Varsity Girls Top 10 Track & Field Records

100m

1	Desie	Armstrong	12.17	2019
2	Eva	Brown	12.42	2026
3	Erin	McLaughlin	12.44	1987
4	Tammy	Albertsen	12.64 c	1978
5	Debbie	Santa Maria	12.74 c	1975
5	Justina	Thompson	12.74 c	1992
7	Divine	Adesida	12.78	2010
8	Monica	Dunn	12.93	1993
9	Danielle	Hopkins	12.94 c	1980
9	Joy	Suitos	12.94 c	1980

200m

1	Erin	McLaughlin	25.44	1987
2	Desie	Armstrong	25.63	2019
3	Divine	Adesida	25.64	2010
4	Eva	Brown	25.82	2026
5	Sadie	Parker	26.19	2021
6	Alana	Burke	26.23 w	2022
7	Maree	Hansen	26.24 c	1980
8	Danielle	Hopkins	26.54 c	1981
9	Tammy	Albertsen	26.84 c	1978
9	Justina	Thompson	26.84 c	1992

400m

1	Maree	Hansen	56.2	1980
2	Divine	Adesida	58.05	2009
3	Erin	McLaughlin	58.38	1988
4	Lisa	Piper	59.38	1994
5	Laura	Underwood	59.68	1997
6	Janelle	Corbyn	1:00.1	1985
6	Beth	Mork	1:00.1	1999
8	Maria	Zamora	1:00.35	2003
9	Kelly	O'Dell	1:00.9	1999
10	Alta	Whipple	1:01.10	2002

800m

1	Marissa	D'Atri	2:11.77	2017
2	Paige	Tully	2:14.6	1983
3	Renae	Searls	2:19.23	2023
4	Janelle	Corbyn	2:19.5	1985
5	Samantha	Jones	2:19.86	2001
6	Beth	Mork	2:20.25	2001
7	Beth	Dunn	2:20.28	2001
8	Maree	Hansen	2:20.3	1980
9	Jessica	Neu	2:22.43	1997
10	Allie	Timbrell	2:22.90	2014

1600m

1	Renae	Searls	4:57.02	2023
2	Paige	Tully	4:57.90	1983
3	Allie	Timbrell	5:01.55 c	2014
4	Marissa	D'Atri	5:03.63	2018
5	Katie	Leary	5:10.31	1985
6	Samantha	Jones	5:11.09	2003
7	Jessica	Neu	5:13.27	2000
8	Amy	Loper-Riley	5:16.9	1998
9	Stacey	Brunton	5:27.0	1986
10	Janelle	Corbyn	5:28.8 c	1988

3200m

1	Renae	Searls	10:32.89	2023
2	Samantha	Jones	11:02.85	2003
3	Katie	Leary	11:14.05	1985
4	Amy	Loper-Riley	11:15.88	1997
5	Allie	Timbrell	11:16.25	2014
6	Paige	Tully	11:24.0	1981
7	Jessica	Neu	11:25.4 c	1999
8	Marissa	D'Atri	11:32.65	2018
9	Nicole	Tria	11:42.98	2019
10	Tanya	Rosengren	11:52.12	2001

100m Hurdles (33")

1	Joy	Suitos	15.44 c	1981
2	Traci	Banks	15.54	1993
3	Shelly	Cline	15.70	1988
4	Linda	Haefke	16.44 c	1980
4	Tina	Tamboury	16.44	1985
6	Beth	Michelson	16.84 c	1977
6	Terri	Cutler	16.84 c	1980
8	Samantha	Capozzo	17.00	2005
9	Joanne	Rilli	17.01	2000
9	Melissa	Grube	17.01	2012

300m Low Hurdles (30")

1	Shelly	Cline	47.04 c	1988
2	Tina	Tamboury	48.04 c	1985
3	Maree	Hansen	49.14 c	1981
4	Hope	Suitos	49.34 c	1991
5	Joanne	Rilli	49.69	2000
6	Jessica	Neu	49.96	2000
7	Samantha	Capozzo	50.39	2005
8	Shireen	Amini	50.41	2002
9	Kay	Bromley	50.54	2013
10	Sienna	Strickland	51.56	2016

Long Jump

1	Desie	Armstrong	18-07.75 w	2022
2	Joy	Suitos	17-09 w	1981
3	Danielle	Hopkins	17-05.5 w	1981
4	Monica	Dunn	17-04.5	1992
5	Jill	Suitos	17-00.5	1986
6	Eva	Brown	16-04.25	2026
7	Erin	McLaughlin	16-02.5	1987
7	Maria	Morandin	16-02.5	1983
9	Kelly	O'Dell	16-00	1999
9	Makhai	Broussard	16-00	2017

Triple Jump

1	Maria	Morandin	35-01.5	1984
2	Sadie	Parker	35-00.75	2021
3	Jill	Suitos	35-00.5	1984
4	Kelly	O'Dell	34-10.5	1997
5	Lindsay	Lightsey	34-04.5	2002
6	Jenna	Coffman	34-03	2017
7	Monica	Dunn	33-01.5	1992
8	Kim	Baer	33-01.25	2000
9	Brianna	Hernandez	32-08	2019
10	Joanne	Rilli	32-06.75	2000

Varsity Girls Top 10 Track & Field Records

High Jump

1	Traci	Banks	5-05	1994
2	Lindsay	Lightsey	5-04	2004
3	Renae	Scott	5-01	1980
3	Sabrina	Micanek	5-01	1990
3	Kieara	Rios	5-01	2017
6	Terri	Cutler	5-00	1980
6	Shelly	Cline	5-00	1990
6	Joy	Adesida	5-00	2022
9	Maureen	Mason	4-10	1998
9	Heather	Stephens	4-10	2000
9	Jenni	Jones	4-10	2000
9	Kathryn	Bumala	4-10	2007

Pole Vault

1	Alyssa	Lopez	9-06	2026
2	Danielle	Sutton	8-06	1997
2	Jessica	Neu	8-06	1999
4	Corina	Jones	8-05	2023
5	Sky	Gliatto	8-00	1998
5	Crystal	Dinh	8-00	2013
5	Alexis	Yu	8-00	2020
8	Laura	Johnson	7-06	1997
8	Kim	Baer	7-06	2001
8	Beth	Dunn	7-06	2002
8	Megan	Keith	7-06	2004
8	Marilee	Mazur	7-06	2007
8	Ashley	Breeze	7-06	2019
8	Katelyn	Kyllo	7-06	2019

Shot Put

1	Praise	Adesida	43-03	2012
2	Tamika	Waters	37-03.5	1990
3	Michelle	Malone	37-00.5	2004
4	Jessica	Robinson	34-07	2000
5	Kieara	Rios	33-11.75	2017
6	Selina	Haefke	33-02.5	2014
7	Sarah	Robinson	33-02	1999
8	Molly	West	32-04.5	2011
9	Stephanie	Colbert	32-01	1995
10	Hayley	Ward	31-05.5	2018

Discus

1	Praise	Adesida	141-00	2012
2	Carla	Casazza	122-07	1983
3	Betty	Hoffman	113-07	1977
4	Stephanie	Colbert	112-07	1995
5	Michelle	Malone	106-08.5	2004
6	Sarah	Tavares	104-01	2006
7	Michelle	DeGraef	103-04	1988
8	Jessica	Robinson	102-09	2000
9	Phoebe	Tang	102-08	2017
10	Selina	Haefke	99-07	2014

Notes:

1. c = converted from yards, w = wind-aided
2. times to tenths = hand timed; times to hundredths = electronic
3. 100m/200m/hurdles conversion = +.24 h/t to electronic
4. 400m and up conversion = +.14 h/t to electronic

4 x 100m relay

1	Hopkins, Suitos, Haefke, Hansen	49.64 c	1980
2	Burke, Epps, Parker, Armstrong	49.75	2022
3	Miller, Burke, Palmer, Brown	50.04	2025
4	Hopkins, Hansen, Swicegood, Suitos	50.34 c	1981
4	Taylor, Zanotelli, Cline, McLaughlin	50.34 c	1989
6	Banks, Thompson, Dunn, Piper	50.36	1992
7	Wadsworth, D. Adesida, Yoeono, P. Adesida	50.43	2010
8	J. Adesida, West, Stone, Armstrong	50.93	2019
9	Miller, Burke, Tisdale, Brown	50.99	2026
10	Unknown Team	51.07	1993

4 x 400m relay

1	Swicegood, Tully, Hopkins, Hansen	3:57.1	1981
2	Taylor, Howard, Corbyn, McLaughlin	4:03.58	1988
3	Mork, Dunn, Whipple, Zamora	4:05.39	2002
4	Cutler, Swicegood, Hopkins, Hansen	4:05.8	1980
5	Amini, West, Mork, O'Dell	4:06.64	2000
6	Mork, Neu, Rilli, O'Dell	4:09.09	1999
7	Dunn, Amini, West, Mork	4:09.11	2001
8	Zamora, Hughes, West, Pruitt	4:09.27	2003
9	Taylor, Cline, Corbyn, McLaughlin	4:09.6	1988
10	Wadsworth, Bumala, Wight, D. Adesida	4:10.11	2009

4 x 800m

1	Whipple, Dunn, Pettigrew, Mork	9:43.34	2002
2	A. Tully, Leary, Brunton, Corbyn	9:51.4	1985
3	Unknown Team	9:54.23	2001
4	Loper-Riley, Neu, O'Dell, Mork	9:55.82	1999
5	Unknown Team	9:58.14	2000
6	A. Tully, Leary, Vojvoda, Corbyn	10:05.8	1985
7	Unknown Team	10:07.8	1997
8	Unknown Team	10:09.7	1998
9	Leary, A. Tully, P. Tully, Nakasone	10:14.4	1983
10	Unknown Team	10:23.23	2004

4 x 1600m	Neu, Jones, Loper-Riley, Zamolo	22:00.26	2000
DMR (4000m)	Loper-Riley, O'Dell, Mork, Neu	12:36.97	2000
4 x 200m	Cline, Taylor, Corbyn, McLaughlin	1:49.4	1987
SMR (800m)	Swicegood, Hopkins, Haefke, Hansen	1:52.9	1980
SMR (1600m)	Unknown Team	4:18.93	2001
4 x 100m HH	O'Dell, Neu, Rilli, Stephens	1:10.3	2000
400m Hurdles	Becky Gilbert	1:20.68	1990
1500m	Renae Searls	4:43.42	2023
3000m	Renae Searls	10:01.30 EnRoute	2023
5000m	Kaelyn Nguyen	24:33.3	2021
Pentathlon	Corina Jones	1198 Points	2021
Heptathlon	Kieara Rios	2365 Points	2017
Javelin	Kieara Rios	56-11.75	2017