



# The Bulldog Bark

The Voice of Alhambra Track & Field

Friday-Sunday 1/16-18/2020



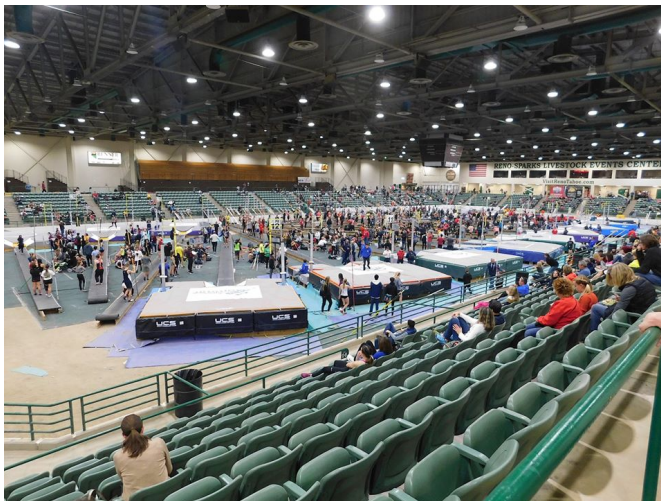
## 2020 Reno Pole Vault Summit January 16-18, 2020

Brian Radke, his father, and Coach Brewer traveled to the fabled Pole Vault Summit in Reno this year to take part in the festivities. In a weekend crammed with legendary national and international vaulters, Hall of Fame coaches, and hundreds of competitive vaulters of all levels from all over the country, Brian was able to do quite well.

Coach Brewer and dad Drew took advantage of the coaches' sessions to learn the latest theories and instructional methods being used at the highest levels of the event.

After a day of presentations and personalized instruction, and a night of watching Master's (that code for old folks) vaulting followed by top USA vaulters at Olympic-level heights compete, Brian came back the next day to raise his PR from 10-09 to 11-10 and take 2nd on misses in his competitive group (one of fifteen groups on the floor of the arena).

A great weekend of vault saturation, instruction, coaching, and competition . . . we'll have to do this again next year.



Yes, there are 15 separate competitions going on simultaneously. And this is the 2nd day of the event. What a PV extravaganza !



Brian gets some serious inversion to claim a new PR at 11-10