



# The Bulldog Bark

The Voice of Alhambra Track & Field

Saturday, 2/8/2020



## UC Berkeley All-Comers Meet

Edwards Stadium  
Saturday, February 8, 2020

A few of the Alhambra track team members decided to compete on their own at this nearby All-Comers meet. The format was to run events with all levels of competition involved - - Masters, Open, Collegiate, High School, and Middle School (13 years old or older). This meet was no exception with young and old (and in the case of Coach Brewer, even older) electing to give it a go.

The weather was unseasonably warm for Berkeley, with no fog, lots of sun, and a bit of a balmy breeze at times.

### 1500

Ryan McCauley	4:37.43	
Nolin Searls	4:41.32	new Alhambra BFS record
Sam DiBetta	4:54.30	
Caleb McCauley	5:42.24	
Rena Searls	5:44.86	

The conversion to the the 1600, which is the high school distance, is just about 20 seconds. This puts our runners at just about where they left off last season. Rena gave us a sample of what we'll get next year since she's only in 8th grade now.

### 3000

Carson Edwards	9:53.50
Ryan McCauley	9:55.89
Colby Thompson	10:30.74
Caleb McCauley	12:29.86

The longer race has a conversion factor of roughly 40 seconds to the 3200 high school distance. Again, this puts us just about where the boys ended up at the end of last year's season.

### Pole Vault

Brain Radke	3.20/10-05
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Brian was experimenting with newer stiffer poles, and so only was average today.

### Discus

Coach Brewer	20.26/66-05
Reina Felson-Lamb	16.48/54-00

### Javelin

Coach Brewer	19.84/65-01	
Reina Felson-Lamb	14.19/46-06	new Alhambra GFS record

Both Coach Brewer and Reina showed some rust, having only very limited technique work since last year (and in Coach Brewer's case, last millenium). The javelin was raw, given that it's not a high school event at all. Reina's effort was a school record as being the first female in Alhambra history to toss the implement.

There's another All-Comer's Meet Saturday February 22 at UC Berkeley. It's well worth the experience, only if to compete on the legendary Cal track itself.