

# Alhambra Track Top-10 Lists - - Boys' Varsity

|               |         |            |          |      |   |         |           |          |      |
|---------------|---------|------------|----------|------|---|---------|-----------|----------|------|
| <b>100 m</b>  |         |            |          |      | 10                                      | Rob     | Latting   | 4:26.9   | 1983 |
| 1             | Mister  | Davis      | 10.90 w  | 2018 | <b>3200 m</b>                           |         |           |          |      |
| 2             | John    | Gill       | 10.94 c  | 1975 | 1                                       | Eric    | Roberts   | 9:28.7   | 2002 |
| 3             | Leon    | Callen     | 10.95 w  | 1993 | 2                                       | Rob     | Latting   | 9:38.8   | 1985 |
| 4             | Leonard | Reviar     | 11.14 c  | 1980 | 3                                       | Glenn   | Lewis     | 9:39.0 c | 1972 |
| 5             | Trevor  | Davis      | 11.16    | 2011 | 4                                       | Rick    | Riley     | 9:44.04  | 1997 |
| 6             | Eric    | Richard    | 11.18    | 2012 | 5                                       | Carl    | Swanson   | 9:45.80  | 2006 |
| 7             | Charlie | Tourville  | 11.24 c  | 1955 | 6                                       | Howard  | LaBrie    | 9:48.6 c | 1968 |
| 7             | L.      | Robinson   | 11.24 c  | 1977 | 7                                       | Mike    | Gulli     | 9:51.6 c | 1977 |
| 7             | Rob     | Avina      | 11.24 c  | 1985 | 8                                       | Mark    | Blattler  | 9:53.90  | 2008 |
| 7             | Orande  | Scott      | 11.24 c  | 1991 | 9                                       | Evan    | Quigley   | 9:54.19  | 2011 |
| <b>200 m</b>  |         |            |          |      | 10                                      | John    | Latting   | 9:55.0   | 1985 |
| 1             | Leon    | Callen     | 22.25 w  | 1993 | <b>110 m High Hurdles (39")</b>         |         |           |          |      |
| 2             | John    | Gill       | 22.34 c  | 1975 | 1                                       | Raleigh | Adams     | 14.43    | 2015 |
| 3             | Charlie | Tourville  | 22.44 c  | 1955 | 2                                       | Leonard | Reviar    | 15.04 c  | 1980 |
| 4             | Mister  | Davis      | 22.50 w  | 2018 | 2                                       | Ledell  | Conner    | 15.04 c  | 1982 |
| 5             | Michael | Thompson   | 22.52    | 1996 | 2                                       | Kevin   | Hawkins   | 15.04 c  | 1987 |
| 5             | Paul    | Bromley    | 22.52 w  | 2016 | 5                                       | S.      | Lister    | 15.34 c  | 1972 |
| 7             | Rich    | McLaughlin | 22.54 c  | 1957 | 5                                       | John    | Lucas     | 15.34 c  | 1976 |
| 8             | Joey    | Woolridge  | 22.69    | 2002 | 5                                       | James   | Blattler  | 15.34    | 2004 |
| 9             | Leonard | Reviar     | 22.74 c  | 1980 | 8                                       | B.      | DeVries   | 15.54 c  | 1955 |
| 10            | R.      | Swenson    | 22.84 c  | 1970 | 8                                       | Marcel  | Stewart   | 15.54 c  | 1992 |
| <b>400 m</b>  |         |            |          |      | 10                                      | Jeremy  | McGrue    | 15.73    | 2000 |
| 1             | Michael | Thompson   | 49.18    | 1996 | <b>300 m Intermediate Hurdles (36")</b> |         |           |          |      |
| 2             | Joey    | Woolridge  | 49.8     | 2002 | 1                                       | Raleigh | Adams     | 37.99    | 2015 |
| 3             | Greg    | Turner     | 50.21    | 2000 | 2                                       | Kevin   | Lyons     | 40.04 c  | 1987 |
| 4             | Charlie | Hepburn    | 50.5 c   | 1974 | 3                                       | Kevin   | Hawkins   | 40.24 c  | 1986 |
| 5             | Charlie | Tourville  | 50.7 c   | 1955 | 4                                       | Ledell  | Conner    | 40.54 c  | 1982 |
| 6             | Ian     | Palmer     | 50.87    | 2017 | 4                                       | Ken     | Loft      | 40.54 c  | 1989 |
| 7             | Bryan   | Godwin     | 51.37    | 1998 | 6                                       | James   | Blattler  | 40.79    | 2004 |
| 8             | Joey    | Cooper     | 51.59    | 1998 | 7                                       | Johnny  | LeBlanc   | 40.84 c  | 1988 |
| 9             | Leon    | Callen     | 51.6     | 1993 | 8                                       | Amos    | Cruz      | 40.90    | 1998 |
| 10            | James   | Jones      | 51.78    | 2012 | 9                                       | Jeff    | Suitos    | 41.04 c  | 1983 |
| <b>800 m</b>  |         |            |          |      | 10                                      | Aaron   | Rawlinson | 41.35    | 2001 |
| 1             | Morgan  | Groth      | 1:54.4 c | 1961 | <b>Long Jump</b>                        |         |           |          |      |
| 2             | Dave    | Flynn      | 1:58.1   | 1992 | 1                                       | David   | Tyre      | 23-00.25 | 1968 |
| 3             | Joel    | Timbrell   | 1:58.21  | 2012 | 2                                       | Jeff    | Suitos    | 22-09.5  | 1984 |
| 4             | John    | Swearengen | 1:58.5 c | 1970 | 3                                       | Trevor  | Davis     | 22-04.25 | 2010 |
| 5             | Ben     | Williams   | 1:58.60  | 1991 | 4                                       | Hiro    | Okawachi  | 22-03.5  | 1957 |
| 6             | Tom     | Elfring    | 1:58.8 c | 1976 | 5                                       | Tanaha  | Waters    | 22-00    | 1992 |
| 7             | Evan    | Quigley    | 1:59.46  | 2012 | 6                                       | Eric    | Richard   | 21-11.75 | 2012 |
| 8             | Charlie | Hepburn    | 1:59.5 c | 1973 | 7                                       | Kevin   | Hawkins   | 21-10.75 | 1986 |
| 9             | Jim     | Shaw       | 1:59.6 c | 1956 | 8                                       | Corey   | Conniff   | 21-08    | 1989 |
| 10            | Vince   | Hudson     | 1:59.80  | 1988 | 9                                       | Rob     | Avina     | 21-05.75 | 1985 |
| <b>1600 m</b> |         |            |          |      | 10                                      | L.      | Robinson  | 21-2.5   | 1978 |
| 1             | Morgan  | Groth      | 4:08.6 c | 1961 | <b>Triple Jump</b>                      |         |           |          |      |
| 2             | Eric    | Roberts    | 4:16.00  | 2002 | 1                                       | Jeff    | Suitos    | 46-06    | 1984 |
| 3             | Dave    | Flynn      | 4:22.09  | 1992 | 2                                       | Trevor  | Davis     | 46-00    | 2011 |
| 4             | Matt    | Loforte    | 4:22.3   | 2005 | 3                                       | Stanley | Joyner    | 44-02.75 | 1995 |
| 5             | Evan    | Quigley    | 4:23.34  | 2011 | 4                                       | Charlie | Hepburn   | 44-00.5  | 1974 |
| 6             | Dave    | Santos     | 4:24.1 c | 1969 | 5                                       | Corey   | Conniff   | 43-08    | 1989 |
| 7             | Joey    | Tully      | 4:25.0   | 1987 | 6                                       |         | Shaler    | 42-10.5  | 1971 |
| 8             | Mark    | Blattler   | 4:26.69  | 2008 | 7                                       | Jeff    | Graden    | 42-09    | 1975 |
| 9             | Michael | Viano      | 4:26.73  | 2015 |   |         |           |          |      |

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|----|---------|---------|----------|------|
| 8  | Leonard | Reviar  | 42-04    | 1980 |
| 9  | Mike    | Delmar  | 42-02.75 | 1986 |
| 10 | Adam    | Stewart | 42-02    | 1992 |

## High Jump

|   |       |          |         |      |
|---|-------|----------|---------|------|
| 1 | Jack  | Robinson | 6-05.5  | 2014 |
| 2 | Jeff  | Graden   | 6-05.25 | 1974 |
| 3 | Eben  | Ham      | 6-04.5  | 1980 |
| 3 |       | Seiph    | 6-04.5  | 1981 |
| 5 | Gene  | Porche   | 6-04.25 | 1975 |
| 6 | Hiro  | Okawachi | 6-04    | 1957 |
| 6 | John  | Cox      | 6-04    | 1971 |
| 8 | Corey | Conniff  | 6-03    | 1989 |
| 9 |       | Spencer  | 6-02    | 1972 |
| 9 | J.    | Freitas  | 6-02    | 1983 |
| 9 | Josh  | Blecha   | 6-02    | 2002 |

## Pole Vault

|    |        |            |       |      |
|----|--------|------------|-------|------|
| 1  | Drew   | Radke      | 13-07 | 1985 |
| 2  | Rob    | Avina      | 13-06 | 1985 |
| 3  | Mike   | Waltz      | 13-00 | 1987 |
| 3  | Chris  | Bryan      | 13-00 | 2000 |
| 5  | C.     | Hansen     | 12-06 | 1982 |
| 5  | Paul   | Hodgkinson | 12-06 | 1994 |
| 7  | Jerry  | Janeway    | 12-03 | 1959 |
| 7  | Jerry  | Greene     | 12-03 | 1960 |
| 7  | John   | Waltz      | 12-03 | 1978 |
| 10 | David  | Fierner    | 12-00 | 1996 |
| 10 | Morgan | Savacool   | 12-00 | 1996 |

## Shot Put

|    |         |           |          |      |
|----|---------|-----------|----------|------|
| 1  | Zach    | Coniglio  | 60-06    | 2010 |
| 2  | Rich    | Gooch     | 57-11    | 1967 |
| 3  | Mike    | Mickelson | 54-06    | 1970 |
| 4  | Tony    | Loforte   | 54-03.5  | 1991 |
| 5  | Frank   | Duarte    | 53-01    | 1957 |
| 6  | Nick    | Momaney   | 52-01    | 2019 |
| 7  | Steve   | Cabral    | 51-06.75 | 1973 |
| 8  | Stanley | Miles     | 51-00    | 1994 |
| 9  | Mike    | Juniphant | 50-10.5  | 1985 |
| 10 | Geno    | Ramelb    | 48-00    | 2008 |

## Discus

|    |       |             |        |      |
|----|-------|-------------|--------|------|
| 1  | Zach  | Coniglio    | 186-00 | 2010 |
| 2  | Jeff  | Sinn        | 170-00 | 1965 |
| 3  | Steve | Cabral      | 168-04 | 1973 |
| 4  | Mark  | See         | 168-03 | 2003 |
| 5  | Aaron | Woodburn    | 155-04 | 1980 |
| 6  | Nick  | Momaney     | 151-06 | 2019 |
| 7  | Kyle  | Fitzpatrick | 148-04 | 2016 |
| 8  | J.    | Freitas     | 142-06 | 1983 |
| 9  | Dave  | Woolridge   | 141-08 | 1960 |
| 10 | Tony  | Gratton     | 141-04 | 1992 |

## 4x100 relay

|    |  |         |      |
|----|--|---------|------|
| 1  | Joyner, Thompson, Lee, Green           | 43.48   | 1995 |
| 2  | Richard, Poyadue, Abdurrohman, Jones   | 43.66   | 2012 |
| 3  | Baggarley, Scott, Miller, Waters       | 43.84 c | 1991 |
| 4  | Davis, Lewis, Blattler, Rutley         | 43.94 c | 2004 |
| 5  | Foster, Abdurrohman, Evans, Gonsalves  | 44.06   | 2014 |
| 5  | Waters, Fonseca, Hern, Davis           | 44.06   | 2019 |
| 7  | Loft, Scott, Waters, Baggarley         | 44.12   | 1990 |
| 8  | Woolridge, Head, Wilson, Davis         | 44.37   | 2002 |
| 9  | Foster, Abdurrohman, Gonzalez, Farwell | 44.52   | 2013 |
| 10 | Connor, Harbin, Cunningham, Reviar     | 44.54 c | 1980 |

## 4x400 relay

|    |                                     |         |      |
|----|-------------------------------------|---------|------|
| 1  | Head, Blecha, Gliatto, Woolridge    | 3:21.81 | 2002 |
| 2  | Welch, Porter, Tully, Lyons         | 3:25.8  | 1987 |
| 3  | Fukumoto, Godwin, Cooper, Soloff    | 3:27.23 | 1998 |
| 4  | Bumala, Jones, Farwell, Richard     | 3:28.18 | 2012 |
| 5  | Gliatto, Holland, Blecha, Woolridge | 3:28.26 | 2001 |
| 6  | Williams, Scott, Miller, Baggarley  | 3:28.6  | 1991 |
| 7  | Micanek, Scott, Miller, Baggarley   | 3:29.28 | 1990 |
| 8  | Unknown Team                        | 3:31.27 | 1997 |
| 9  | Turner, Blecha, Holland, Woolridge  | 3:31.40 | 2000 |
| 10 | Hudson, Gutierrez, Baggarley, Loft  | 3:31.6  | 1989 |

## Notes:

1. c = converted from yards, w = wind-aided
2. times to tenths = hand timed; times to hundredths = electronic
3. distances under 400m - conversion = + .24 h/t to electronic
4. distances 400m and up - conversion = + .14 h/t to electronic
5. Especially in the 100, 200, and 4x100 relays, top-10 rankings include all of the variables listed above

## Non-Standard Events

|                      |                                   |             |      |
|----------------------|-----------------------------------|-------------|------|
| <b>400 Hurdles</b>   | Kevin Lyons                       | 57.3        | 1987 |
| <b>1500 m</b>        | Eric Roberts                      | 3:59.66     | 2002 |
| <b>3000 m</b>        | Eric Roberts                      | 8:52.7      | 2002 |
| <b>5000 m</b>        | Carson Edwards                    | 17:00.2     | 2019 |
| <b>DMR (3-1-2-4)</b> | Unknown Team                      | 10:39.0     | 2002 |
| <b>SMR (1-1-2-4)</b> | Unknown Team                      | 1:40.36     | 2013 |
| <b>SMR (2-2-4-8)</b> | Unknown Team                      | 3:47.77     | 1988 |
| <b>4 x 200</b>       | Unknown Team                      | 1:32.81     | 2004 |
| <b>4 x 800</b>       | Roberts, Blecha, Schawel, Hodgson | 8:23.06     | 2002 |
| <b>4 x 1600</b>      | Unknown Team                      | 18:52.22    | 2010 |
| <b>4 x 110 HH</b>    | McGrue, Lawrence, Quiroz, Bryan   | 1:06.84     | 2000 |
| <b>Decathlon</b>     | Jackson Norried                   | 4353 Points | 2017 |