

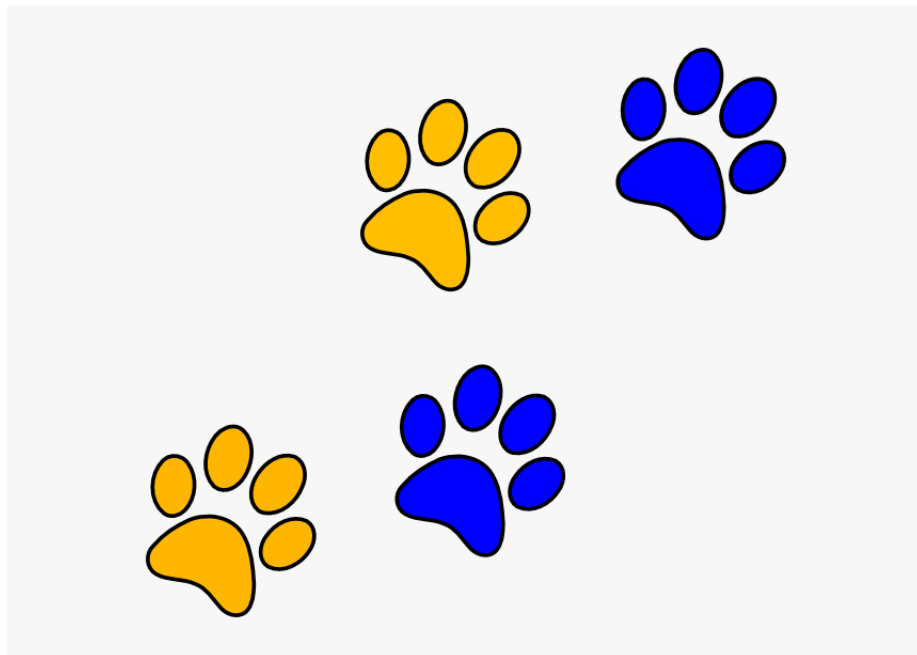


Alhambra High School

Cross >€€> Country

Record Book

2022



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Introduction

Welcome to the 2022 version of the Alhambra High School Cross Country Record Book. This is a compendium of the top times and places of Alhambra cross country runners on most of the courses that the team has competed on historically.

Work In Progress

This is still an ongoing project as the historical record is not always complete. The internet is remarkable, but not all data is stored there, and in any case, the trail gets cold for information before 2000. Much of the older information has been gleaned from sorting through old boxes and file folders, and these have often been jumbled and incomplete. There are still sources to be sorted out, and more details to be found, but for the most part, this represents a strong beginning of keeping an archival record of the long-standing and excellent tradition of Bulldog running that stretches back many decades.

If you have any copies of results from Cross Country (or Track, too) from any year, please let Coach Brewer know so he can make copies and add them to the archives and possibly fill in empty spots in this book. If you know former runners from seasons gone by, their memories are gold mines of information as well.

Many Hands Make Light the Load

This is only a continuation of some excellent work already done to preserve Alhambra running knowledge. Joel Timbrell (class of '13) is our webmaster and has assembled and sorted and ranked the North Coast Section (Hayward High School) times, as well as posting everything on the website. He has also made a significant number of additions and corrections since the first edition came out. Aaron Ford (class of '09) is our timing guru, and has unearthed hidden web site sources for older race information. Coach Angela Paradise kept intact the 20 years of boxes that previous Coach Tim Bruder had accumulated. This was a rich source of information from which to begin this project.

Thanks also have to go to other data hoarders on the internet. Hank Lawson, of Lynbrook High, has gathered an impressive array of high school running that goes way back, and I mined his website for all of our Artichoke Invitational, Ram Invitational, and Mt. SAC Invitational records. The NCS website has kept a strong record of the NCS championship races results. Also, the high school information site athletic.net (which we now use to archive our current and more recent results) has an intact record of all the State Meet information. Campolindo High coach Chuck Woolridge has archived most of the Ed Sias Invitational results. Retired College Park Coach Steve Neisham, who founded the Ed Sias Invitational, has been generous in e-mailing copies of the early years of the meet.

More To Do

The job is not yet finished. Still to be done is to finish backtracking all the league finishes, NCS finishes, and State Meet appearances. Also, many of the runners of the past ran on courses that no longer exist, or in invitationals that no longer are held, and we need to find a way to accurately fold them into the records for acknowledgement.

Inevitable Errata

Of course there will be mistakes in this attempt at a comprehensive record book. Names will be misspelled, times and places will be out of order, grade levels will be wrong, et cetera. Please let Coach

Brewer know when you find these errors so they can be corrected for the next edition. Any other suggestions to make this a more complete and accurate record are also welcome.

Enjoy the read.

Coach Brewer

Note: Peter Brewer was assistant coach for Alhambra cross country and track & field from 2018-2021, and created this record book. He sadly passed away in February 2022.

Alhambra High School Cross Country

2022 Coaching Staff

Head Coach Angela Paradise

- * Coach Angela is currently the head coach for Alhambra High School, Martinez. This is her 13th consecutive season guiding the Bulldog cross country teams.
- * She was previously assistant coach to former longtime coach and auto teacher Tim Bruder, who passed away in 2009.
- * In addition to cross country, Coach Angela also trains hurdlers for Campolindo track and field in the spring, and is employed with Alhambra's office administration during the school year.
- * She has competed at the USATF Masters level in hurdles.

Assistant Coach Kevin Searls

- * Coach Kevin has been involved with distance running since his days at College Park High School, where he set the school record at 3200 meters in track and field.
- * Kevin graduated from Humboldt State University, where he was an NCAA All-American twice. He is the summer HSU Running Camp director since 2002, and has been President of the Hoka Aggies Running Club for 17 years.
- * He has also competed at the Masters level in track and cross country.
- * He is related to current Alhambra cross country veteran and state qualifier Renae Searls, and former Alhambra runner Nolin Searls.

Ed Sias Invitational Team Results

| Year | B Frosh | BFS | BJV | BV | GFS | GJV | GV |
|-------------|----------------|------------|------------|------------|------------|------------|------------|
| 1985 | no record | no record | no team | 10th of 15 | 3rd of 5 | no team | no record |
| 1986 | no record | no record | no record | no record | incomplete | no record | incomplete |
| 1987 | no records | | | | | | |
| 1988 | no records | | | 5th | | | 4th |
| 1989 | no team | no team | incomplete | incomplete | no race | incomplete | incomplete |
| 1990 | incomplete | no team | incomplete | no team | no race | incomplete | incomplete |
| 1991 | incomplete | 10th of 16 | incomplete | incomplete | no team | 6th of 9 | 14th of 18 |
| 1992 | no team | no team | incomplete | 9th of 17 | no race | incomplete | 11th of 25 |
| 1993 | no team | no team | 5th of 5 | 3rd of 12 | no race | incomplete | incomplete |
| 1994 | no team | incomplete | no team | 4th of 14 | no race | 9th of 11 | incomplete |
| 1995 | incomplete | incomplete | no team | 8th of 18 | incomplete | no team | incomplete |
| 1996 | no team | incomplete | 13th of 13 | 16th of 18 | 10th of 10 | incomplete | 12th of 14 |
| 1997 | no records | incomplete | no team | incomplete | incomplete | incomplete | incomplete |
| 1998 | no records | | | 18th of 24 | | | 10th of 20 |
| 1999 | no records | 9th of 28 | no records | 15th of 28 | 8th of 28 | incomplete | no records |
| 2000 | no team | no team | incomplete | no scores | incomplete | 3rd of 8 | 6th of 18 |
| 2001 | no team | incomplete | incomplete | 11th of 23 | incomplete | 10th of 11 | 7th of 21 |
| 2002 | incomplete | no team | incomplete | 31st of 40 | incomplete | no team | 19th of 28 |
| 2003 | incomplete | incomplete | no team | 24th of 32 | 19th of 23 | incomplete | 13th of 25 |
| 2004 | incomplete | 4th of 26 | no team | 12th of 15 | 11th of 19 | 18th of 18 | 26th of 31 |
| 2005 | incomplete | incomplete | 17th of 21 | 7th of 16 | incomplete | incomplete | 24th of 32 |
| 2006 | incomplete | incomplete | incomplete | incomplete | 12th of 18 | no team | 31st of 31 |
| 2007 | no team | 14th of 21 | no team | incomplete | incomplete | incomplete | 11th of 11 |
| 2008 | 13th of 15 | no team | no team | 13th of 18 | 16th of 19 | no team | 8th of 10 |
| 2009 | 15th of 16 | 12th of 28 | incomplete | 11th of 18 | no team | no team | 10th of 12 |
| 2010 | incomplete | no team | no team | 3rd of 21 | incomplete | no team | 13th of 14 |
| 2011 | incomplete | incomplete | incomplete | 8th of 23 | 11th of 27 | incomplete | 16th of 20 |
| 2012 | incomplete | incomplete | incomplete | 10th of 24 | no team | incomplete | 10th of 22 |
| 2013 | incomplete | no team | no team | 17th of 20 | no team | no team | incomplete |
| 2014 | incomplete | incomplete | no team | incomplete | incomplete | no team | 12th of 24 |
| 2015 | incomplete | incomplete | incomplete | 7th of 12 | incomplete | no team | 11th of 12 |
| 2016 | incomplete | no team | no team | 9th of 23 | no team | no team | 13th of 24 |
| 2017 | incomplete | incomplete | incomplete | 12th of 26 | no team | no team | incomplete |
| 2018 | 5th of 15 | no team | 9th of 19 | 12th of 18 | no team | incomplete | no team |
| 2019 | incomplete | 22nd of 29 | 17th of 23 | 5th of 21 | 18th of 23 | no team | incomplete |
| 2021 | no team | 9th of 20 | incomplete | 7th of 16 | incomplete | no team | incomplete |
| 2022 | incomplete | incomplete | no team | 11th of 16 | no team | no team | incomplete |

Hidden Valley Park Top 10

B Frosh

| | | | |
|----|-------|----------------|------|
| 1 | 11:25 | Tyler Allan | 2019 |
| 2 | 11:34 | Michael Viano | 2011 |
| 3 | 11:36 | Evan Quigley | 2008 |
| 4 | 11:45 | Luis Haefke | 2011 |
| 5 | 11:49 | Mark Blattler | 2006 |
| 6 | 12:19 | Graham Manning | 2015 |
| 7 | 12:20 | Jesse Aston | 2006 |
| 8 | 12:26 | Carson Edwards | 2016 |
| 9 | 12:27 | Colby Thompson | 2018 |
| 10 | 12:34 | Dylan Gregory | 2014 |

BFS

| | | | |
|----|-------|-------------------|------|
| 1 | 10:42 | Mark Blattler | 2007 |
| 2 | 10:50 | Evan Quigley | 2009 |
| 3 | 11:03 | Jesse Aston | 2007 |
| 4 | 11:05 | Noa Nabeshima | 2014 |
| 5 | 11:18 | Eric Roberts | 1999 |
| 6 | 11:32 | Harrison Hollidge | 2009 |
| 7 | 11:37 | Matt LoForte | 2003 |
| 8 | 11:40 | Carl Swanson | 2004 |
| 9 | 11:50 | Robert Viano | 2014 |
| 10 | 11:52 | Dylan Gregory | 2014 |

BJV

| | | | |
|----|-------|------------------|------|
| 1 | 12:07 | Randy Johnson | 2001 |
| 2 | 12:17 | Adam Schawel | 2002 |
| 3 | 12:20 | Ed Broyles | 1990 |
| 4 | 12:25 | Leroy Fisher | 1993 |
| 5 | 12:28 | Dave Flynn | 1990 |
| 6 | 12:34 | John Borges | 1991 |
| 7 | 12:44 | Jerwin Woolridge | 2001 |
| 8 | 12:52 | Brett Enke | 2010 |
| 9 | 12:53 | Juan Herrera | 2021 |
| 10 | 12:59 | Clint Baggarley | 1990 |

BV (2.0 miles)

| | | | |
|----|-------|----------------|------|
| 1 | 10:20 | Evan Quigley | 2011 |
| 2 | 10:25 | Eric Roberts | 2001 |
| 3 | 10:30 | Jesse Aston | 2009 |
| 4 | 10:41 | Matt LoForte | 2004 |
| 5 | 10:44 | Mike Railton | 2010 |
| 6 | 10:45 | Carson Edwards | 2019 |
| 7 | 10:46 | Gusty Maat | 1994 |
| 7 | 10:46 | Michael Viano | 2014 |
| 9 | 10:49 | Tyler Allan | 2022 |
| 10 | 10:55 | Rick Riley | 1996 |

BV (3.0 miles)

| | | | |
|---|-------|----------------|------|
| 1 | 16:09 | Evan Quigley | 2011 |
| 2 | 16:15 | Jesse Aston | 2009 |
| 3 | 16:18 | Rob Latting | 1984 |
| 4 | 16:18 | Eric Roberts | 2000 |
| 5 | 16:26 | Matt LoForte | 2004 |
| 6 | 16:36 | Michael Viano | 2014 |
| 7 | 16:37 | Nolin Searls | 2021 |
| 8 | 16:40 | Carson Edwards | 2019 |
| 9 | 16:46 | Mike Railton | 2009 |
| 9 | 16:46 | Tyler Allan | 2022 |

GFS

| | | | |
|---|-------|-----------------|------|
| 1 | 12:13 | Renae Searls | 2021 |
| 2 | 12:50 | Marissa D'Atri | 2014 |
| 3 | 13:13 | Helene Hollidge | 2011 |
| 4 | 13:17 | Allie Timbrell | 2011 |
| 5 | 14:03 | Shannon Manuel | 2002 |
| 6 | 14:11 | Erica Cardinale | 2014 |
| 7 | 14:16 | Nicole Tria | 2015 |
| 8 | 14:17 | Lauren Suniga | 2008 |
| 9 | 14:27 | Beth Mork | 1999 |
| 9 | 14:27 | Louise Dunn | 2000 |

GJV

| | | | |
|----|-------|--------------------|------|
| 1 | 14:46 | Shireen Amini | 2000 |
| 2 | 15:21 | Dyan Ortega | 2000 |
| 3 | 15:24 | Sarah West | 2000 |
| 4 | 15:29 | Skye McKinsey | 2018 |
| 5 | 15:31 | Cailan Ferrel | 2011 |
| 6 | 15:36 | Kay Bromley | 2011 |
| 7 | 15:38 | Stefanie Silva | 1991 |
| 8 | 15:39 | Susann Rosburg | 1984 |
| 9 | 15:49 | Francesca Marietti | 2011 |
| 10 | 15:51 | Jennifer Duncan | 2019 |

GV (2.0 miles)

| | | | |
|----|-------|-----------------|------|
| 1 | 12:12 | Amy Loper-Riley | 1998 |
| 2 | 12:43 | Marissa D'Atri | 2017 |
| 3 | 12:44 | Renae Searls | 2022 |
| 4 | 12:58 | Paige Tully | 1982 |
| 5 | 13:03 | Samantha Jones | 2002 |
| 6 | 13:16 | Jessica Neu | 1998 |
| 7 | 13:24 | Nicole Tria | 2018 |
| 8 | 13:29 | Beth Mork | 2000 |
| 9 | 13:34 | Katie Leary | 1982 |
| 10 | 13:42 | Michaela Nilson | 2008 |
| 10 | 13:42 | Jewelz Andrews | 2010 |

GV (3.0 miles)

| | | | |
|----|-------|-----------------|------|
| 1 | 18:27 | Renae Searls | 2022 |
| 2 | 18:36 | Allie Timbrell | 2014 |
| 3 | 18:56 | Marissa D'Atri | 2016 |
| 4 | 18:57 | Amy Loper-Riley | 1998 |
| 5 | 19:04 | Katie Leary | 1984 |
| 6 | 19:30 | Jessica Neu | 1999 |
| 7 | 19:31 | Jewelz Andrews | 2008 |
| 8 | 19:32 | Michaela Nilson | 2008 |
| 9 | 19:38 | Nicole Tria | 2018 |
| 10 | 19:39 | Janelle Corbyn | 1984 |

Farmer Invitational Team Results

| Year | BFS | BJV | BV | GFS | GJV | GV |
|-------------|------------|------------|------------|------------|------------|------------|
| 2004 | 8th of 8 | Incomplete | 4th of 10 | 3rd of 3 | Incomplete | 4th of 7 |
| 2005 | 12th of 13 | Incomplete | 8th of 16 | Incomplete | Incomplete | 10th of 11 |
| 2006 | Incomplete | Incomplete | No Scores | Incomplete | Incomplete | No Scores |
| 2008 | Incomplete | Incomplete | No Scores | No Scores | No Team | No Scores |
| 2011 | Incomplete | No Team | No Scores | Incomplete | Incomplete | No Scores |
| 2012 | Incomplete | Incomplete | No Scores | Incomplete | Incomplete | No Scores |
| 2014 | Incomplete | Incomplete | Incomplete | Incomplete | Incomplete | 15th of 18 |
| 2015 | Incomplete | Incomplete | 12th of 18 | Incomplete | No Team | Incomplete |
| 2016 | Incomplete | Incomplete | 12th of 19 | Incomplete | No Team | Incomplete |
| 2017 | Incomplete | No Team | 11th of 13 | Incomplete | No Team | Incomplete |
| 2019 | 11th of 19 | 11th of 15 | 6th of 27 | 8th of 11 | Incomplete | No Team |

BV Hayward HS Top 100: Farmer & NCS

| | | | | | | | |
|----|-------------------------------|-----------------------|----------------------|-----|---------------------------------|-----------------------|----------------------|
| 1 | Mark Blattler | 15:37 | 2007 | 51 | Graham Manning | 17:56 | 2016 |
| 2 | Jesse Aston | 15:38 | 2009 | 52 | Peter Beck | 17:57 | 2013 |
| 3 | Matt LoForte | 15:41 | 2004 | 53 | Malik Major | 17:59 | 2012 |
| 4 | Tyler Allan | 15:55 | 2022 | 54 | Tim Aiello | 18:00 | 1987 |
| 5 | Eric Roberts | 15:56 | 2001 | 55 | Gabe Winslow | 18:08 | 2016 |
| 6 | Carson Edwards | 15:57 | 2019 | 56 | John Borges | 18:11 | 1991 |
| 7 | Evan Quigley | 16:01 | 2010 | 57 | Hyrum Ernstrom | 18:12 | 1991 |
| 8 | Nolin Searls | 16:08 | 2021 | 58 | Luis Garcia | 18:12 | 2015 |
| 9 | Carl Swanson | 16:09 | 2005 | 59 | Christian Giannini | 18:15 | 2012 |
| 10 | Mike Railton | 16:12 | 2009 | 60 | Cristian Ruiz | 18:15 | 2019 |
| 11 | Michael Viano | 16:15 | 2014 | 61 | Brian Hanson | 18:21 | 2001 |
| 12 | Colby Thompson | 16:27 | 2019 | 62 | Will Masterman | 18:22 | 2006 |
| 13 | Ryan Gallardo | 16:34 | 2007 | 63 | Adam Schawel | 18:23 | 2002 |
| 14 | Joel Timbrell | 16:39 | 2011 | 64 | Robert Veasey | 18:26 | 2005 |
| 15 | Connor Hayes | 16:41 | 2016 | 65 | Rich Burk | 18:29 | 2005 |
| 16 | Harrison Hollidge | 16:42 | 2009 | 66 | Caleb Leisure | 18:30 | 1999 |
| 17 | Scott Lepak | 16:47 | 1987 | 67 | Connor Francis | 18:32 | 2011 |
| 18 | Dave Flynn | 16:48 | 1991 | 68 | Calvin Roth | 18:32 | 2013 |
| 19 | Rob Latting | 16:49 | 1983 | 69 | Jason Morgan | 18:34 | 2017 |
| 20 | Benjamin Smyers | 16:50 | 2019 | 70 | Virgil Smith | 18:41 | 2005 |
| 21 | Aaron Ford | 16:55 | 2008 | 71 | Ethan Hussey | 18:42 | 2022 |
| 22 | Noa Nabeshima | 16:58 | 2015 | 72 | Ian Vojvoda | 18:52 | 1987 |
| 23 | Trevor Oliveira-Smith | 17:00 | 2016 | 73 | Jack Wagner | 18:54 | 2021 |
| 24 | Bill Schrambling | 17:01 | 1987 | 74 | Sean Walker | 18:57 | 2014 |
| 25 | Zac March | 17:02 | 2009 | 75 | Juan Herrera | 19:00 | 2021 |
| 26 | Robert Viano | 17:06 | 2016 | 76 | Scott Daniels | 19:21 | 1987 |
| 27 | Luis Haefke | 17:10 | 2011 | 77 | Gabe Smith | 19:21 | 2004 |
| 28 | Ryan McCauley | 17:15 | 2019 | 78 | Tim Oldenkamp | 19:29 | 2002 |
| 29 | Paolo Morales | 17:15 | 2022 | 79 | Jaime Ayala | 19:39 | 2017 |
| 30 | Rob Wills | 17:17 | 2006 | 80 | Mitchell Maisel | 19:41 | 2010 |
| 31 | Aaron Brinkman | 17:20 | 2014 | 81 | Joaquin Hinkens | 19:41 | 2019 |
| 32 | James Blattler | 17:21 | 2004 | 82 | Kevin Kylo | 19:44 | 2012 |
| 33 | Sam DiBetta | 17:21 | 2019 | 83 | Waylon Crombie | 19:44 | 2022 |
| 34 | Alan Kobylak | 17:23 | 2017 | 84 | Peter Holland | 19:45 | 1999 |
| 35 | Logan Kent | 17:25 | 2011 | 85 | Jake Patterson | 19:46 | 2008 |
| 36 | Samuel Rogers | 17:25 | 2021 | 86 | Aaron Todd | 19:49 | 1991 |
| 37 | Vince Hudson | 17:29 | 1987 | 87 | Kyle Thompson | 19:54 | 2016 |
| 38 | Ben Williams | 17:29 | 1987 | 88 | Aaron Manning | 19:56 | 2019 |
| 39 | Luke Hodgson | 17:31 | 2001 | 89 | Eric Webster | 20:02 | 1999 |
| 40 | Dylan Gregory | 17:31 | 2015 | 90 | Conner Thompson | 20:02 | 2022 |
| 41 | Andrew Lejano | 17:34 | 2009 | 91 | Randy Johnson | 20:05 | 2002 |
| 42 | Brian Kearney | 17:37 | 2001 | 92 | Ari Amini | 20:07 | 2011 |
| 43 | Tony Kauke | 17:45 | 1991 | 93 | Mitch Hodgson | 20:14 | 1999 |
| 44 | Paul Holland | 17:45 | 2001 | 94 | Jarid Lipman | 20:15 | 2019 |
| 45 | John Riehlman | 17:49 | 2004 | 95 | Eddie Roth | 20:16 | 2005 |
| 46 | Wesley Dayton | 17:51 | 2004 | 96 | Jordan Runyan | 20:28 | 2005 |
| 47 | Zack Hughes | 17:52 | 2001 | 97 | Nathan Doughtie | 20:29 | 2022 |
| 48 | Vince Montegrando | 17:53 | 2021 | 98 | Matt Nunes | 20:30 | 1999 |
| 49 | Chris Calasahan | 17:54 | 2001 | 99 | Shayan Mirzazadeh | 20:31 | 2017 |
| 50 | Conner Bell | 17:56 | 2011 | 100 | Jian Amini | 20:36 | 2005 |

GV Hayward HS Top 100: Farmer & NCS

| | | | | | | | |
|----|--------------------|-------|------|-----|--------------------|-------|------|
| 1 | Renaë Searls | 17:53 | 2022 | 51 | Haley Swanson | 22:23 | 2005 |
| 2 | Marissa D'Atri | 17:54 | 2016 | 52 | Nora Pallotta | 22:27 | 2004 |
| 3 | Allie Timbrell | 18:11 | 2013 | 53 | Skye McKinsey | 22:30 | 2019 |
| 4 | Jewelz Andrews | 18:39 | 2010 | 54 | Whitney Shoemaker | 22:39 | 2001 |
| 5 | Samantha Jones | 18:57 | 2002 | 55 | Sophia Snavely | 22:44 | 2004 |
| 6 | Tanya Rosengren | 19:10 | 2001 | 56 | Isa Mendoza | 22:45 | 2016 |
| 7 | Stacey Brunton | 19:11 | 1985 | 57 | Marsha Wescott | 22:46 | 2005 |
| 8 | Jessica Neu | 19:15 | 1999 | 58 | Catherine Stites | 22:50 | 2015 |
| 9 | Katie Leary | 19:24 | 1983 | 59 | Beth Haynes | 22:55 | 1991 |
| 10 | Nicole Tria | 19:30 | 2016 | 60 | Alyssa Andrews | 23:02 | 2004 |
| 11 | Michaela Nilson | 19:44 | 2008 | 61 | Jennifer Duncan | 23:05 | 2019 |
| 12 | Helene Hollidge | 19:45 | 2011 | 62 | Ariana Jorgensen | 23:17 | 2011 |
| 13 | Lauren Suniga | 19:48 | 2009 | 63 | Olivia Mendoza | 23:20 | 2013 |
| 14 | Erica Cardinale | 19:59 | 2016 | 64 | Kaelyn Nguyen | 23:22 | 2021 |
| 15 | Sammy Parker | 20:00 | 2007 | 65 | Francesca Marietti | 23:28 | 2012 |
| 16 | Janelle Corbyn | 20:04 | 1987 | 66 | Heather Stephens | 23:30 | 1999 |
| 17 | Lissa Zamolo | 20:07 | 2005 | 67 | Carrie Jones | 23:32 | 2005 |
| 18 | Kylee Phillips | 20:12 | 2019 | 68 | Christina Eck | 23:35 | 2007 |
| 19 | Amy Loper-Riley | 20:13 | 1999 | 69 | Mia Padrique | 23:36 | 2019 |
| 20 | Lindsay Lightsey | 20:24 | 2002 | 70 | Melissa Guevara | 23:58 | 2014 |
| 21 | Anna Taylor | 20:30 | 2011 | 71 | Divine Adesida | 23:59 | 2009 |
| 22 | Shannon Manuel | 20:31 | 2002 | 72 | Kay Bromley | 23:59 | 2011 |
| 23 | Cailan Ferrel | 20:33 | 2011 | 73 | Annie Leary | 24:05 | 2006 |
| 24 | Kristen Movchus | 20:35 | 2004 | 74 | Kate Rogers | 24:08 | 2014 |
| 25 | Maria Zamora | 20:38 | 2002 | 75 | Julia Baaten | 24:18 | 2005 |
| 26 | Kellie Stephens | 20:40 | 2001 | 76 | Nicki Gemma | 24:34 | 1991 |
| 27 | Beth Mork | 20:56 | 2001 | 77 | Kelli Baumgartner | 24:46 | 2007 |
| 28 | Meagan Yoeono | 20:58 | 2008 | 78 | Karina Diaz | 24:56 | 2016 |
| 29 | Meredith Salazaar | 21:01 | 2006 | 79 | Elicia Guerra | 24:57 | 2012 |
| 30 | Savannah Wadsworth | 21:03 | 2009 | 80 | Reyna Arce | 25:16 | 2019 |
| 31 | Gina Wood | 21:09 | 2011 | 81 | Tori Arnold | 25:50 | 2004 |
| 32 | Jordan Wight | 21:10 | 2008 | 82 | Aimee Cotton | 26:03 | 1987 |
| 33 | Kirsten Griffen | 21:17 | 1987 | 83 | Rachel Aston | 26:09 | 2005 |
| 34 | Danielle Osborne | 21:17 | 2011 | 84 | Tessa Cordova | 26:32 | 1987 |
| 35 | Rebecca Zamolo | 21:25 | 1999 | 85 | Janet Grimes | 26:57 | 1987 |
| 36 | Christian Sweeney | 21:28 | 2008 | 86 | Kathryn Bumala | 27:08 | 2008 |
| 37 | Molly McNerney | 21:29 | 1991 | 87 | Kathryn Wallace | 27:32 | 2005 |
| 38 | Elizabeth Gorrell | 21:31 | 2004 | 88 | Laila Flahiff | 28:57 | 2019 |
| 39 | Patty Morales | 21:35 | 2004 | 89 | Kiersten Soza | 29:33 | 2014 |
| 40 | Jennifer Winters | 21:41 | 2004 | 90 | Emmali Todd | 33:26 | 2015 |
| 41 | Ashley Borman | 21:43 | 2002 | 91 | | | |
| 42 | Carolynn Herbert | 21:43 | 2008 | 92 | | | |
| 43 | Nicole Sylvia | 21:47 | 2005 | 93 | | | |
| 44 | Michelle Carter | 21:57 | 1991 | 94 | | | |
| 45 | Alexia Hisquierdo | 21:57 | 2022 | 95 | | | |
| 46 | Kadyn Brown | 22:00 | 2019 | 96 | | | |
| 47 | Crystal Dinh | 22:01 | 2011 | 97 | | | |
| 48 | Ana Mendoza | 22:04 | 2010 | 98 | | | |
| 49 | Stacey Haynes | 22:13 | 1991 | 99 | | | |
| 50 | Tisha Nichols | 22:22 | 2006 | 100 | | | |

Ram Invitational Team Results

| Year | B Frosh | B Soph | BJV | BV | GFS | GJV | GV |
|-------------|----------------|---------------|------------|------------|------------|------------|------------|
| 1987 | 9th of 12 | incomplete | no team | incomplete | no team | no team | 6th of 9 |
| 2013 | incomplete | no team | incomplete | 5th of 15 | incomplete | incomplete | no team |
| 2014 | incomplete | incomplete | no team | incomplete | incomplete | incomplete | incomplete |
| 2015 | incomplete | incomplete | incomplete | incomplete | incomplete | no team | 11th of 12 |
| 2016 | incomplete | incomplete | incomplete | 10th of 19 | incomplete | no team | incomplete |
| 2017 | no team | incomplete | incomplete | 17th of 20 | no team | no team | incomplete |
| 2018 | 2nd of 11 | 4th of 8 | 7th of 9 | incomplete | incomplete | incomplete | incomplete |
| 2019 | incomplete | 4th of 12 | incomplete | incomplete | 6th of 8 | incomplete | no team |
| 2021 | incomplete | 10th of 13 | no team | 16th of 28 | no team | incomplete | no team |

Ram Top 10 (2.4)

B Frosh

| | | | |
|----|-------|----------------|------|
| 1 | 13:34 | Tyler Allan | 2019 |
| 2 | 13:58 | Sam Rogers | 2018 |
| 3 | 14:12 | Colby Thompson | 2018 |
| 4 | 14:20 | Sam DiBetta | 2018 |
| 5 | 14:33 | Carson Edwards | 2016 |
| 6 | 14:49 | Dylan Gregory | 2014 |
| 7 | 14:54 | Ben Williams | 1987 |
| 8 | 15:06 | Noa Nabeshima | 2013 |
| 9 | 15:39 | Jack Fuller | 2013 |
| 10 | 15:43 | Graham Manning | 2015 |

B Soph

| | | | |
|----|-------|-----------------------|------|
| 1 | 13:38 | Noa Nabeshima | 2014 |
| 2 | 13:40 | Colby Thompson | 2019 |
| 3 | 14:11 | Robert Viano | 2014 |
| 4 | 14:12 | Trevor Oliveira-Smith | 2014 |
| 5 | 14:14 | Cristian Ruiz | 2019 |
| 6 | 14:15 | Sam DiBetta | 2019 |
| 7 | 14:27 | Connor Hayes | 2014 |
| 8 | 14:38 | Bill Schrambling | 1987 |
| 9 | 14:42 | Graham Manning | 2016 |
| 10 | 14:43 | Billy Skinner | 2018 |

BJV

| | | | |
|----|-------|-------------------|------|
| 1 | 14:52 | Gabe Winslow | 2015 |
| 2 | 14:54 | Del Roderick | 2018 |
| 3 | 15:22 | Deen Sobhy | 2018 |
| 4 | 15:48 | Chris Cota | 2018 |
| 5 | 16:49 | Shayan Mirzazadeh | 2016 |
| 6 | 17:14 | Jonas Knopf | 2019 |
| 7 | 17:34 | Sean Walker | 2013 |
| 8 | 17:37 | Josh Flores | 2018 |
| 9 | 19:04 | Samuel Francis | 2013 |
| 10 | 19:44 | Parrish Dodson | 2019 |

BV

| | | | |
|----|-------|-----------------------|------|
| 1 | 12:54 | Carson Edwards | 2017 |
| 2 | 13:00 | Noa Nabeshima | 2015 |
| 3 | 13:27 | Michael Viano | 2013 |
| 4 | 13:29 | Ben Smyers | 2019 |
| 5 | 13:37 | Ryan McCauley | 2019 |
| 6 | 13:40 | Trevor Oliveira-Smith | 2016 |
| 7 | 13:42 | Logan Kent | 2013 |
| 8 | 13:47 | Robert Viano | 2015 |
| 9 | 13:58 | Connor Hayes | 2016 |
| 10 | 14:02 | Scott Lepak | 1987 |
| 10 | 14:02 | Graham Manning | 2017 |

GFS

| | | | |
|----|-------|------------------------|------|
| 1 | 16:30 | Kylee Phillips | 2019 |
| 2 | 16:35 | Nicole Tria | 2016 |
| 3 | 16:59 | Erica Cardinale | 2014 |
| 4 | 18:26 | Alexia Hisquierdo | 2019 |
| 5 | 18:35 | Pearla Lopez-Cardinale | 2018 |
| 6 | 18:48 | Kaelyn Nguyen | 2019 |
| 7 | 18:55 | Catherine Stites | 2013 |
| 8 | 19:12 | Anna Palmer | 2014 |
| 9 | 19:46 | Reyna Arce | 2019 |
| 10 | 19:48 | Melissa Guevara | 2013 |

GJV

| | | | |
|----|-------|-------------------|-------|
| 1 | 18:50 | Kadyn Brown | 2019 |
| 2 | 19:14 | Elicia Guerra | 2013 |
| 3 | 19:35 | Olivia Mendoza | 2013 |
| 3 | 19:35 | Skye McKinsey | 2019 |
| 5 | 19:45 | Clara Duran | 2018 |
| 6 | 20:09 | Alexia Hisquierdo | 2021* |
| 7 | 20:53 | Kaitlyn Mitchell | 2014 |
| 8 | 23:28 | Maghan Combs | 2015 |
| 9 | | | |
| 10 | | | |

GV

| | | | |
|----|-------|------------------|------|
| 1 | 14:09 | Marissa D'Atri | 2017 |
| 2 | 15:21 | Nicole Tria | 2018 |
| 3 | 15:29 | Allie Timbrell | 2014 |
| 4 | 15:44 | Janelle Corbyn | 1987 |
| 5 | 16:04 | Erica Cardinale | 2016 |
| 6 | 16:18 | Stacey Brunton | 1987 |
| 7 | 19:00 | Olivia Mendoza | 2014 |
| 8 | 19:09 | Isa Mendoza | 2016 |
| 9 | 19:14 | Catherine Stites | 2015 |
| 10 | 19:31 | Kate Rogers | 2014 |

* = 2.6 mile course run in 2021

Artichoke Invitational Team Results

| Year | B Frosh | BFS | BJV | BV | GFS | GJV | GV |
|-------------|----------------|------------|------------|------------|------------|------------|------------|
| 1991 | no team | 4th of 13 | incomplete | incomplete | 6th of 8 | no race | incomplete |
| 1992 | incomplete | incomplete | incomplete | 9th of 20 | 8th of 11 | no race | incomplete |
| 1993 | | | incomplete | 4th of 23 | incomplete | incomplete | incomplete |
| 1994 | incomplete | incomplete | no team | 2nd of 21 | incomplete | no race | incomplete |
| 1995 | | | | 6th of 22 | | | |
| 1996 | no team | 11th of 16 | incomplete | incomplete | 4th of 9 | no race | incomplete |
| 1997 | incomplete | incomplete | no team | incomplete | 3rd of 13 | no race | incomplete |
| 1998 | no records | | | | | | |
| 1999 | no team | 9th of 10 | incomplete | 12th of 24 | incomplete | no team | 2nd of 17 |
| 2000 | incomplete | incomplete | 4th of 12 | 9th of 20 | incomplete | 3rd of 10 | 4th of 18 |
| 2001 | no team | incomplete | incomplete | 6th of 22 | no team | incomplete | 7th of 23 |
| 2002 | incomplete | incomplete | incomplete | 10th of 26 | incomplete | incomplete | 4th of 19 |
| 2003 | 2nd of 8 | incomplete | no team | 15th of 23 | 2nd of 8 | no team | 6th of 21 |
| 2004 | incomplete | 4th of 17 | incomplete | incomplete | incomplete | incomplete | 16th of 27 |
| 2005 | 9th of 10 | incomplete | 10th of 18 | 8th of 26 | 9th of 10 | no team | 19th of 28 |
| 2007 | no team | 8th of 13 | no team | incomplete | no team | no team | incomplete |
| 2008 | incomplete | no team | incomplete | 7th of 16 | incomplete | incomplete | 1st of 12 |
| 2009 | incomplete | incomplete | no team | 1st of 23 | incomplete | no team | 6th of 17 |
| 2010 | no team | 7th of 16 | no team | 6th of 25 | no team | no team | 10th of 17 |
| 2012 | no team | incomplete | incomplete | 5th of 15 | no team | no team | 10th of 13 |
| 2013 | incomplete | no team | incomplete | 5th of 17 | incomplete | no team | incomplete |
| 2014 | incomplete | incomplete | no team | incomplete | incomplete | no team | 9th of 15 |
| 2015 | incomplete | no team | incomplete | 6th of 24 | incomplete | no team | incomplete |
| 2016 | incomplete | incomplete | incomplete | 7th of 19 | incomplete | no team | incomplete |
| 2017 | incomplete | incomplete | incomplete | 11th of 25 | incomplete | no team | incomplete |
| 2018 | 3rd of 7 | no team | 6th of 17 | 12th of 25 | no team | incomplete | incomplete |
| 2019 | incomplete | 2nd of 19 | 11th of 18 | 19th of 36 | 9th of 13 | 7th of 11 | no team |
| 2021 | no race | 6th of 11 | 6th of 9 | 4th of 17 | incomplete | incomplete | incomplete |
| 2022 | incomplete | incomplete | incomplete | 10th of 30 | no team | no team | incomplete |

Artichoke Top 10 (2.33)

B Frosh

| | | | |
|----|-------|-------------------|------|
| 1 | 13:36 | Mitch Hodgson | 1997 |
| 2 | 13:39 | Matt LoForte | 2002 |
| 3 | 13:40 | Evan Quigley | 2008 |
| 4 | 13:52 | John Riehlman | 2003 |
| 5 | 13:56 | Carl Swanson | 2003 |
| 6 | 14:03 | Dylan Gregory | 2014 |
| 7 | 14:04 | Carson Edwards | 2016 |
| 8 | 14:06 | Harrison Hollidge | 2008 |
| 9 | 14:07 | Colby Thompson | 2018 |
| 10 | 14:12 | Graham Manning | 2015 |

BFS

| | | | |
|----|-------|----------------|------|
| 1 | 12:19 | Mark Blattler | 2007 |
| 2 | 12:45 | Matt LoForte | 2003 |
| 3 | 12:55 | Eric Roberts | 1999 |
| 4 | 12:59 | Carl Swanson | 2004 |
| 5 | 13:06 | Jesse Aston | 2007 |
| 6 | 13:08 | Tyler Allan | 2019 |
| 7 | 13:10 | Noa Nabeshima | 2014 |
| 7 | 13:10 | Colby Thompson | 2019 |
| 9 | 13:13 | Hyrum Ernstrom | 1991 |
| 10 | 13:17 | Michael Viano | 2012 |

BJV

| | | | |
|----|-------|---------------|------|
| 1 | 14:03 | Brian Smyth | 1996 |
| 2 | 14:13 | Leroy Fisher | 1993 |
| 3 | 14:23 | Ben Smyers | 2018 |
| 4 | 14:24 | Robby Rosca | 2004 |
| 5 | 14:26 | Gabe Smith | 2004 |
| 6 | 14:29 | Mitch Hodgson | 2000 |
| 7 | 14:31 | Matt Nunes | 2000 |
| 8 | 14:39 | Ryan McCauley | 2018 |
| 9 | 14:41 | Tim Oldenkamp | 2001 |
| 10 | 14:53 | Doug Halpern | 2000 |

BV

| | | | |
|---|-------|--------------|------|
| 1 | 12:02 | Eric Roberts | 2001 |
| 2 | 12:05 | Matt LoForte | 2004 |
| 3 | 12:06 | Jesse Aston | 2009 |
| 3 | 12:06 | Evan Quigley | 2010 |
| 5 | 12:07 | Gusty Maat | 1994 |
| 6 | 12:22 | Rick Riley | 1996 |
| 7 | 12:23 | Mike Railton | 2010 |
| 8 | 12:25 | Tyler Allan | 2022 |
| 9 | 12:27 | Leroy Fisher | 1994 |
| 9 | 12:27 | Carl Swanson | 2005 |

GFS

| | | | |
|----|-------|------------------|------|
| 1 | 14:14 | Amy Loper-Riley | 1997 |
| 2 | 14:23 | Rena Searls | 2021 |
| 3 | 14:40 | Tanya Rosengren | 2001 |
| 4 | 15:08 | Jessica Neu | 1997 |
| 5 | 15:13 | Marissa D'Atri | 2014 |
| 6 | 15:19 | Jewelz Andrews | 2007 |
| 7 | 15:20 | Sammy Parker | 2007 |
| 8 | 15:48 | Shannon Manuel | 2002 |
| 9 | 15:57 | Heather Stephens | 1997 |
| 10 | 16:10 | Lindsay Lightsey | 2001 |

GJV

| | | | |
|----|-------|------------------------|------|
| 1 | 17:38 | Dyan Ortega | 2000 |
| 2 | 17:55 | Ericka Nelson | 2000 |
| 3 | 18:10 | Stephanie Lindorf | 2000 |
| 4 | 18:12 | Pearla Lopez-Cardinale | 2018 |
| 5 | 18:13 | Alexia Hisquierdo | 2021 |
| 6 | 18:30 | Kadyn Brown | 2019 |
| 7 | 18:36 | Nancy Villa | 2000 |
| 8 | 18:44 | Katie Hermens | 2001 |
| 9 | 19:05 | Kristal Duerloo-Vance | 2002 |
| 10 | 19:11 | Clara Duran | 2018 |

GV

| | | | |
|----|-------|-----------------|------|
| 1 | 13:43 | Rena Searls | 2022 |
| 2 | 13:57 | Jessica Neu | 1999 |
| 3 | 14:17 | Allie Timbrell | 2013 |
| 4 | 14:28 | Marissa D'Atri | 2016 |
| 5 | 14:37 | Samantha Jones | 2002 |
| 6 | 14:38 | Jewelz Andrews | 2010 |
| 7 | 14:55 | Nicole Tria | 2018 |
| 8 | 15:03 | Lissa Zamolo | 2005 |
| 9 | 15:05 | Tanya Rosengren | 2002 |
| 10 | 15:08 | Beth Mork | 1999 |

Castro Valley Invite Team Results

| Year | B Frosh | BFS | BJV | BV | GFS | GJV | GV |
|-------------|----------------|------------|------------|------------|------------|------------|------------|
| 1993 | incomplete | incomplete | incomplete | 4th of 17 | incomplete | incomplete | incomplete |
| 1994 | incomplete | incomplete | incomplete | 3rd of 8 | incomplete | incomplete | no team |
| 1995 | no team | incomplete | no team | incomplete | incomplete | incomplete | incomplete |
| 1996 | no team | 13th of 19 | incomplete | no team | no team | incomplete | 7th of 9 |
| 1997 | no team | incomplete | no team | 14th of 25 | 4th of 13 | no team | incomplete |
| 1998 | incomplete | incomplete | no team | 12th of 17 | 5th of 12 | incomplete | 4th of 9 |
| 1999 | no team | 15th of 17 | no team | 10th of 17 | 5th of 12 | incomplete | no team |
| 2000 | incomplete | incomplete | incomplete | 10th of 15 | 2nd of 15 | 6th of 11 | incomplete |
| 2001 | no team | incomplete | incomplete | 14th of 21 | 5th of 13 | incomplete | incomplete |
| 2002 | incomplete | incomplete | incomplete | incomplete | incomplete | incomplete | incomplete |
| 2003 | 5th of 9 | incomplete | no team | incomplete | 10th of 13 | no team | incomplete |
| 2004 | no team | 7th of 19 | no team | incomplete | 9th of 13 | no team | incomplete |
| 2006 | no team | 9th of 18 | no team | incomplete | incomplete | no team | incomplete |
| 2010 | no team | 14th of 17 | incomplete | 6th of 15 | 9th of 16 | no team | incomplete |
| 2011 | incomplete | incomplete | incomplete | 7th of 20 | incomplete | incomplete | 8th of 13 |
| 2012 | no team | incomplete | incomplete | 13th of 21 | incomplete | incomplete | 6th of 11 |
| 2013 | incomplete | no team | no team | 18th of 24 | 11th of 16 | no team | incomplete |
| 2014 | incomplete | incomplete | no team | incomplete | incomplete | no team | incomplete |
| 2015 | incomplete | incomplete | incomplete | 7th of 14 | no team | incomplete | 10th of 11 |
| 2016 | incomplete | incomplete | incomplete | 9th of 17 | incomplete | no team | incomplete |
| 2018 | no team | 1st of 14 | 8th of 10 | 16th of 18 | no team | incomplete | incomplete |
| 2019 | incomplete | 5th of 8 | 12th of 13 | 4th of 17 | 5th of 8 | incomplete | no team |
| 2021 | no team | 8th of 10 | 14th of 14 | 10th of 18 | incomplete | incomplete | incomplete |

Castro Valley Top 10

B Frosh (2.1 miles)

| | | | |
|----|-------|--------------------|------|
| 1 | 12:47 | Luis Haefke | 2011 |
| 2 | 12:53 | Michael Viano | 2011 |
| 3 | 12:56 | Matt LoForte | 2002 |
| 4 | 13:27 | Noa Nabeshima | 2013 |
| 5 | 13:28 | Carson Edwards | 2016 |
| 6 | 13:39 | John Riehlman | 2003 |
| 7 | 13:49 | Dylan Gregory | 2014 |
| 8 | 14:06 | Wesley Dayton | 2003 |
| 8 | 14:06 | Rob Wills | 2003 |
| 10 | 14:20 | Christian Giannini | 2010 |

BFS (2.1 miles)

| | | | |
|----|-------|---------------|------|
| 1 | 12:11 | Mark Blattler | 2006 |
| 2 | 12:13 | Carl Swanson | 2004 |
| 3 | 12:15 | Eric Roberts | 1999 |
| 3 | 12:15 | Matt LoForte | 2003 |
| 5 | 12:20 | Michael Viano | 2012 |
| 6 | 12:21 | Noa Nabeshima | 2014 |
| 7 | 12:39 | Jesse Aston | 2006 |
| 8 | 12:51 | Wesley Dayton | 2004 |
| 9 | 13:01 | Ryan Gallardo | 2006 |
| 10 | 13:03 | Robert Viano | 2014 |
| 10 | 13:03 | Cristian Ruiz | 2019 |

BJV (2.1 miles)

| | | | |
|----|-------|------------------|------|
| 1 | 13:48 | Jerwin Woolridge | 2001 |
| 2 | 14:19 | David Tendrick | 2002 |
| 3 | 14:31 | Robert Brooks | 1986 |
| 4 | 14:55 | Michael Thomas | 1986 |
| 5 | 14:56 | Justin Landon | 1996 |
| 6 | 15:05 | Doug Halpern | 2000 |
| 7 | 15:15 | Habib Kalfy | 1986 |
| 8 | 15:16 | Roger Aiello | 1993 |
| 9 | 15:17 | Cristian Ruiz | 2018 |
| 10 | 15:17 | Juan Herrera | 2021 |

BV (3.0 miles)

| | | | |
|----|-------|----------------|------|
| 1 | 16:30 | Matt LoForte | 2004 |
| 2 | 17:05 | Evan Quigley | 2010 |
| 3 | 17:16 | Michael Viano | 2014 |
| 4 | 17:26 | Carl Swanson | 2006 |
| 5 | 17:30 | Colby Thompson | 2019 |
| 6 | 17:34 | Gusty Maat | 1994 |
| 7 | 17:39 | Rick Riley | 1994 |
| 8 | 17:41 | Mike Railton | 2010 |
| 8 | 17:41 | Joel Timbrell | 2012 |
| 10 | 17:43 | Carson Edwards | 2018 |

GFS (2.1 miles)

| | | | |
|----|-------|-----------------|------|
| 1 | 13:32 | Amy Loper-Riley | 1997 |
| 2 | 14:13 | Marissa D'Atri | 2014 |
| 3 | 14:25 | Jessica Neu | 1997 |
| 4 | 14:27 | Helene Hollidge | 2011 |
| 5 | 14:34 | Tanya Rosengren | 2001 |
| 6 | 14:42 | Samantha Jones | 2000 |
| 7 | 14:49 | Louise Dunn | 2000 |
| 8 | 14:58 | Nicole Tria | 2016 |
| 9 | 14:59 | Beth Mork | 1999 |
| 10 | 15:18 | Kellie Stephens | 2000 |

GJV (2.1 miles)

| | | | |
|----|-------|------------------------|------|
| 1 | 15:12 | Rebecca Zamolo | 1999 |
| 2 | 16:48 | Kim Baer | 1999 |
| 3 | 17:00 | Meghan Kennedy | 1986 |
| 4 | 17:02 | ? Hughes | 1995 |
| 5 | 17:14 | Sonia Cardinale | 1986 |
| 6 | 17:18 | Dyan Ortega | 2000 |
| 7 | 17:33 | Whitney Shoemaker | 2000 |
| 8 | 17:38 | Allison Cox | 1999 |
| 9 | 17:49 | Pearla Lopez-Cardinale | 2018 |
| 10 | 17:50 | Francesca Marietti | 2011 |

GV (3.0 miles)

| | | | |
|----|-------|------------------|------|
| 1 | 18:57 | Amy Loper-Riley | 1998 |
| 2 | 19:13 | Allie Timbrell | 2013 |
| 3 | 20:04 | Nicole Tria | 2018 |
| 4 | 20:19 | Rena Searls | 2021 |
| 5 | 20:22 | Jessica Neu | 1998 |
| 6 | 20:28 | Marissa D'Atri | 2015 |
| 7 | 20:51 | Jewelz Andrews | 2010 |
| 8 | 21:51 | Erica Cardinale | 2015 |
| 9 | 22:17 | Anna Taylor | 2012 |
| 10 | 22:37 | Lindsay Lightsey | 2002 |

Mt SAC Invitational Team Results

| Year | B Frosh | B Soph | BJV | BV | G Frosh | G Soph | GJV | GV |
|-------------|----------------|---------------|------------|-----------|----------------|---------------|------------|-----------|
| 1987 | no team | inc | no team | inc | no team | inc | no team | inc |
| 1988 | no team | no team | no team | 2nd | no team | no team | no team | 4th |
| 1989 | inc | no team | inc | 7th | no team | inc | no team | 2nd |
| 1990 | inc | no team | no team | 10th | no team | no team | no team | 7th |
| 1991 | no team | ? | no team | inc | no team | inc | no team | ? |
| 1992 | inc | inc | inc | ? | no team | 4th | inc | inc |
| 1993 | no team | inc | inc | 2nd | no team | inc | inc | inc |
| 1994 | no team | no team | no team | 2nd | inc | no team | no team | inc |
| 1995 | inc | no team | inc | ? | no team | inc | no team | inc |
| 1996 | no team | 7th | inc | inc | 9th | inc | no team | inc |
| 1997 | inc | inc | no team | inc | inc | inc | no team | inc |
| 1998 | inc | inc | inc | 7th | inc | inc | no team | 5th |
| 1999 | inc | inc | no team | 14th | inc | inc | inc | 9th |
| 2001 | no team | no team | 5th | 9th | inc | no team | 10th | 1st |
| 2002 | inc | inc | no team | 18th | no team | inc | no team | 2nd |
| 2004 | inc | 4th | inc | inc | inc | 5th | no team | inc |
| 2005 | inc | inc | 15th | 10th | inc | ? | 16th | 12th |
| 2006 | inc | inc | inc | 21st | inc | inc | inc | inc |
| 2007 | inc | inc | inc | inc | inc | inc | inc | inc |
| 2008 | inc | no team | inc | 14th | inc | inc | no team | 3rd |
| 2009 | no team | 12th | no team | inc | no team | inc | no team | inc |
| 2010 | inc | no team | no team | inc | inc | inc | no team | inc |
| 2011 | inc | inc | no team | 11th | inc | no team | no team | 15th |
| 2012 | no team | inc | no team | inc | no team | no team | no team | 11th |
| 2013 | inc | no team | no team | inc | inc | 9th | no team | inc |
| 2014 | inc | inc | no team | inc | no team | inc | no team | inc |
| 2015 | inc | inc | no team | inc | inc | no team | no team | inc |
| 2016 | inc | inc | no team | inc | no team | inc | no team | inc |
| 2017 | no team | inc | no team | inc | no team | no team | no team | inc |
| 2018 | 3rd | no team | no team | inc | inc | no team | no team | inc |
| 2019 | inc | 1st | no team | inc | no team | inc | no team | inc |

Mt SAC Top 10 (2.93)

B Frosh

| | | | |
|----|-------|----------------|------|
| 1 | 17:11 | Mark Blattler | 2006 |
| 2 | 17:39 | Tyler Allan | 2019 |
| 3 | 17:57 | Michael Viano | 2011 |
| 4 | 17:58 | Evan Quigley | 2008 |
| 4 | 17:58 | Luis Haefke | 2011 |
| 6 | 18:01 | Matt LoForte | 2002 |
| 7 | 18:07 | Colby Thompson | 2018 |
| 8 | 18:11 | Jesse Aston | 2006 |
| 9 | 18:30 | Mitch Hodgson | 1997 |
| 10 | 18:34 | Noa Nabeshima | 2013 |

B Soph

| | | | |
|---|-------|-------------------|------|
| 1 | 16:36 | Mark Blattler | 2007 |
| 2 | 16:52 | Harrison Hollidge | 2009 |
| 3 | 16:56 | Carl Swanson | 2004 |
| 4 | 17:10 | Eric Roberts | 1999 |
| 5 | 17:12 | Colby Thompson | 2019 |
| 6 | 17:23 | Noa Nabeshima | 2014 |
| 7 | 17:28 | Carson Edwards | 2017 |
| 8 | 17:42 | Michael Viano | 2012 |
| 9 | 17:49 | Caleb Leisure | 1997 |
| 9 | 17:49 | Jesse Aston | 2007 |

BJV

| | | | |
|----|-------|------------------|------|
| 1 | 18:51 | Randy Johnson | 2001 |
| 2 | 18:58 | Jerwin Woolridge | 2001 |
| 3 | 19:40 | Alex James | 1996 |
| 4 | 19:41 | Eddie Roth | 2005 |
| 5 | 19:51 | Scott Fukumoto | 1996 |
| 6 | 19:52 | Tim Oldenkamp | 2001 |
| 7 | 19:59 | Jordan Runyan | 2005 |
| 8 | 20:08 | Jake Patterson | 2008 |
| 9 | 20:12 | Zac March | 2008 |
| 10 | 20:21 | Justin Landon | 1996 |

BV

| | | | |
|----|-------|----------------|------|
| 1 | 15:49 | Matt LoForte | 2004 |
| 2 | 15:55 | Eric Roberts | 2001 |
| 3 | 15:57 | Evan Quigley | 2010 |
| 4 | 16:29 | Carl Swanson | 2006 |
| 5 | 16:45 | Mike Railton | 2010 |
| 6 | 16:49 | Gusty Maat | 1994 |
| 6 | 16:49 | Joel Timbrell | 2012 |
| 8 | 16:52 | Michael Viano | 2014 |
| 9 | 16:53 | Ben Williams | 1989 |
| 10 | 16:57 | Carson Edwards | 2018 |

G Frosh

| | | | |
|----|-------|-----------------|------|
| 1 | 20:05 | Helene Hollidge | 2011 |
| 2 | 20:17 | Amy Loper-Riley | 1996 |
| 3 | 21:44 | Nicole Tria | 2015 |
| 4 | 22:33 | Shannon Manuel | 2001 |
| 5 | 22:35 | Sky Gliatto | 1994 |
| 6 | 23:29 | Jewelz Andrews | 2007 |
| 7 | 24:11 | Erica Cardinale | 2013 |
| 8 | 24:16 | Samantha Jones | 1999 |
| 9 | 24:31 | Alyssa Andrews | 2001 |
| 10 | 25:01 | Tisha Nichols | 2005 |

G Soph

| | | | |
|----|-------|-------------------|------|
| 1 | 18:37 | Amy Loper-Riley | 1997 |
| 2 | 21:54 | Sky Gliatto | 1995 |
| 3 | 22:02 | Laura Johnson | 1996 |
| 4 | 22:03 | Maria Zamora | 2002 |
| 5 | 22:09 | Elizabeth Gorrell | 2004 |
| 6 | 22:10 | Kylee Phillips | 2019 |
| 7 | 22:11 | Kirsten Griffen | 1987 |
| 8 | 22:18 | Danielle Osborne | 2010 |
| 9 | 22:24 | Nicole Sylvia | 2005 |
| 10 | 22:27 | Patricia Morales | 2004 |

GJV

| | | | |
|----|-------|-------------------|------|
| 1 | 24:24 | Sarah West | 2001 |
| 2 | 25:33 | Stephanie Kendall | 1999 |
| 3 | 26:54 | Beth Rudiger | 1992 |
| 4 | 27:16 | Katie Hermans | 2001 |
| 5 | 27:17 | Alyssa Miller | 2001 |
| 6 | 27:18 | Megan Keith | 2001 |
| 7 | 27:19 | Janae Valerga | 2005 |
| 8 | 27:50 | Kathryn Wallace | 2005 |
| 9 | 27:54 | S. El Mossalamy | 2005 |
| 10 | 27:55 | Courtney McBride | 2005 |

GV

| | | | |
|----|-------|-----------------|------|
| 1 | 18:17 | Allie Timbrell | 2013 |
| 2 | 18:36 | Amy Loper-Riley | 1998 |
| 3 | 19:13 | Jewelz Andrews | 2010 |
| 4 | 19:14 | Marissa D'Atri | 2017 |
| 5 | 19:22 | Jessica Neu | 1999 |
| 6 | 19:27 | Samantha Jones | 2002 |
| 7 | 19:31 | Nicole Tria | 2018 |
| 8 | 20:03 | Tanya Rosengren | 2001 |
| 9 | 20:18 | Kellie Stephens | 2002 |
| 10 | 20:19 | Sammy Parker | 2008 |

BV NCS History – Hayward HS

1987 8th place 1:26:46

| | | |
|-----|-------------|-------|
| 24 | Lepak | 16:47 |
| 36 | Schrambling | 17:01 |
| 60 | Hudson | 17:29 |
| 61 | Williams | 17:29 |
| 85 | Aiello | 18:00 |
| 112 | Vojvoda | 18:52 |
| 124 | Daniels | 19:21 |

1991 10th place 1:30:47

| | | |
|-----|----------|-------|
| 12 | Flynn | 16:48 |
| 43 | Kauke | 17:45 |
| 62 | Borges | 18:11 |
| 63 | Ernstrom | 18:12 |
| 93 | Todd | 19:49 |
| 109 | H Suti | 21:00 |
| 112 | P Suti | 22:23 |

1999 14th place 1:35:11

| | | |
|----------|----------------|--------------|
| 9 | Roberts | 16:58 |
| 58 | Leisure | 18:30 |
| 106 | Holland | 19:45 |
| 114 | Hanson | 19:56 |
| 116 | Webster | 20:02 |
| 125 | M Hodgson | 20:14 |
| 134 | Nunes | 20:30 |

2001 10th place 1:26:41

| | | |
|----------|----------------|--------------|
| 5 | Roberts | 15:56 |
| 53 | L Hodgson | 17:31 |
| 59 | Kearney | 17:37 |
| 66 | Holland | 17:45 |
| 73 | Hughes | 17:52 |
| 78 | Calasahan | 17:54 |
| 94 | Hanson | 18:21 |

2002 15th place 1:31:13

| | | |
|-----|-----------|-------|
| 68 | L Hodgson | 17:47 |
| 71 | LoForte | 17:52 |
| 81 | Holland | 18:14 |
| 90 | Schawel | 18:23 |
| 102 | Kearney | 18:57 |
| 109 | Oldenkamp | 19:29 |
| 116 | Johnson | 20:05 |

2004 10th place 1:27:18

| | | |
|----|------------|-------|
| 34 | LoForte | 16:55 |
| 36 | Swanson | 16:55 |
| 58 | J Blattler | 17:44 |
| 62 | Dayton | 17:51 |
| 64 | Wills | 17:53 |
| 89 | Veasey | 18:47 |
| 99 | Riehlman | 19:38 |

2005 9th place 1:26:00

| | | |
|-----------|----------------|--------------|
| 8 | LoForte | 16:04 |
| 11 | Swanson | 16:09 |
| 49 | Wills | 17:21 |
| 66 | Riehlman | 18:00 |
| 78 | Veasey | 18:26 |
| 80 | Masterman | 18:33 |
| 93 | Smith | 19:29 |

2006 7th place 1:25:54

| | | |
|-----------|----------------|--------------|
| 11 | Swanson | 16:10 |
| 41 | Aston | 17:12 |
| 46 | Gallardo | 17:23 |
| 54 | Wills | 17:33 |
| 56 | M Blattler | 17:36 |
| 83 | Masterman | 18:22 |
| 96 | Riehlman | 19:02 |

2007 13th place 1:28:36

| | | |
|----------|-------------------|--------------|
| 6 | M Blattler | 15:37 |
| 31 | Gallardo | 16:34 |
| 91 | Ford | 18:21 |
| 103 | Aston | 18:43 |
| 115 | Railton | 19:21 |
| 130 | Lopez | 21:11 |

2008 12th place 1:24:38

| | | |
|-----|------------|-------|
| 25 | M Blattler | 16:05 |
| 46 | Quigley | 16:42 |
| 52 | Ford | 16:55 |
| 74 | Aston | 17:19 |
| 88 | Railton | 17:37 |
| 94 | Lejano | 17:49 |
| 118 | March | 18:39 |

2009 6th place 1:21:36

| | | |
|----------|--------------|--------------|
| 5 | Aston | 15:38 |
| 25 | Railton | 16:12 |
| 37 | M Blattler | 16:24 |
| 49 | Quigley | 16:40 |
| 53 | Hollidge | 16:42 |
| 66 | March | 17:02 |
| 90 | Lejano | 17:34 |

2010 13th place 1:27:18

| | | |
|-----|-----------|-------|
| 15 | Quigley | 16:01 |
| 62 | Railton | 17:08 |
| 77 | Timbrell | 17:25 |
| 79 | Hollidge | 17:29 |
| 123 | Bell | 19:15 |
| 131 | C Francis | 19:33 |
| 133 | Maisel | 19:41 |

2011 12th place 1:25:25

| | | |
|-----|-----------|-------|
| 43 | Quigley | 16:31 |
| 47 | Timbrell | 16:39 |
| 70 | Haefke | 17:10 |
| 84 | Kent | 17:28 |
| 89 | M Viano | 17:37 |
| 95 | Bell | 17:56 |
| 112 | C Francis | 18:32 |

2012 11th place 1:31:32

| | | |
|-----|-----------|-------|
| 41 | Timbrell | 17:23 |
| 46 | M Viano | 17:35 |
| 65 | Kent | 18:20 |
| 79 | Giannini | 18:50 |
| 93 | C Francis | 19:24 |
| 100 | Kyllo | 19:50 |
| 120 | E Francis | 20:54 |

2013 17th place 1:32:32

| | | |
|-----|-----------|-------|
| 49 | M Viano | 17:03 |
| 74 | Beck | 17:57 |
| 91 | Roth | 18:32 |
| 106 | Giannini | 18:57 |
| 127 | Walker | 20:03 |
| 139 | S Francis | 21:25 |

2014 7th place 1:28:45

| | | |
|-----------|----------------|--------------|
| 13 | M Viano | 16:25 |
| 40 | Nabeshima | 17:28 |
| 51 | R Viano | 17:51 |
| 56 | Hayes | 18:00 |
| 87 | Walker | 19:01 |

2015 11th place 1:26:56

| | | |
|----|----------------|-------|
| 46 | Hayes | 16:57 |
| 60 | Nabeshima | 17:19 |
| 63 | R Viano | 17:24 |
| 67 | Gregory | 17:31 |
| 75 | Oliveira-Smith | 17:42 |
| 89 | Garcia | 18:12 |

2016 10th place 1:25:37

| | | |
|-----|----------------|-------|
| 35 | Hayes | 16:41 |
| 47 | Oliveira-Smith | 17:00 |
| 54 | R Viano | 17:06 |
| 71 | Edwards | 17:15 |
| 85 | Nabeshima | 17:33 |
| 95 | Manning | 17:56 |
| 100 | Winslow | 18:08 |

2017 15th place 1:31:16

| | | |
|-----|---------|-------|
| 34 | Edwards | 17:05 |
| 55 | Kobylik | 17:23 |
| 75 | Gregory | 18:00 |
| 110 | Manning | 18:54 |
| 137 | Morgan | 19:51 |

2019 4th place 1:24:31

| | | |
|-----|----------|-------|
| 19 | Thompson | 16:27 |
| 27 | Edwards | 16:49 |
| 31 | Allan | 16:52 |
| 35 | N Searls | 16:59 |
| 50 | McCauley | 17:21 |
| 63 | DiBetta | 17:32 |
| 111 | Navarro | 18:37 |

2021 11th place 1:28:17

| | | |
|-----|-------------|-------|
| 10 | N Searls | 16:08 |
| 46 | Rogers | 17:25 |
| 68 | Montegrando | 17:53 |
| 72 | Allan | 18:04 |
| 98 | Morales | 18:44 |
| 102 | Wagner | 18:54 |
| 105 | Herrera | 19:00 |

GV NCS History – Hayward HS

| 1987 | 9th place | 1:54:09 |
|-------------|------------------|----------------|
| 9 | Corbyn | 20:04 |
| 11 | Brunton | 20:13 |
| 34 | Griffen | 21:17 |
| 105 | Cotton | 26:03 |
| 107 | Cordova | 26:32 |
| 109 | Grimes | 26:57 |

| 2006 | 13th place | 1:50:08 |
|-------------|-------------------|----------------|
| 49 | Salazaar | 21:01 |
| 52 | Nilson | 21:02 |
| 76 | Wight | 22:06 |
| 82 | Sylvia | 22:25 |
| 92 | Herbert | 23:34 |
| 95 | Swanson | 23:48 |
| 97 | Leary | 24:05 |

| 2013 | Incomplete | NT |
|-------------|-------------------|-----------|
| 6 | Timbrell | 18:11 |
| 88 | O Mendoza | 23:20 |
| 103 | Guerra | 25:32 |

| 1991 | 7th place | 1:53:09 |
|-------------|------------------|----------------|
| 31 | McNerney | 21:29 |
| 41 | Carter | 21:57 |
| 45 | S Haynes | 22:13 |
| 60 | B Haynes | 22:55 |
| 75 | Gemma | 24:34 |

| 2007 | 8th place | 1:44:18 |
|-------------|------------------|----------------|
| 7 | Andrews | 18:54 |
| 24 | Nilson | 19:52 |
| 27 | Parker | 20:00 |
| 77 | Wight | 21:57 |
| 98 | Eck | 23:35 |
| 102 | Swanson | 23:49 |
| 113 | Baumgartner | 24:46 |

| 2014 | 12th place | 1:52:15 |
|-------------|-------------------|----------------|
| 8 | Timbrell | 18:45 |
| 56 | Cardinale | 21:43 |
| 77 | O Mendoza | 23:41 |
| 80 | Guevara | 23:58 |
| 84 | Rogers | 24:08 |
| 88 | Stites | 24:30 |
| 107 | Soza | 29:33 |

| 1999 | 5th place | 1:44:25 |
|-------------|------------------|----------------|
| 2 | Neu | 19:15 |
| 10 | Loper-Riley | 20:13 |
| 36 | R Zamolo | 21:25 |
| 39 | Mork | 21:37 |
| 49 | Jones | 21:55 |
| 64 | K Stephens | 22:27 |
| 99 | H Stephens | 23:30 |

| 2008 | 8th place | 1:41:36 |
|-------------|------------------|----------------|
| 8 | Andrews | 18:50 |
| 34 | Parker | 20:08 |
| 37 | Nilson | 20:12 |
| 52 | Yoeono | 20:58 |
| 63 | Sweeney | 21:28 |
| 65 | Wight | 21:32 |
| 70 | Herbert | 21:43 |

| 2015 | 16th place | 1:49:25 |
|-------------|-------------------|----------------|
| 7 | D'Atri | 18:21 |
| 59 | Cardinale | 20:47 |
| 96 | Stites | 22:50 |
| 103 | I Mendoza | 23:26 |
| 109 | Guevara | 23:58 |
| 110 | Rogers | 24:09 |

| 2001 | 4th place | 1:42:36 |
|-------------|------------------|----------------|
| 9 | Rosengren | 19:10 |
| 28 | Jones | 20:25 |
| 33 | K Stephens | 20:40 |
| 41 | Mork | 20:56 |
| 48 | Lightsey | 21:25 |
| 63 | Manuel | 22:02 |
| 78 | Shoemaker | 22:39 |

| 2009 | 9th place | 1:43:13 |
|-------------|------------------|----------------|
| 28 | Andrews | 19:38 |
| 35 | Suniga | 19:48 |
| 37 | Nilson | 19:49 |
| 60 | Wadsworth | 21:03 |
| 89 | A Mendoza | 22:55 |
| 100 | Adesida | 23:59 |
| 101 | Yoeono | 24:00 |

| 2016 | Incomplete | NT |
|-------------|-------------------|-----------|
| 2 | D'Atri | 17:54 |
| 28 | Tria | 19:30 |
| 41 | Cardinale | 20:07 |
| 99 | I Mendoza | 22:45 |

| 2002 | 4th place | 1:40:29 |
|-------------|------------------|----------------|
| 5 | Jones | 18:57 |
| 23 | Rosengren | 19:59 |
| 33 | Lightsey | 20:24 |
| 34 | Manuel | 20:31 |
| 37 | Zamora | 20:38 |
| 52 | K Stephens | 21:03 |
| 68 | Borman | 21:43 |

| 2010 | 15th place | 1:47:20 |
|-------------|-------------------|----------------|
| 5 | Andrews | 18:39 |
| 84 | Suniga | 21:52 |
| 93 | A Mendoza | 22:04 |
| 95 | Taylor | 22:07 |
| 102 | Osborne | 22:38 |
| 118 | Wood | 23:34 |

| 2017 | Incomplete | NT |
|-------------|-------------------|-----------|
| 2 | D'Atri | 18:08 |
| 19 | Tria | 19:44 |

| 2004 | 13th place | 1:48:57 |
|-------------|-------------------|----------------|
| 57 | Manuel | 21:30 |
| 59 | Gorrell | 21:31 |
| 64 | Winters | 21:41 |
| 68 | Morales | 21:48 |
| 80 | Pallotta | 22:27 |
| 82 | Snaveley | 22:44 |

| 2011 | 12th place | 1:42:02 |
|-------------|-------------------|----------------|
| 40 | Hollidge | 19:45 |
| 48 | Timbrell | 20:05 |
| 59 | Taylor | 20:30 |
| 62 | Ferrel | 20:33 |
| 74 | Wood | 21:09 |
| 76 | Osborne | 21:17 |
| 98 | Dinh | 22:16 |

| 2019 | 12th place | 1:50:32 |
|-------------|-------------------|----------------|
| 24 | Phillips | 20:12 |
| 69 | Brown | 22:00 |
| 88 | McKinsey | 22:30 |
| 94 | Hisquierdo | 22:43 |
| 101 | Duncan | 23:05 |
| 107 | Padrique | 23:36 |
| 116 | Nguyen | 24:26 |

| 2005 | 12th place | 1:49:21 |
|-------------|-------------------|----------------|
| 39 | L Zamolo | 20:30 |
| 60 | Sylvia | 21:47 |
| 65 | Gorrell | 21:56 |
| 73 | Swanson | 22:23 |
| 77 | Snaveley | 22:45 |
| 78 | Wight | 22:50 |
| 81 | Pallotta | 23:05 |

| 2012 | 14th place | 1:55:49 |
|-------------|-------------------|----------------|
| 57 | Osborne | 21:35 |
| 74 | Taylor | 22:36 |
| 80 | Dinh | 22:43 |
| 94 | Marietti | 23:58 |
| 104 | Guerra | 24:57 |
| 108 | Jorgensen | 26:08 |

| 2021 | Incomplete | NT |
|-------------|-------------------|-----------|
| 3 | R Searls | 17:59 |
| 83 | Nguyen | 23:22 |
| 90 | Hisquierdo | 24:00 |
| 98 | Padrique | 25:09 |

Woodward Park Records (5k)

BV CIF State Qualifiers 1987-2022

| | | | | |
|------|---------------|-------|-------|----|
| 1999 | Eric Roberts | 17:02 | 58th | D4 |
| 2000 | Eric Roberts | 16:23 | 28th | D4 |
| 2001 | Eric Roberts | 16:24 | 11th | D4 |
| 2005 | Carl Swanson | 16:49 | 76th | D3 |
| | Matt LoForte | 17:13 | 105th | D3 |
| 2007 | Mark Blattler | 17:03 | 92nd | D3 |
| 2009 | Jesse Aston | 16:26 | 64th | D3 |
| 2014 | Michael Viano | 17:35 | 164th | D3 |

B Varsity Top 10

| | | | |
|----|---------------|-------|------|
| 1 | Eric Roberts | 16:23 | 2000 |
| 2 | Jesse Aston | 16:26 | 2009 |
| 3 | Carl Swanson | 16:49 | 2005 |
| 4 | Mark Blattler | 17:03 | 2007 |
| 5 | Matt LoForte | 17:13 | 2005 |
| 6 | Nolin Searls | 17:15 | 2021 |
| 7 | Tyler Allan | 17:21 | 2022 |
| 8 | Paolo Morales | 17:32 | 2022 |
| 9 | Ian Knutson | 17:32 | 2022 |
| 10 | Michael Viano | 17:35 | 2014 |

G Varsity Top 10

| | | | |
|----|-----------------|-------|------|
| 1 | Rena Searls | 17:45 | 2022 |
| 2 | Allie Timbrell | 18:30 | 2014 |
| 3 | Marissa D'Atri | 18:35 | 2016 |
| 4 | Amy Loper-Riley | 18:57 | 1998 |
| 5 | Jewelz Andrews | 19:01 | 2010 |
| 6 | Jessica Neu | 19:08 | 1999 |
| 7 | Nicole Tria | 19:32 | 2018 |
| 8 | Samantha Jones | 19:45 | 2002 |
| 9 | Tanya Rosengren | 20:49 | 2001 |
| 10 | Shannon Manuel | 21:10 | 2002 |

GV CIF State Qualifiers 1987-2022

| | | | | |
|------|----------------------|---------|-------|----|
| 1990 | 14th of 16 – 327 pts | 1:51:59 | | |
| | Jenny Lawrence | 22:05 | 83rd | D4 |
| | Molly McNerney | 22:13 | 86th | D4 |
| | Kristina Free | 22:26 | 93rd | D4 |
| | Stacey Haynes | 22:37 | 97th | D4 |
| | Karna Johnson | 22:38 | 98th | D4 |
| | Liz Ferrara | 22:51 | 106th | D4 |
| | Christa Johnson | 24:09 | 130th | D4 |
| 1996 | Amy Loper-Riley | 20:13 | 70th | D1 |
| 1997 | Amy Loper-Riley | 19:38 | 55th | D1 |
| 1998 | Amy Loper-Riley | 18:57 | 3rd | D4 |
| | Jessica Neu | 19:21 | 10th | D4 |
| 1999 | Jessica Neu | 19:08 | 11th | D4 |
| 2001 | 12th of 17 – 293 pts | 1:47:10 | | |
| | Tanya Rosengren | 20:49 | 61st | D4 |
| | Samantha Jones | 20:56 | 66th | D4 |
| | Lindsay Lightsey | 21:35 | 86th | D4 |
| | Kellie Stephens | 21:35 | 87th | D4 |
| | Shannon Manuel | 22:15 | 114th | D4 |
| | Whitney Shoemaker | 23:42 | 128th | D4 |
| 2002 | 22nd of 23 – 492 pts | 1:45:01 | | |
| | Samantha Jones | 19:45 | 52nd | D3 |
| | Shannon Manuel | 21:10 | 137th | D3 |
| | Lindsay Lightsey | 21:11 | 138th | D3 |
| | Maria Zamora | 21:13 | 140th | D3 |
| | Tanya Rosengren | 21:42 | 159th | D3 |
| | Kellie Stephens | 21:43 | 161st | D3 |
| | Ashley Borman | 23:20 | 187th | D3 |
| 2007 | Jewelz Andrews | 19:17 | 30th | D3 |
| 2008 | Jewelz Andrews | 19:23 | 45th | D3 |
| 2010 | Jewelz Andrews | 19:01 | 38th | D3 |
| 2013 | Allie Timbrell | 18:56 | 26th | D3 |
| 2014 | Allie Timbrell | 18:30 | 14th | D3 |
| 2015 | Marissa D'Atri | 18:55 | 47th | D3 |
| 2016 | Marissa D'Atri | 18:35 | 11th | D4 |
| 2017 | Marissa D'Atri | 18:42 | 11th | D4 |
| 2018 | Nicole Tria | 19:32 | 48th | D4 |
| 2021 | Rena Searls | 18:19 | 8th | D4 |
| 2022 | Rena Searls | 17:45 | 4th | D4 |

Miscellaneous Course Records

| | | | |
|--|------------------------|-------|------|
| Newhall Park Boys 3 Mile Record | <i>Matt LoForte</i> | 16:13 | 2005 |
| <i>Newhall Park Girls 3 Mile Record</i> | <i>Renae Searls</i> | 17:50 | 2022 |
| Viking Opener Boys 2 Mile Record | <i>Nolin Searls</i> | 10:45 | 2021 |
| Viking Opener Girls 2 Mile Record | <i>Renae Searls</i> | 12:03 | 2021 |
| Stanford Invitational Boys 5k Record | <i>Evan Quigley</i> | 15:53 | 2011 |
| Stanford Invitational Girls 5k Record | <i>Amy Loper-Riley</i> | 18:48 | 1998 |
| Ukiah HS Boys 5k Record | <i>Eric Roberts</i> | 17:11 | 2000 |
| Ukiah HS Girls 5k Record | <i>Amy Loper-Riley</i> | 20:23 | 1997 |
| Shadow Cliffs Boys 3 Mile Record | <i>Mark Blattler</i> | 15:31 | 2007 |
| Shadow Cliffs Girls 3 Mile Record | <i>Allie Timbrell</i> | 17:58 | 2013 |

Boys Alh Cross Country History

| | League | Site | Sub-Section | Site | NorCal qualifier | Site | NorCal | Site |
|------|------------|------|-------------|------|------------------|----------|--------|----------|
| 1960 | no records | | | | 2nd group 2 | Stanford | 8th | Stanford |
| 1961 | no records | | | | 6th group 2 | Stanford | | |
| 1962 | no records | | | | | | | |
| 1963 | no records | | | | | | | |
| 1964 | no records | | | | | | | |

Note: Central Coast Section - - South San Francisco to Hollister - - split off from NCS and became the CCS.

| | | | | | | | | |
|------|------------|--|--|--|---------|------------------|--|--|
| 1965 | no records | | | | | | | |
| 1966 | no records | | | | 7th D2 | Acalanes | | |
| 1967 | no records | | | | 10th D2 | Pleasant Hill HS | | |
| 1968 | no records | | | | 6th D2 | Orinda | | |
| 1969 | no records | | | | 9th D2 | Pleasant Hill HS | | |
| 1970 | no records | | | | | | | |
| 1971 | no records | | | | | | | |
| 1972 | no records | | | | | | | |
| 1973 | no records | | | | | | | |
| 1974 | no records | | | | | | | |
| 1975 | no records | | | | | | | |
| 1976 | no records | | | | | | | |
| 1977 | no records | | | | | | | |

Note: After an absence, the NorCal Championship race was re-established. All California sections above Bakersfield sent teams.

| | League | Site | Sub-Section | Site | NCS | Site | NorCal | Site |
|------|------------|---------------|-------------|------|-----|------|--------|------|
| 1978 | no records | | | | | | | |
| 1979 | no records | | | | | | | |
| 1980 | no records | | | | | | | |
| 1981 | no records | | | | | | | |
| 1982 | no records | | | | | | | |
| 1983 | no records | | | | | | | |
| 1984 | inc FAL | Hidden Valley | | | | | | |
| 1985 | inc FAL | Hidden Valley | | | | | | |
| 1986 | 5th FAL | Contra Loma | | | | | | |

In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.

| | League | Site | Sub-Section | Site | NCS | Site | State | Site |
|------|-------------------|---------------|-------------|------|---------|--------------|-------|------|
| 1987 | 3rd FAL | Lafayette Res | | | 8th 2A | Hayward HS | | |
| 1988 | 1st DFAL-Foothill | Hidden Valley | | | 10th 2A | Sonoma State | | |
| 1989 | 7th DFAL | Miramonte HS | | | | | | |
| 1990 | 9th DFAL | Newhall Park | | | 10th D4 | Garin Park | | |

Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.

| | | | | | | |
|------|----------|--------------|---------|-------------|---------|---------------|
| 1991 | 2nd DFAL | Newhall Park | 5th D4 | Garin Park | 10th D4 | Hayward HS |
| 1992 | 8th DFAL | Newhall Park | 5th D4 | Garin Park | 13th D4 | Mills College |
| 1993 | 2nd MBAL | Newhall Park | 3rd D4 | Garin Park | 5th D4 | Mills College |
| 1994 | 5th MBAL | Newhall Park | 13th D3 | CSU Hayward | | |

Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.

| | | | | | | |
|------|------------|---------------|--|--|---------|--------------|
| 1995 | 3rd MBAL | Newhall Park | | | 9th D1 | Newhall Park |
| 1996 | 5th TCAL | Newhall Park | | | 10th D1 | Newhall Park |
| 1997 | 2nd TCAL | Newhall Park | | | 6th D1 | Ukiah |
| 1998 | 6th TCAL | Newhall Park | | | 21st D4 | Newhall Park |
| 1999 | 5th TCAL | Hidden Valley | | | 14th D4 | Hayward HS |
| 2000 | 7th DFAL | Hidden Valley | | | 7th D4 | Ukiah |
| 2001 | no records | | | | 10th D4 | Hayward HS |
| 2002 | 7th DFAL | Hidden Valley | | | 15th D3 | Hayward HS |
| 2003 | 6th DFAL | Shadow Cliffs | | | 9th D3 | Ukiah |
| 2004 | 5th DFAL | Hidden Valley | | | 10th D3 | Hayward HS |
| 2005 | 4th DFAL | Newhall Park | | | 9th D3 | Hayward HS |
| 2006 | 7th DFAL | Hidden Valley | | | 7th D3 | Hayward HS |

| | | | | |
|------|----------------|---------------|----------------|------------|
| 2007 | 6th DFAL | Shadow Cliffs | 13th D3 | Hayward HS |
| 2008 | 5th DFAL | Hidden Valley | 12th D3 | Hayward HS |
| 2009 | 5th DFAL | Hidden Valley | 6th D3 | Hayward HS |
| 2010 | 5th DFAL | Hidden Valley | 13th D3 | Hayward HS |
| 2011 | 6th DFAL | Hidden Valley | 12th D3 | Hayward HS |
| 2012 | 7th DFAL | Hidden Valley | 11th D3 | Hayward HS |
| 2013 | 7th DFAL | Shadow Cliffs | 17th D3 | Hayward HS |
| 2014 | inc DFAL | Hidden Valley | 7th D3 | Hayward HS |
| 2015 | 7th DFAL | Hidden Valley | 11th D3 | Hayward HS |
| 2016 | 2nd DAL-Valley | Hidden Valley | 10th D4 | Hayward HS |
| 2017 | inc DAL | Hidden Valley | 15th D4 | Hayward HS |
| 2018 | 2nd DAL-Valley | Hidden Valley | race cancelled | Hayward HS |
| 2019 | 1st DAL-Valley | Hidden Valley | 4th D4 | Hayward HS |
| 2021 | 1st DAL-Valley | Hidden Valley | 11th D4 | Hayward HS |
| 2022 | 1st DAL-Valley | Hidden Valley | 13th D4 | Hayward HS |

Girls A/h Cross Country History

1975 no records
 1976 no records
 1977 no records

Note: After an absence, the NorCal Championship race was re-established. All California sections above Bakersfield sent teams.

| | League | Site | Sub-Section | Site | NCS | Site | NorCal | Site |
|------|------------|---------------|--------------|---------------|---------|---------------|--------|---------|
| 1978 | no records | | | | | | | |
| 1979 | no records | | | | | | | |
| 1980 | no records | | | | | | | |
| 1981 | no records | | | | | | | |
| 1982 | no records | | 3rd 2A | Heather Farms | 3rd MOC | Coyote Hills | 7th | Rocklin |
| 1983 | no records | | 4th 2A South | Hayward HS | 9th MOC | Shadow Cliffs | | |
| 1984 | 2nd FAL | Hidden Valley | 2nd 2A South | Lafayette Res | 5th MOC | Lafayette Res | | |
| 1985 | 5th FAL | Hidden Valley | | | | | | |
| 1986 | 5th FAL | Contra Loma | | | | | | |

In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.

| | League | Site | Sub-Section | Site | NCS | Site | State | Site |
|------|-------------------|---------------|-------------|------|--------|--------------|---------|---------|
| 1987 | 4th FAL | Lafayette Res | | | 9th 2A | Hayward HS | | |
| 1988 | 4th DFAL-Foothill | Hidden Valley | | | | Sonoma State | | |
| 1989 | 7th DFAL | Miramonte HS | | | | | | |
| 1990 | 1st DFAL | Newhall Park | | | 2nd D4 | Garin Park | 14th D4 | WW Park |

Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.

| | | | | | | | | |
|------|----------|--------------|---------|-------------|---------|---------------|--|--|
| 1991 | 6th DFAL | Newhall Park | 3rd D4 | Garin Park | 7th D4 | Hayward HS | | |
| 1992 | 6th DFAL | Newhall Park | 5th D4 | Garin Park | 9th D4 | Mills College | | |
| 1993 | 4th MBAL | Newhall Park | 5th D4 | Garin Park | 15th D4 | Mills College | | |
| 1994 | inc MBAL | Newhall Park | 13th D3 | CSU Hayward | | | | |

Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.

| | | | | | | | | |
|------|----------------|---------------|--|--|----------------|--------------|---------|---------|
| 1995 | 4th MBAL | Newhall Park | | | 9th D1 | Newhall Park | | |
| 1996 | 5th TCAL | Newhall Park | | | 7th D1 | Newhall Park | | |
| 1997 | 3rd TCAL | Newhall Park | | | 8th D1 | Ukiah | | |
| 1998 | 4th TCAL | Newhall Park | | | 7th D4 | Newhall Park | | |
| 1999 | 3rd TCAL | Hidden Valley | | | 5th D4 | Hayward HS | | |
| 2000 | 3rd DFAL | Hidden Valley | | | 7th D4 | Ukiah | | |
| 2001 | no records | | | | 4th D4 | Hayward HS | 12th D4 | WW Park |
| 2002 | 6th DFAL | Hidden Valley | | | 4th D3 | Hayward HS | 22nd D3 | WW Park |
| 2003 | 7th DFAL | Shadow Cliffs | | | 9th D3 | Ukiah | | |
| 2004 | 7th DFAL | Hidden Valley | | | 13th D3 | Hayward HS | | |
| 2005 | 8th DFAL | Newhall Park | | | 12th D3 | Hayward HS | | |
| 2006 | 8th DFAL | Hidden Valley | | | 13th D3 | Hayward HS | | |
| 2007 | 6th DFAL | Shadow Cliffs | | | 8th D3 | Hayward HS | | |
| 2008 | 2nd DFAL | Hidden Valley | | | 8th D3 | Hayward HS | | |
| 2009 | 7th DFAL | Hidden Valley | | | 9th D3 | Hayward HS | | |
| 2010 | 6th DFAL | Hidden Valley | | | 15th D3 | Hayward HS | | |
| 2011 | 6th DFAL | Hidden Valley | | | 12th D3 | Hayward HS | | |
| 2012 | 6th DFAL | Hidden Valley | | | 14th D3 | Hayward HS | | |
| 2013 | inc DFAL | Shadow Cliffs | | | inc D3 | Hayward HS | | |
| 2014 | 7th DFAL | Hidden Valley | | | 12th D3 | Hayward HS | | |
| 2015 | 7th DFAL | Hidden Valley | | | 16th D3 | Hayward HS | | |
| 2016 | 3rd DAL-Valley | Hidden Valley | | | inc D4 | Hayward HS | | |
| 2017 | inc DAL | Hidden Valley | | | inc D4 | Hayward HS | | |
| 2018 | inc DAL | Hidden Valley | | | race cancelled | Hayward HS | | |
| 2019 | 2nd DAL-Valley | Hidden Valley | | | 12th D4 | Hayward HS | | |
| 2021 | 2nd DAL-Valley | Hidden Valley | | | inc D4 | Hayward HS | | |
| 2022 | inc DAL | Hidden Valley | | | inc D4 | Hayward HS | | |