



The Bulldog Bark

The Voice of Alhambra High Track & Field
Where Intensity is Not a Crime



Saturday, May 15, 2021

Season Ain't Over Yet !

Bulldogs Pull Down Medals At Pittsburg Relays

On a gorgeous spring day in Diablo Valley, a few Alhambra Bulldogs impressed with some late season marks. Desi Armstrong led the way with a convincing win in the GV long jump and a 2nd in the GV 100 meters. Brian Radke took 2nd in the BV pole vault, and Corina Jones chipped in with 3rd in the GJV pole vault.

Late Season Improvement

The season-long workouts proved out as our athletes equalled or beat their bests in their events. Desi's 17-03.75 leap in the long jump was a PR and cemented her position as # 4 All-Time on the Alhambra GV list. Any one of her 4 jumps would have won the event. Brian, after looking a bit rough on the lower heights, sailed over 12-6 to move to 5th on the All-Time list. And Corina had some good attempts at 7-0 to finish at 6-6 (her PR).

Alhambra Results

100 Meters Varsity

1. 12 Ariane Nelson	12.52	Pittsburg
2. 11 Desi Armstrong	12.62	Alhambra
3. 11 Kiana Lum	13.03	Amador Valley
4. 12 Katerina Puglisi	13.11	College Park
4. 9 Milani Bell	13.11	Pittsburg

Long Jump Varsity

1. 11 Desi Armstrong	17-03.75	Alhambra
2. 11 Scarlett Dawson	16-08.00	Alameda
3. 11 Kiana Lum	16-06.00	Amador Valley
4. 12 Evi Anderson	16-05.50	College Park
5. 12 Katherine Reid	16-01.50	Heritage

Pole Vault Frosh/Soph

1. 10 Jenna Curti	7-03.00	Fort Bragg
2. 10 Ellie Ridgeway	6-06.00	College Park
3. 9 Corina Jones	6-06.00	Alhambra
3. 9 Katarina Muellerleile	6-06.00	College Park
4. 11 Cheyenne Thelander	6-06.00	Heritage

Pole Vault Varsity

1. 12 Alex Ridgeway	12-06.00	College Park
2. 11 Brian Radke	12-06.00	Alhambra
3. 12 Ethan Grajo	11-00.00	Heritage
3. 12 Davis Pyorre	11-00.00	Fort Bragg
5. 12 Joseph Grecco	9-06.00	Heritage

Three athletes, 4 medals. Not a bad day's work.



Desi explodes off the board.



Brian is, as always, dynamic on his take off.

It almost didn't happen

The continuing covid confusion manifested itself once again. Meets were scheduled. Meets were cancelled. Leagues had meets . . . or didn't.

Schools had seasons. Some schools didn't. And at some point, administrative fatigue set in and some schools and districts and leagues in the midst of even more covid confusion, decided to call it quits and say no more track.

So it was with the DAL, and it took some heavy lobbying and last-minute voting to get the schools to lift restrictions to allow us to compete. And we were not alone, as teams around the Bay Area reported similar frustrations in getting their athletes into some sort of post-season competition.



Corina sails over her opening height.



Desi reaches for more distance.



Brian focuses on the runway.

Looking forward - -

With this very nice performance by our small group, the coaches are looking to extend our season even a bit more. Stay tuned as we explore our opportunities for the next week or two or three.

Team Recognition and Awards: Thursday 5/20 On The Track

Coach Hern has sent out a Remind notification already about our team recognition event. Be sure to make this, as we will be handing out the various certificates and letters and awards and such.

For an abbreviated season, we still had more than our share of successes, and this is the time to acknowledge the effort and achievements of our student athletes.

Uniform Return !!!

If you have not already done so, please return your uniform to Coach Hern. Please put your laundered uniform in a bag clearly labeled with your name and drop off at the front office.

Shameless Plug

Summer Running Starts in June

For those of you interested in Cross Country, or in just general aerobic conditioning, Summer Running starts in June and continues through the summer daily on weekday mornings.

We welcome runners of all ages and levels of fitness. The runs are structured to accommodate each individual runner with a goal of gradual improvement.

Contact Ms. Paradise in the office, or Coach Brewer on the track, if interested.



Corina is a happy girl with her medal.