



# The Bulldog Bark

The Voice of Alhambra High Track & Field  
Where Intensity is Not a Crime



Sunday, May 30, 2021

This multi-event saw an Alhambra representation with Corina Jones and Brian Radke. Brian was competing in his 2nd decathlon of the season, while Corina was testing the waters in the girls' pentathlon.

### Corina Jones

Corina had her first ever multi-event, and finished 2nd in the girls' pentathlon. She was on par with her high jump even after a burble in the hurdles, and rebounded with PR's in the shot put, long jump, and 800 to eke out a 1-point differential for her medal.

Additionally, she was able to participate in the open pole vault, and established that her new PR at 7-0 was no fluke and even had a couple of legitimate attempts at 7-6.

Pole Vault 7-0

### Pentathlon

Event	(meters) feet/inches	points
60 meter HH	13.53	196
High Jump	(1.22) 4-0	331
Shot Put	(4.51) 14-09.50	178
Long Jump	(3.52) 11-06.50	204
800	3:08.70	289
Total		1198



Corina uses her mental powers to keep the bar up at her 7-0 clearance.

### Brian Radke

#### Decathlon

##### Day 1

Event	(meters) feet/inches	points
100	12.60	538
Long Jump	(5.21) 17-01.00	423
Shot Put	(9.01) 29-06.50	426
High Jump	(1.58) 5-02.00	449
400	1:02.86	320

##### Day 2

110 HH	21.41	246
Discus	(16.41) 53-10	207
Pole Vault	(3.81) 12-06	565
Javelin	(29.49) 96-09	292
1500	dns	0

Total 3466

Brian was up against some familiar competition, as a few of the boys had participated in our own multi-event back in April. And with a few more competitors showing up from the Sacramento area (and even one from Oregon !) it was quite an extended geographic collection of contestants.

Brian continues to work on his "off" events (sprints and throws). He has improved on the jumps and today was outstanding in his specialty the pole vault. He was strong up to and over 12-6, and his attempts at 13-0 were tantalizingly close.

The 2-day format and the Sacramento heat got to Brian today, and he had to withdraw from competition after 9 events. Still, he hung around for the group victory lap later, as the decathlon bond is strong in all competitors.



The Jones family chills (well, relatively, given the Sacramento heat) between Corina's events.



Brian strides into his javelin throw.



Corina basks in the glory of her 2nd place.



Brian showing heat fatigue in the next-to-last event.

### Notes:

1. Even with the relatively long drive to Fair Oaks (Sacramento) from Martinez, our athletes' families were happy to make the trip to see their children in competition. We had quite a little happy camp each day crammed with relatives who sat out the extended event patiently and with interest. Brian's grandparents made the excursion on Friday, and Corina's family along with Brian's mom made up our team camp on Saturday.
2. The multi-events are not a common part of the high school experience, and our families (as well as all the other spectating families) were caught up in the overall rhythm of the extended day-long competition. Unlike most track meets where an athlete is in a single event, or just a few, all athletes are in all events and so the viewing interest is deeper and prolonged. We've got some true track fans now.
3. Long days with multiple events mean careful planning. There is only so much energy in the human body in a given day. And Brian's great attribute, which is a cheerful bouncy whirlwind attitude, wasn't quite enough to sustain him through two days of the Sacramento heat. He was completely out of gas at the end, and couldn't answer the bell for the last event.
4. This was the 2nd high school multi-event held in the Nor-Cal area this year. Our own such meet was back in early April, and the Del Campo coach was so excited by it she organized this one. The Piedmont coach is also invigorated by this all, and she is going to add one more multi-meet to the track schedule next year. We all three hope to establish this tri-fecta for years to come.