles Becky Gilbert 1:20.68 1990

1500m Rena Searls | 4:43.42 | 2023 |

3000m Rena Searls | 10:01.30 | EnRoute 2023 |

5000m Kaelyn Nguyen 24:33.3 2021

Pentathlon Corina Jones 1198 Points 2021

Heptathlon Kieara Rios 2365 Points 2017

Javelin Kieara Rios 56-11.75 2017

Notes:

1. c = converted from yards, w = wind-aided
2. times to tenths = hand timed; times to hundredths = electronic
3. 100m/200m/hurdles conversion = +.24 h/t to electronic
4. 400m and up conversion = +.14 h/t to electronic