

Mt. SAC

RESULTS

Boys' Frosh

1989		
40	Steve Broyles	21:54
1990		
	Hyrum Ernstrom	20:57
	Tony Kauke	22:06
	Mlke Helvey	26:27
1992		
9	Jarred Jensen	19:20
103	Mike Helvey	26:24
1995		
63	Daniel Sabatini	23:32
88	Brian Ching	25:34
1997		
8	Mitch Hodgson	18:30
1998		
70	Matt Nunes	24:38
77	Bryan Quinn	25:10
1999		
52	Ron Cruz	22:02
78	Brian Kearney	23:57
2002		
3	Matt LoForte	18:01
2004		
94	Chris Stone	23:30
2005		
10	Will Masterman	18:37
100	Jesse Thompson	22:29
115	Mason Walters	23:32
2006		
1	Mark Blattler	17:11
7	Jesse Aston	18:11
2007		
130	Mike Railton	25:48
2008		
5	Evan Quigley	17:58
113	Ian Schueller	22:29
227	Chris Sander	27:47
2010		
71	Logan Kent	20:01
2011		
5	Michael Viano	17:57
6	Luis Haefke	17:58
37	Christian Giannini	19:36
2013		
9	Noa Nabeshima	18:34
113	Jack Fuller	20:53
2014		
10	Dylan Gregory	18:43
2015		
39	Graham Manning	20:05
2016		
15	Carson Edwards (2M)	11:18
2018	3rd	99:24
2	Colby Thompson	18:07
6	Sam Rogers	18:41
32	Sam DiBetta	20:19
39	Nolin Searls	20:55
67	Aaron Manning	21:52

Top 10 B Frosh Times

1	Mark Blattler	17:11	2006
2	Tyler Allan	17:39	2019
3	Michael Viano	17:57	2011
4	Evan Quigley	17:58	2008

4	Luis Haefke	17:58	2011
6	Matt LoForte	18:01	2002
7	Colby Thompson	18:07	2018
8	Jesse Aston	18:11	2006
9	Mitch Hodgson	18:30	1997
10	Noa Nabeshima	18:34	2013

Boys' Soph

1987		
2	Bill Scrambling	18:14
1991	?	110:39
8	Tony Kauke	19:43
18	Hyrum Ernstrom	21:18
30	Chad Edwards	22:58
34	Pardip Suti	23:21
50	Hardid Suti	25:19
1992		
31	Mark Stanley	19:49
45	Matt Lundberg	20:45
1993		
?	Mike Helvey	27:26
1996	7th	106:48
9	Brian Ching	18:42
23	Tom Hodgson	19:43
29	Daniel Sabatini	20:06
44	Sean Chambers	21:06
98	Matt Ross	27:41
1997		
6	Caleb Leisure	17:49
67	Rob Lawrence	21:44
1998		
66	Eric Webster	22:28
67	Jeff Drew	22:31
1999		
1	Eric Roberts	17:10
33	Brian Hansen	21:11
34	Matt Nunes	21:12
2002		
81	Davis, Jeremiah	21:01
96	Rodriguez, Chris	21:18
120	Luna, Steven	22:17
2004	4th	93:51
1	Swanson, Carl	16:56
9	Riehlman, John	17:55
21	Wills, Rob	18:23
20	Dayton, Wesley	18:28
108	Amini, Jian	22:09
114	Searles, Stephen	22:30
2005		
63	Mike Coniglio	21:43
70	Alex Henderson	22:10
2006		
45	Aaron Ford	20:01
47	Will Masterson	20:06
110	Jesse Thompson	22:22
153	Mason Walters	24:38
2007		
1	Mark Blattler	16:36
3	Jesse Aston	17:49
128	Andrew Lejano	23:50
2009	12th	101:01
1	Harrison Hollidge	16:52
35	Evan Quigley	19:02
59	Conner Bell	20:38
115	Kevin Limjoco	24:22
122	Kevin Byas	25:07
2011		
18	Logan Kent	18:02
2012		
14	Michael Viano	17:42
64	Christian Giannini	19:36

2013		
1	Noa Nabeshima	17:23
11	Robert Viano	18:15
27	Trevor Oliviera-Smith	19:09
33	Connor Hayes	19:18
2015		
10	Dylan Gregory	18:09
2016		
19	Graham Manning (2M)	11:23
2017		
4	Carson Edwards	17:28

Top 10 B Soph Times

1	Mark Blattler	16:36	2007
2	Harrison Hollidge	16:52	2009
3	Carl Swanson	16:56	2004
4	Eric Roberts	17:10	1999
5	Colby Thompson	17:12	2019
6	Noa Nabeshima	17:23	2013
7	Carson Edwards	17:28	2017
8	Michael Viano	17:42	2012
9	Caleb Leisure	17:49	1997
9	Jesse Aston	17:49	2007

Boys' JV

1989		
62	Dave Loza	21:12
72	Clint Baggerly	21:47
1992		
55	Roger Aiello	20:50
110	Chris Heinen	22:53
1993		
50	Matt Lundberg	21:39
63	Roger Aiello	22:16
130	Alex Cordero	28:36
1995		
73	David Le Gar	23:54
76	Justin Landon	24:02
88	Greg Ferguson	27:56
1996		
34	Alex James	19:40
38	Scott Fukumoto	19:51
54	Justin Landon	20:21
131	Garrett Henderson	25:59
1998		
41	Joe Cruz	21:25
45	Randy Fukumoto	21:35
70	Nathan Hermans	22:53
2001	5th	102:29
6	Randy Johnson	18:51
8	Jerwin Woolridge	18:58
23	Tim Oldenkamp	19:52
63	Allen Shaw	22:38
64	Aaron West	22:40
67	Sam Jackson	23:14
2004		
62	Eddie Roth	19:53
2005	15th	103:00
44	Eddie Roth	19:41
56	Jordan Runyan	19:59
110	Tyler Johnson	21:02
113	Stephen Searles	21:05
118	Jian Amini	21:13
2006		
123	Nick Johanson	n.t.
2007		
194	Nick Johanson	27:02
2008		
37	Jake Patterson	20:08
40	Zac March	20:12

102	Tony Avila	22:24
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Top 10 BJV Times

1	Randy Johnson	18:51	2001
2	Jerwin Woolridge	18:58	2001
3	Alex James	19:40	1996
4	Eddie Roth	19:41	2005
5	Scott Fukumoto	19:51	1996
6	Tim Oldenkamp	19:52	2001
7	Jordan Runyan	19:59	2005
8	Jake Patterson	20:08	2008
9	Zac March	20:12	2008
10	Justin Landon	20:21	1996

Boys' Varsity

1987		
15	Scott Lepak	17:40
23	Vince Hudson	17:45
1988	2nd	89:41
5	Ben Williams	17:36
10	Rich Duchene	18:06
16	Bill Schrambling	18:14
20	Rene Alvarado	18:29
37	Vince Hudson	19:15
52	Mike Thomas	19:54
1989	7th	96:12
3	Ben Williams	16:53
32	Ed Broyles	18:52
42	Mike Thomas	19:14
55	Sean Winters	19:48
68	Matt Kiyoi	21:28
69	Mike Zichichi	21:30
1991		
?	Dave Flynn	17:44
1992	?	95:07
18	Hyrum Ernstrom	17:41
30	Toney Kauke	18:05
75	Pardip Suti	19:16
81	Jonathan Chan	19:23
120	Chad Edwards	20:42
1993	2nd	94:01
4	Tony Kauke	17:24
11	Gusty Maat	17:48
33	Jerrad Jensen	19:14
48	Hyrum Ernstrom	19:54
51	Alec Clausen	19:50
76	Mark Stanley	20:32
?	Steve Broyles	?
1994	2nd	90:03
4	Gusty Matt	16:49
12	Rick Riley	17:26
13	Leroy Fischer	17:29
27	Jerrad Jensen	18:23
?	Matt Lundberg	19:56
?	Brian Martin	19:58
?	Anthony Chavez	?
1995	?	94:54
?	Aaron Gardiner	17:52
?	Rick Riley	18:11
?	Jerrad Jensen	?
?	Brian Martin	?
?	Bryan Godwin	?
?	Daniel Sabatini	23:32
?	Brian Ching	25:34
1996		
7	Rick Riley	16:57
1997		
27	Scott Fukumoto	18:21
29	Bob Lawrence	18:22
55	Sean Chambers	18:59
57	Daniel Sabatini	19:01

1998	7th	96:21
19	Caleb Leisure	18:18
33	Sean Chambers	19:02
36	Daniel Sabatini	19:07
63	Rob Lawrence	19:45
79	Mitch Hodgson	20:08
1999	14th	99:01
27	Caleb Leisure	18:36
30	Mitch Hodgson	18:44
89	Eric Webster	19:59
91	Jeff Drew	20:02
151	Charlie Curtis	22:00
2001	9th	88:44
6	Eric Roberts	15:55
53	Brian Kearny	17:57
59	Paul Holland	18:14
60	Luke Hodgson	18:16
62	Zach Hughes	18:22
66	Chris Calasahan	18:36
68	Brian Hanson	18:51
2002	18th	92:31
54	Hodgson, Luke	17:50
73	Holland, Paul	18:12
79	Johnson, Randy	18:16
111	Schawel, Adam	18:57
125	Kearney, Brian	19:16
134	Oldenkamp, Tim	19:40
2004		
1	LoForte, Matt	15:49
94	Veasey, Robert	19:02
2005	10th	89:29
7	Carl Swanson	16:30
12	Matt LoForte	16:48
82	John Riehlman	18:15
84	Rob Wills	18:16
146	Robert Veasey	19:40
152	Wesley Dayton	19:55
2006	21st	96:11
3	Carl Swanson	16:29
62	Rob Wills	18:13
121	John Riehlman	19:19
151	Wesley Dayton	20:17
172	Jian Amini	21:53
177	Stephen Searles	22:35
2007		
28	Ryan Gallardo	17:49
87	Aaron Ford	19:10
2008	14th	91:42
17	Jesse Aston	17:13
67	Aaron Ford	18:14
81	Andrew Lejano	18:32
88	Mike Railton	18:44
102	Mark Blattler	18:59
2009		
24	Mike Railton	17:30
88	Jake Patterson	19:43
2010		
3	Evan Quigley	15:57
16	Mike Railton	16:45
30	Harrison Hollidge	17:12
76	Connor Bell	18:13
2011	11th	92:31
9	Evan Quigley	16:15
43	Joel Timbrell	17:24
50	Conner Bell	17:34
104	Connor Francis	19:15
142	Emmett Francis	22:03
2012		
10	Joel Timbrell	16:49
48	Logan Kent	17:58
2013		
11	Michael Viano	16:53

71	Christian Giannini	18:59
130	Samuel Francis	23:06
2014		
10	Michael Viano	16:52
47	Aaron Brinkman	18:17
93	Sean Walker	20:15
2015		
18	Noa Nabeshima	17:24
31	Connor Hayes	17:51
35	Robert Viano	18:04
57	Luis Garcia	18:57
2016		
17	Conner Hayes	18:10
42	Robert Viano	19:12
53	Dylan Gregory	19:23
2017		
109	Dylan Gregory	18:46
134	Graham Manning	19:33
149	Jason Morgan	20:15
2018		
11	Carson Edwards	16:57
68	Graham Manning	19:04
93	Delano Roderick	19:51
125	Ryan McCauley	22:03

Top 10 BV Times

1	Matt LoForte	15:49	2004
2	Eric Roberts	15:55	2001
3	Evan Quigley	15:57	2010
4	Carl Swanson	16:29	2006
5	Mike Railton	16:45	2010
6	Joel Timbrell	16:49	2012
6	Gusty Matt	16:49	1994
8	Michael Viano	16:52	2014
9	Ben Williams	16:53	1989
10	Rick Riley	16:57	1996
10	Carson Edwards	16:57	2018

G Frosh

1994		
7	Sky Gliatto	22:35
1996	9th	128:04
1	Amy Loper-Riley	20:17
60	Heather Stephens	25:28
81	Poonam Walia	26:48
87	Margot Mikeleonis	26:59
105	Rachel Walker	28:33
1997		
61	Stephanie Kendall	28:01
74	Evelyn Kearny	29:08
1998		
67	Whitney Shoemaker	28:50
1999		
27	Samantha Jones	24:16
40	Kellie Stephens	25:08
108	Desiree Stoddell	32:29
2001		
10	Shannon Manuel	22:33
41	Alyssa Andrews	24:31
58	Ashley Borman	25:24
2004		
157	Kellie Baumgartner	29:27
2005		
54	Tisha Nichols	25:01
2006		
84	Carolyn Herbert	29:04
2007		
23	Jewelz Andrews	23:29
118	Sammy Parker	27:47
2008		
44	Holly Vienna	26:10

2010		
88	Ariana Jorgensen	25:27
2011		
2	Helene Hollidge	20:05
2013		
47	Erica Cardinale	24:11
2015		
6	Nicole Tria	21:44
2018		
50	Skye McKinsey	25:34
52	Pearla Lopez-Cardinale	25:43

Top 10 G Frosh Times

1	Helene Hollidge	20:05	2011
2	Amy Loper-Riley	20:17	1996
3	Nicole Tria	21:44	2015
4	Shannon Manuel	22:33	2001
5	Sky Gliatto	22:35	1994
6	Jewelz Andrews	23:29	2007
7	Erica Cardinale	24:11	2013
8	Samantha Jones	24:16	1999
9	Alyssa Andrews	24:31	2001
10	Tisha Nichols	25:01	2005

G Soph

1987		
7	Kirsten Griffen	22:11
1989		
34	Sarah Moore	24:14
51	Heather Chorley	25:48
53	Thiley Lama	25:58
59	Amanda Volker	26:32
1991		
21	Sheanne Saused	25:55
60	Nicole Gemma	29:42
1992	4th	136:43
4	Michelle Carter	22:31
13	Carla Webster	23:44
48	Nikki Gemma	26:11
53	Kedie Scales	27:01
60	Anna Splitter	37:16
1993		
18	Anna Raymond	26:56
1995		
3	Sky Gliatto	21:54
90	Jenny Hughes	29:24
94	Kelly Minor	30:00
1996		
3	Laura Johnson	22:02
1997		
1	Amy Loper-Riley	18:37
20	Heather Stephens	23:51
1998		
43	Stephanie Kendall	26:24
1999		
46	Whitney Shoemaker	25:50
2002		
9	Maria Zamora	22:03
12	Borman, Ashley	22:36
17	Andrews, Alyssa	23:15
2004	5th	117:15
13	Elizabeth Gorrell	22:09
18	Patricia Morales	22:27
22	Sophia Shavely	22:47
37	Julia Baaten	23:22
105	Adriana Conti	26:30
122	Kaylie Osmunson	27:00
123	Annie Leary	27:03
129	Janae Valerga	27:42
2005		

21	Nicole Sylvia	22:24
39	Hayley Swanson	23:41
78	Carrie Jones	25:32
147	Kellie Baumgartner	29:51
2006		
19	Meredith Salazar	23:12
25	Tisha Nichols	23:36
59	Jordan Wight	25:19
157	Kathryn Bumala	n.t.
2007		
33	Michaela Nilson	24:18
2008		
6	Savannah Wadsworth	22:50
27	Peyton Herbert	24:56
2009		
23	Lauren Suniga	24:08
65	Meagan Yoeono	27:16
2010		
28	Danielle Osborne	22:18
95	Francesca Marietti	25:49
128	Tricia Hakenewerth	28:16
2013	9th	129:07
29	Kate Rogers	23:39
32	Catherine Stites	23:50
43	Melissa Guevara	24:46
83	Emmali Todd	27:49
98	Kiersten Soza	29:03
2016		
8	Nicole Tria (2M)	12:30

Top 10 G Soph Times

1	Amy Loper-Riley	18:37	1997
2	Sky Gliatto	21:54	1995
3	Laura Johnson	22:02	1996
4	Maria Zamora	22:03	2002
5	Elizabeth Gorrell	22:09	2004
6	Kylee Phillips	22:10	2019
7	Kirsten Griffen	22:11	1987
8	Danielle Osborne	22:18	2010
9	Nicole Sylvia	22:24	2005
10	Patricia Morales	22:27	2004

GJV

1992		
39	Beth Rudiger	26:54
1993		
41	Beth Rudiger	28:51
1999		
25	Stephanie Kendall	25:33
2001	10th	125:15
15	Sarah West	24:24
99	Katie Hermans	27:16
100	Alyssa Miller	27:17
101	Megan Keith	27:18
165	Ericka Nelson	30:00
2005	16th	139:05
104	Janae Valerga	27:19
115	Kathryn Wallace	27:50
117	S. El Mossalamy	27:54
118	Courtney McBride	27:55
121	Annie Leary	28:07
123	Kaylie Osmunson	28:28
2006		
130	S. El Mossalamy	n.t.
2007		
89	Kellie Baumgartner	29:35
121	Kathryn Bumala	34:04

Top 10 GJV Times

1	Sarah West	24:24	2001
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2	Stephanie Kendall	25:33	1999
3	Beth Rudiger	26:54	1992
4	Katie Hermans	27:16	2001
5	Alyssa Miller	27:17	2001
6	Megan Keith	27:18	2001
7	Janae Valerga	27:19	2005
8	Kathryn Wallace	27:50	2005
9	S. El Mossalamy	27:54	2005
10	Courtney McBride	27:55	2005

105	Allison Cox	24:21
2001	1st	107:24
3	Tanya Rosengren	20:03
11	Beth Mork	21:15
17	Kellie Stephens	21:52
21	Samantha Jones	22:04
23	Lindsay Lightsey	22:06
39	Whitney Shoemaker	23:01
2002	2nd	101:36

2	Marissa D'Atri	19:14
9	Nicole Tria	20:29
2018		
2	Nicole Tria	19:31

Top Team Times

B Frosh

99:24 2018

B Soph

93:51	2004
101:01	2009
110:39	1991
106:48	1996

BJV

102:29	2001
103:00	2005

BV

88:44	2001
89:29	2005
89:41	1988
90:03	1994
91:42	2008
92:31	2002
92:31	2011
94:01	1993
94:54	1995
95:07	1992
96:11	2006
96:12	1989
96:21	1998
99:01	1999

G Frosh

128:04 1996

G Soph

117:15	2004
129:07	2013

GJV

125:15	2001
139:05	2005

GV

101:36	2002
107:02	1999
107:24	2001
108:59	2008
111:43	1998
113:58	1989
115:43	2005
120:33	2011
120:56	2012
121:54	1996
122:02	1988
123:09	1991

GV

1986			
	Jenny Lawrence	22:59	
1987			
13	Stacey Brunton	20:33	
15	Janelle Corbyn	20:43	
?	Karna Johnson	23:55	
?	Sarah Moore	24:14	
1988	4th	122:02	
7	Jenny Lawrence	22:47	
18	Jenna Howard	23:55	
20	Shoni Brunton	24:14	
31	Karna Johnson	24:59	
42	Aimee Cotton	26:07	
46	Janet Grimes	26:45	
1989	2nd	113:58	
5	Jenny Lawrence	21:09	
12	Karna Johnson	22:13	
15	Liz Ferrara	22:28	
16	Christa Johnson	22:37	
51	Aimee Cotton	25:31	
52	Stacey Haynes	25:32	
1991	?	123:09	
16	Molly McNerney	22:37	
25	Staci Hayes	24:54	
30	Liz Ferrara	25:09	
37	Beth Haynes	25:30	
39	Stephanie ?	25:35	
42	Michele Carter	25:46	
74	Sarah ?	28:42	
1992			
92	Beth Haynes	23:39	
1993			
22	Carla Webster	22:39	
1994			
28	Carla Webster	22:31	
1995			
95	Tiffany Rawlinson	27:34	
1996		121:54	
22	Sky Gliatto	21:57	
67	Sara DeLeon	24:12	
89	Kelly Minor	n.t.	
1997			
13	Sky Gliatto	21:38	
28	Laura Johnson	23:04	
78	Kelly Minor	26:42	
1998	5th	111:43	
1	Amy Loper-Riley	18:36	
11	Jessica Neu	21:05	
33	Beth Mork	23:14	
44	Jenny O'Dell	23:48	
65	Heather Stephens	24:58	
73	Laura Johnson	25:25	
80	Kim Baer	26:06	
1999	9th	107:02	
3	Jessica Neu	19:22	
29	Amy Loper-Riley	20:55	
39	Rebecca Zamolo	21:10	
45	Beth Mork	21:19	
103	Heather Stephens	24:16	
104	Kim Baer	24:20	

3	Samantha Jones	19:27
13	Kellie Stephens	20:18
16	Tanya Rosengren	20:24
19	Shannon Manuel	20:37
24	Lindsay Lightsey	20:50
69	Stacy Klotovitch	22:29
2004		
8	Shannon Manuel	21:10
52	Nora Pallotta	23:33
62	Alyssa Andrews	23:56
2005	12th	115:43
12	Lissa Zamolo	20:56
55	Elizabeth Gorrell	22:43
66	Patty Morales	23:12
89	Nora Pallotta	24:17
97	Rachel Aston	24:45
2006		
128	Sophia Snively	24:52
136	Elizabeth Gorrell	25:27
156	Annie Leary	n.t.
157	Kaylie Osmunson	n.t.
2007		
79	Tisha Nichols	23:33
120	Christina Eck	25:51
121	Jordan Wright	25:54
2008	3rd	108:59
3	Sammy Parker	20:19
8	Christian Sweeney	20:28
11	Michaela Nilson	21:03
50	Kiana Fukumoto	23:20
60	Jordan Wright	23:49
98	Carolyn Herbert	26:22
2009		
14	Michaela Nilson	21:32
21	Jewelz Andrews	22:17
40	Savannah Wadsworth	23:17
2010		
3	Jewelz Andrews	19:13
2011	15th	120:33
73	Danielle Osborne	22:53
80	Gina Wood	23:02
105	Francesca Marietti	24:49
107	Ariana Jorgensen	24:53
108	Kay Bromley	24:53
126	Crystal Dinh	28:48
128	Tricia Hakenewerth	30:55
2012	11	120:56
37	Danielle Osborne	22:23
49	Crystal Dinh	23:06
62	Francesca Marietti	23:56
84	Kay Bromley	25:21
89	Elicia Guerra	26:10
2013		
2	Allie Timbrell	18:17
106	Elicia Guerra	24:41
2015		
66	Erica Cardinale	23:39
87	Catherine Stites	24:50
102	Melissa Guevera	27:10
107	Kate Rogers	27:51
2016		
17	Erica Cardinale	21:49
2017		