



Alhambra High School

Cross ➔ ***CC*** ➔ ***Country***
Record Book

2018



ORDER OF CONTENTS

Introduction

Coaches

Varsity Team Overall History

Ed Sias & Hidden Valley

Ram Invitational

Artichoke Invitational

Castro Valley Invitational

Mt. San Antonio College (Mt. SAC) Invitational

North Coast Section Championships (Hayward High School)

State Meet

Hayward High All-Times Lists

INTRODUCTION

Welcome to the 2018 version of the Alhambra High School Cross —CC-> Country Record Book. This is a compendium of the top times and places of Alhambra cross country runners on most of the courses that the team has competed on historically.

Work In Progress

This is still an ongoing project as the historical record is not always complete. The internet is remarkable, but not all data is stored there, and in any case, the trail gets cold for information before 2000. Much of the older information has been gleaned from sorting through old boxes and file folders, and these have often been jumbled and incomplete. There are still sources to be sorted out, and more details to be found, but for the most part, this represents a strong beginning of keeping an archival record of the long-standing and excellent tradition of Bulldog running that stretches back many decades.

If you have any copies of results from Cross Country (or Track, too) from any year, please let Coach Brewer know so he can make copies and add them to the archives and possibly fill in empty spots in this book. If you know former runners from seasons gone by, their memories are gold mines of information as well.

Many Hands Make Light the Load

This is only a continuation of some excellent work already done to preserve Alhambra running knowledge. Joel Timbrell (class of '13) is our webmaster and has assembled and sorted and ranked the North Coast Section (Hayward High School) times, as well as posting everything on the website. He has also made a significant number of additions and corrections since the first edition came out. Aaron Ford (class of '08) is our timing guru, and has unearthed hidden web site sources for older race information. Coach Angela Paradise kept intact the 20 years of boxes that previous Coach Tim Bruder had accumulated. This was a rich source of information from which to begin this project.

Thanks also have to go to other data hoarders on the internet. Hank Lawson, of Lynbrook High, has gathered an impressive array of high school running that goes way back, and I mined his website for all of our Artichoke Invitational, Ram Invitational, and Mt. SAC Invitational records. The NCS website has kept a strong record of the NCS championship races results. Also, the high school information site athletic.net (which we now use to archive our current and more recent results) has an intact record of all the State Meet information. Campolindo High coach Chuck Woolridge has archived most of the Ed Sias Invitational results. Retired College Park Coach Steve Neisham, who founded the Ed Sias Invitational, has been generous in e-mailing copies of the early years of the meet.

More To Do

The job is not yet finished. Still to be done is to finish backtracking all the league finishes, NCS finishes, and State Meet appearances. Also, many of the runners of the past ran on courses that no longer exist, or in invitationals that no longer are held, and we need to find a way to accurately fold them into the records for acknowledgement.

Inevitable Errata

Of course there will be mistakes in this first-year attempt at a comprehensive record book. Names will be misspelled, times and places will be out of order, grade levels will be wrong, et cetera. Please let Coach Brewer know when you find these errors so they can be corrected for the next edition. Any other suggestions to make this a more complete and accurate record are also welcome.

Enjoy the read.

Coach Brewer

ALHAMBRA HIGH SCHOOL CROSS —CC—> COUNTRY 2018 COACHING STAFF

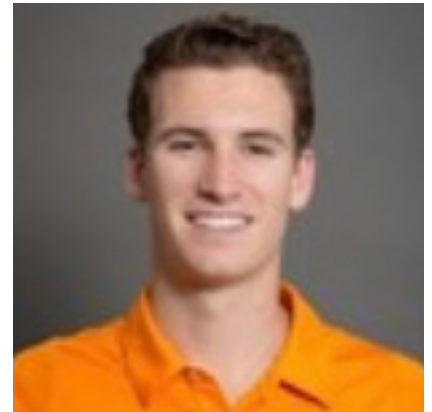


Angela Paradise - Head Coach

Coach Paradise has been in charge of the Alhambra cross country program for 10 seasons now, after serving as an assistant with previous coach Tim Bruder.

Evan Quigley - Assistant Coach (Class of '12)

Coach Quigley returns as an assistant. He is a 2012 Alhambra alumnus and a former Bulldog runner.



Peter Brewer - Assistant Coach

Coach Brewer is new to Alhambra after previous coaching stints at Northgate HS and Castro Valley HS.



ALHAMBRA GIRLS' CROSS COUNTRY HISTORY

1975	no records							
1976	no records							
1977	no records							

Note: After an absence, the Nor/Cal Championship Race was re-established. All California sections above Bakersfield sent teams.

	League	Location	sub-section	Location	NCS	Location	NorCal	Location
1978	no records							
1979	no records							
1980	no records							
1981	no records							
1982	no records		3rd 2A	Heather Farms	3rd MOC	Coyote Hills	7th	Rocklin College
1983	no records		4th 2A-South	Hayward HS	9th MOC	Shadow Cliffs		
1984	2nd FAL	Hidden Valley	2nd 2A South	Lafayette Res.	5th MOC	Lafayette Res.		
1985	5th FAL	Hidden Valley						
1986	5th DFAL	Contra Loma						

In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.

	League	Location	sub-section	Location	NCS	Location	State	Location
1987	4th FAL	Lafayette Res			9th 2A	Hayward HS		
1988	4th DFAL - Valley	Hidden Valley				Sonoma State		
1989	7th DFAL	Miramonte HS						
1990	1st DFAL	Newhall Park			2nd D-IV	Garin Park	14th D-IV	Woodard Park, Fresno

Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.

1991	6th DFAL	Newhall Park	3rd D-IV	Garin Park	7th D-IV	Hayward HS		
1992	6th DFAL	Newhall Park	4th D-V	Garin Park	9th D-IV	Mills College		
1993	4th MBAL	Newhall Park	5th D-IV	Garin Park	15th D-IV	Mills College		
1994	inc MBAL	Newhall Park	17th D-III	CSU Hayward				

Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.

1995	3rd MBAL	Newhall Park			9th D-I	Newhall Park		
1996	5th TCAL	Newhall Park			7th D-I	Newhall Park		
1997	3rd TCAL	Newhall Park			8th D-I	Ukiah		
1998	4th TCAL	Newhall Park			7th D-IV	Newhall Park		
1999	3rd TCAL	Hidden Valley			5th D-IV	Hayward HS		

ALHAMBRA BOYS' CROSS COUNTRY VARSITY HISTORY								
					NorCal		NorCal	
Year	League	Location	NCS	Location	qualifier	Location	Finals	Location
1960	no records				2nd Group II	Stanford	8th	Stanford
1961	no records				6th Group II	Stanford		
1962	no records							
1963	no records							
1964	no records							
Note: Central Coast Section - - South San Francisco to Hollister- - - split off from NCS and became the CCS.								
1965	no records				7th Group II	Stanford		
1966	no records				10th Group II	Stanford		
1967	no records							
1968	no records							
1969	no records				9th D-II	Pleasant Hill HS		
1970	no records							
1971	no records							
1972	no records							
1973	no records							
1974	no records							
1975	no records							
1976	no records							
1977	no records							
Note: After an absence, the NorCal Championship race was re-established. All California sections above Bakersfield sent teams.								
	League	Location	sub-section	Location	NCS	Location	NorCal	Location
1978	no records							
1979	no records							
1980	no records							
1981	no records							
1982	no records							
1983	no records							
1984	inc. FAL	Hidden Valley						
1985	inc. FAL	Hidden Valley						

ALHAMBRA BOYS' CROSS COUNTRY VARSITY HISTORY								
1986	5th DFAL	Contra Loma						
In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.								
	League	Location	sub-section	Location	NCS	Location	State	Location
1987	3rd FAL	Lafayette Reservoir			8th 2A	Hayward HS		
1988	1st DFAL-Valley	Hidden Valley			10th 2A	Sonoma State		
1989	7th DFAL	Miramonte HS						
1990	8th DFAL	Newhall Park			10th D-IV	Garin Park		
Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.								
1991	2nd DFAL	Newhall Park	5th D-IV	Garin Park	9th D-IV	Hayward HS		
1992	8th DFAL	Newhall Park	5th D-IV	Garin Park	13th D-IV	Mills College		
1993	2nd MBAL	Newhall Park	3rd D-IV	Garin Park	5th D-IV	Mills College		
1994	5th MBAL	Newhall Park	13th D-IV	CSU Hayward				
Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.								
1995	4th MBAL	Newhall Park			9th D-I	Newhall Park		
1996	5th TCAL	Newhall Park			10th D-I	Newhall Park		
1997	2nd TCAL	Newhall Park			6th D-I	Ukiah		
1998	6th TCAL	Newhall Park			21st D-IV	Newhall Park		
1999	5th TCAL	Hidden Valley			14th D-IV	Hayward HS		
2000	7th DFAL	Hidden Valley			7th D-IV	Ukiah		
2001	no records				10th D-IV	Hayward HS		
2002	7th DFAL	Hidden Valley			15th D-III	Hayward HS		
2003	6th DFAL	Shadow Cliffs			9th D-III	Hayward HS		
2004	5th DFAL	Hidden Valley			10th D-III	Hayward HS		
2005	4th DFAL	Newhall Park			9th D-III	Hayward HS		
2006	7th DFAL	Hidden Valley			7th D-III	Hayward HS		
2007	6th DFAL	Shadow Cliffs			13th D-III	Hayward HS		
2008	5th DFAL	Hidden Valley			12th D-III	Hayward HS		
2009	5th DFAL	Hidden Valley			5th D-III	Hayward HS		
2010	5th DFAL	Hidden Valley			13th D-III	Hayward HS		
2011	6th DFAL	Hidden Valley			12th D-III	Hayward HS		
2012	inc DFAL	Hidden Valley			11th D-III	Hayward HS		

Ed Sias Invitational Team Results

Year	B Frosh	BFS	BJV	BV	GFS	GJV	GV
1985	no record	no record	no team	10/15	3/5	no team	no record
1986	no record	no record	no record	no record	incomplete	no record	incomplete
1987	no records						
1988	no records						
1989	no team	no team	incomplete	incomplete	no race	incomplete	incomplete
1990	incomplete	no team	incomplete	no team	no race	incomplete	incomplete
1991	no team	10/12	incomplete	no team	no team	incomplete	no team
1992	no team	no team	incomplete	9th of 17	no race	incomplete	11th of 25
1993	no team	no team	5th of 5	3rd of 12	no race	incomplete	incomplete
1994	no team	incomplete	no team	4th of 14	no race	9th of 11	incomplete
1995	incomplete	incomplete	no team	8th of 18	no race	no race	incomplete
1996	no team	incomplete	13th of 13	16th of 18	10th of 10	incomplete	12th of 14
1997	no records						
1998	no records						
1999	no records						
2000	no records						
2001	no team	incomplete	incomplete	11th of 23	incomplete	10th of 11	7th of 21
2002	incomplete	no team	incomplete	31st of 40	incomplete	no team	19th of 28
2003	incomplete	incomplete	no team	24th of 32	19th of 23	incomplete	13th of 25
2004	incomplete	4th of 26	no team	12th of 15	11th of 19	18th of 18	26th of 31
2005	incomplete	incomplete	17th of 21	7th of 16	incomplete	incomplete	24th of 32
2006	incomplete	incomplete	incomplete	incomplete	12th of 18	no team	31st of 31
2007	no team	14th of 21	no team	incomplete	incomplete	incomplete	11th of 11
2008	13th of 15	no team	no team	13th of 18	16th of 19	no team	8th of 10
2009	15th of 16	12th of 28	incomplete	11th of 18	no team	no team	10th of 12
2010	incomplete	no team	no team	3rd of 21	incomplete	no team	13th of 14
2011	incomplete	incomplete	incomplete	8th of 23	11th of 27	incomplete	16th of 20
2012	incomplete	incomplete	incomplete	10th of 24	no team	incomplete	10th of 22
2013	incomplete	no team	no team	17th of 20	no team	no team	incomplete
2014	incomplete	incomplete	no team	incomplete	incomplete	no team	12th of 24
2015	incomplete	incomplete	incomplete	7th 25th	incomplete	no team	11th of 12
2016	incomplete	no team	no team	9th of 23	no team	no team	13th of 24
2017	incomplete	incomplete	incomplete	12th of 26	no team	no team	incomplete
2018	5th of 15	no team	9th of 19	12th of 18	no team	incomplete	no team

Hidden Valley Top 10 Times

B Frosh

1	Michael	Viano	11:34	2011
2	Evan	Quigley	11:36	2008
3	Luis	Haefke	11:45	2011
4	Mark	Blattler	11:49	2006
5	Graham	Manning	12:19	2015
6	Jesse	Aston	12:20	2006
7	Carson	Edwards	12:26	2016
8	Colby	Thompson	12:27	2018
9	Dylan	Gregory	12:34	2011
10	Harrison	Hollidge	12:36	2008

BFS

1	Mark	Blattler	10:42	2007
2	Evan	Quigley	10:50	2009
3	Jesse	Aston	11:03	2007
4	Noa	Nabeshima	11:05	2014
5	Harrison	Hollidge	11:32	2009
6	Mat	LoForte	11:37	2003
7	Carl	Swanson	11:40	2004
8	Robert	Viano	11:50	2014
9	Dylan	Gregory	11:52	2014
10	Connor	Hayes	11:56	2014

BJV

1	Randy	Johnson	12:07	2001
2	Adam	Schawel	12:17	2002
3	Jerwin	Woolridge	12:44	2001
4	Brett	Enke	12:52	2010
5	Shayan	Mirzazadeh	13:03	2017
6	Joey	Woolridge	13:07	2000
7	Tom	Aiello	13:13	1985
8	Aaron	West	13:15	2000
8	Ben	Smyers	13:15	2018
10	Scott	Rasmussen	13:17	1985

BV (2.0 miles)

1	Evan	Quigley	10:20	2011
2	Eric	Roberts	10:25	2001
3	Jesse	Aston	10:30	2009
4	Matt	Loforte	10:41	2004
5	Mike	Railton	10:44	2010
6	Gusty	Maat	10:46	1996
7	Michael	Viano	10:46	2014
8	Rick	Riley	10:55	1996
9	Harrison	Hollidge	10:57	2010
10	Joel	Timbrell	11:02	2012

BV (3.0 miles)

1	Evan	Quigley	16:09	2011
2	Jesse	Aston	16:15	2009
3	Eric	Roberts	16:18	2000
3	Rob	Latting	16:18	1984
5	Matt	Loforte	16:26	2004
6	Michael	Viano	16:36	2014
7	Mike	Railton	16:46	2009
8	Mark	Blattler	16:47	2009
9	Carl	Swanson	17:00	2004
10	Carson	Edwards	17:02	2018

GFS

1	Marissa	D'Atri	12:50	2014
2	Helene	Hollidge	13:13	2011
3	Allie	Timbrell	13:17	2011
4	Shannon	Manuel	14:03	2002
5	Erica	Cardinale	14:11	2014
6	Nicole	Tria	14:16	2015
7	Lauren	Suniga	14:17	2008
8	Louise	Dunn	14:27	2000
8	Beth	Mork	14:27	1999
10	Mikayla	Reichhold	14:48	2011

GJV

1	Shireen	Amini	14:46	2000
2	Dyan	Ortega	15:21	2000
3	Sara	West	15:24	2000
4	Skye	McKinsey	15:29	2018
5	Cailin	Ferrell	15:31	2011
6	Kay	Bromley	15:36	2011
7	Susann	Rosburg	15:39	1984
8	Francesca	Marietti	15:49	2011
9	Pearla	Lopez-Cardinale	15:56	2018
10	Allison	Cox	16:00	2000
10	Stephanie	Lindorf	16:00	2000

GV (2.0 miles)

1	Amy	Loper-Riley	12:12	1998
2	Marissa	D'Atri	12:43	2017
3	Samantha	Jones	13:03	2002
4	Nicole	Tria	13:24	2018
5	Beth	Mork	13:29	2000
6	Michaela	Nilson	13:42	2008
7	Jewelz	Andrews	13:42	2010
8	Tanya	Rosengren	13:47	2001
9	Erica	Cardinale	14:12	2016
10	Kellie	Stephens	14:13	2002

GV (3.0 miles)

1	Allie	Timbrell	18:36	2014
2	Marissa	D'Atri	18:56	2016
3	Katie	Leary	19:04	1984
4	Jessica	Neu	19:30	1999
5	Jewelz	Andrews	19:31	2008
6	Michaela	Nilson	19:32	2008
7	Nicole	Tria	19:38	2018
8	Janelle	Corbin	19:39	1984
9	Samantha	Jones	19:52	2002
10	Sammy	Parker	19:58	2008

Ram Invitational Records

	B Frosh	BFS	BJV	BV	GFS	GJV	GV
1987	9/13	incomplete	no team	incomplete	no team	no team	6/9
1988-2012	did not attend						
2013	incomplete	no team	incomplete	5/15	incomplete	incomplete	no team
2014	incomplete	incomplete	no team	incomplete	incomplete	incomplete	incomplete
2015	incomplete	incomplete	incomplete	incomplete	incomplete	no team	11/12
2016	incomplete	incomplete	incomplete	10/19	incomplete	no team	incomplete
2017	no team	incomplete	incomplete	17/20	no team	no team	incomplete
2018	2/11	4/8	7/9	incomplete	incomplete	incomplete	incomplete

Top 10 Lists

B Frosh

1	13:58	Sam Rogers	2018
2	14:12	Colby Thompson	2018
3	14:20	Sam Dibetta	2018
4	14:33	Carson Edwards	2016
5	14:49	Dylan Gregory	2014
6	14:54	Ben Williams	1987
7	15:06	Noa Nabeshima	2013
8	15:39	Jack Fuller	2013
9	15:43	Graham Manning	2015
10	16:01	Trevor Oliviera-Smith	2013

BV

1.	12:54	Carson Edwards	2017
2.	13:00	Noa Nabeshima	2015
3.	13:27	Michael Viano	2013
4.	13:40	Trevor Oliviera-Smith	2015
5.	13:42	Logan Kent	2013
6.	13:47	Robert Viano	2015
7.	13:58	Connor Hayes	2016
8.	14:02	Graham Manning	2017
9	14:02	Scott Lepak	1987
10	14:15	Kevin Killo	2013

GV

1.	14:09	Marissa D'Atri	2017
2.	15:21	Nicole Tria	2018
3	15:29	Allie Timbrell	2014
4	15:44	Janelle Corbyn	1987
5	16:04	Erica Cardinale	2016
6	16:18	Stacie Brunton	1987
7	19:00	Olivia Mendoza	2014
8	19:09	Isa Mendoza	2016
9	19:14	Catherine Stites	2015
10	19:31	Kate Rogers	2014

B Soph

1.	13:38	Noa Nabeshima	2014
2.	14:11	Robert Viano	2014
3.	14:12	Trevor Oliviera-Smith	2014
4.	14:27	Connor Hayes	2014
5.	14:38	Bill Shrambling	1987
6	14:42	Graham Manning	2015
7	14:43	Billy Skinner	2018
8	14:53	Ben Smyers	2018
9	15:05	Ryan McCauley	2018
10	15:16	Jake Romeo	2015

GFS

1.	16:35	Nicole Tria	2016
2.	16:59	Erica Cardinale	2014
3.	18:35	Pearla Lopez-Cardinale	2018
4	18:55	Catherine Stites	2013
5	19:12	Anna Palmer	2014
6	19:48	Melissa Guevara	2013
7	19:48	Isa Mendoza	2014
8	20:18	Skye McKinsey	2018
9	20:26	Kate Rogers	2013
10.			

BJV

1.	14:52	Gabe Winslow	2015
2.	14:54	Del Roderick	2018
3	15:22	Deen Sobhy	2018
4.	15:48	Chris Cota	2018
5	16:49	Shayan Mirzazadeh	2016
6	17:34	Sean Walker	2013
7	17:37	Josh Flores	2018
8	19:04	Samuel Francis	2013
9	20:10	Jaime Ayala	2016
10	20:18	Andres Alvarez	2018

GJV

1.	19:14	Elicia Guerra	2013
2.	19:35	Olivia Mendoza	2013
3.	19:45	Clara Duran	2018
4.	20:53	Kaitlyn Mitchell	2014
5	23:28	Maghan Combs	2015
6.			
7.			
8.			
9.			
10.			

Artichoke Invitational Team Results

Year	GFS	GJV	GV	B Frosh	BFS	BJV	BV
1991	6/8	no race	incomplete	no team	4/13	incomplete	incomplete
1992	8th of 11	no race	incomplete	incomplete	incomplete	incomplete	9th of 20
1993	no records						
1994	incomplete	no race	incomplete	incomplete	incomplete	no team	2nd of 21
1995	no records						
1996	4th of 9	no race	incomplete	no team	11th of 16	incomplete	incomplete
1997	3rd of 13	no race	incomplete	incomplete	no team	no team	incomplete
1998	no records						
1999	no team	no team	2nd of 17	no team	8th of 10	no team	13th of 24
2000	incomplete	3rd of 10	4th of 18	incomplete	incomplete	4th of 12	9th of 20
2001	no team	incomplete	7th of 23	no team	incomplete	incomplete	6th of 22
2002	incomplete	incomplete	4th of 19	incomplete	incomplete	incomplete	10th of 26
2003	2nd of 8	no team	6th of 21	2nd of 8	incomplete	no team	15th of 23
2004	incomplete	incomplete	16th of 27	incomplete	4th of 17	incomplete	incomplete
2005	9th of 10	no team	19th of 28	9th of 10	incomplete	10th of 18	8th of 26
2006	meet cancelled						
2007	no team	no team	incomplete	no team	8th of 13	no team	incomplete
2008	incomplete	incomplete	1st of 12	incomplete	no team	incomplete	7th of 16
2009	incomplete	no team	6th of 17	incomplete	incomplete	no team	1st of 23
2010	no team	no team	10th of 17	no team	7th of 16	no team	6th of 25
2011	did not attend						
2012	no team	no team	10th of 13	no team	incomplete	incomplete	5th of 15
2013	incomplete	no team	incomplete	incomplete	no team	incomplete	5th of 17
2014	incomplete	no team	9th of 15	incomplete	incomplete	no team	incomplete
2015	incomplete	no team	incomplete	incomplete	no team	incomplete	6th of 24
2016	incomplete	no team	incomplete	incomplete	incomplete	incomplete	7th of 19
2017	incomplete	no team	incomplete	incomplete	incomplete	incomplete	11th of 25
2018	no team	incomplete	incomplete	3rd of 7	no team	6th of 17	12th of 25
2019							
2020							

Note: The data for meets prior to 1991 is fragmentary. What we have here is the best compilations of available information. Research is ongoing for older information and those findings will be added in as they emerge.

Artichoke Top-10 Times

Boys' Frosh

1	Mitch	Hodgson	13:36	1997
2	Matt	Loforte	13:39	2002
3	Evan	Quigley	13:40	2008
4	John	Riehlman	13:52	2003
5	Carl	Swanson	13:56	2003
6	Dylan	Gregory	14:03	2014
7	Carson	Edwards	14:04	2016
8	Harrison	Hollidge	14:06	2008
9	Colby	Thompson	14:07	2018
10	Graham	Manning	14:12	2015

Boys' Frosh-Soph

1	Mark	Blattler	12:19	2007
2	Matt	Loforte	12:45	2003
3	Eric	Roberts	12:55	1999
4	Carl	Swanson	12:59	2004
5	Jesse	Aston	13:06	2007
6	Noa	Nabeshima	13:10	2014
7	Michael	Viano	13:17	2012
8	John	Riehlman	13:33	2004
9	Wesley	Dayton	13:34	2004
10	Tony	Kauke	13:36	1991

Boys' Junior Varsity

1	Brian	Smyth	14:03	1996
2	Ben	Smyers	14:23	2018
3	Robby	Rosca	14:24	2004
4	Gabe	Smith	14:26	2004
5	Mitchell	Hodgson	14:28	2000
6	Matt	Nunes	14:31	2000
7	Ryan	McCauley	14:39	2018
8	Tim	Oldencamp	14:41	2001
9	Doug	Halpern	14:53	2000
10	Aaron	West	15:09	2000

Boys' Varsity

1	Eric	Roberts	12:02	2001
2	Matt	Loforte	12:05	2004
3	Jesse	Aston	12:06	2009
3	Evan	Quigley	12:06	2010
5	Gusty	Maat	12:07	1994
6	Mike	Railton	12:23	2010
7	Carl	Swanson	12:27	2005
7	Leroy	Fisher	12:27	1994
8	Michael	Viano	12:30	2014
9	Dave	Flynn	12:32	1991
10	Rick	Riley	12:36	1994

Girls' Frosh-Soph

1	Amy	Loper-Riley	14:14	1997
2	Tanya	Rosengren	14:40	2001
3	Jessica	Neu	15:08	1997
4	Marissa	D'Atri	15:13	2014
5	Jewelz	Andrews	15:19	2007
6	Sammy	Parker	15:20	2007
7	Shannon	Manuel	15:48	2002
8	Heather	Stephens	15:57	1997
9	Lindsey	Lightsey	16:10	2001
10	Molly	McNerney	16:20	1991

Girls' JV

1	Dyan	Ortega	17:38	2000
2	Erica	Nelson	17:55	2000
3	Stephanie	Lindoff	18:10	2000
4	Pearla	Lopez-Cardinale	18:12	2018
5	Nancy	Villa	18:36	2000
6	Katie	Hermens	18:44	2001
7	Kristal	Duerloo-Vance	19:05	2002
8	Clara	Duran	19:11	2018
9	Leah	Burkhardt	19:18	2005
10	Alyssa	Miller	19:21	2001

Girls' Varsity

1	Jessica	Neu	13:57	1999
2	Allie	Timbrell	14:17	2013
3	Marissa	D'Atri	14:28	2016
4	Samantha	Jones	14:37	2002
5	Jewelz	Andrews	14:38	2010
6	Nicole	Tria	14:55	2018
7	Tanya	Rosengren	15:03	2001
8	Lissa	Zamolo	15:03	2005
9	Beth	Mork	15:08	1999
10	Michaela	Nilson	15:09	2008

Castro Valley Invite Top 10 Times

B Frosh (2.1 miles)

1.	12:47	Luis Haefke	2011
2.	12:53	Michael Viano	2010
3.	12:56	Matt LoForte	2002
4.	13:27	Noa Nabeshima	2013
5.	13:28	Carson Edwards	2016
6.	13:39	John Reihlman (sp?)	2003
7.	13:49	Dylan Gregory	2014
8.	14:06	Wesley Dayton	2003
8.	14:06	Rob Wills	2003
10.	14:20	Christian Giannini	2010

BFS (2.1 miles)

1.	12:11	Mark Blattler	2006
2.	12:13	Carl Swanson	2004
3.	12:15	Eric Roberts	1999
3.	12:15	Matt LoForte	2003
5.	12:20	Michael Viano	2012
6.	12:21	Noa Nabeshima	2014
7.	12:39	Jesse Aston	2006
8.	12:51	Wesley Dayton	2004
9.	13:01	Ryan Gallardo	2006
10.	13:03	Robert Viano	2014

BJV (2.1 miles)

1.	13:48	Jerwin Woolridge	2001
2.	14:19	David Tendrick	2002
3.	14:31	Robert Brooks	1986
4.	14:55	Michael Thomas	1986
5.	15:05	Doug Halpern	2000
6.	15:15	Habib Kalfy	1986
7.	15:16	Roger Arello	1993
8.	15:17	Cristian Ruiz	2018
9.	15:24	Rafael Ayala	2012
10.	15:26	Shayan Mirzazadeh	2016

BV (3.0 miles)

1.	16:30	Matt LoForte	2004
2.	17:05	Evan Quigley	2010
3.	17:16	Michael Viano	2014
4.	17:26	Carl Swanson	2006
5.	17:34	Gusty Maat	1994
6.	17:39	Rick Riley	1994
7.	17:41	Mike Railton	2010
7.	17:41	Joel Timbrell	2012
9.	17:43	Carson Edwards	2018
10.	17:48	Noa Nabeshima	2015

GFS (2.1 miles)

1.	13:32	Amy Loper-Riley	1997
2.	14:13	Marissa D'Atri	2014
3.	14:25	Jessica Neu	1997
4.	14:27	Helene Hollidge	2011
5.	14:34	TanyaRosengren	2001
6.	14:42	Samantha Jones	2000
7.	14:49	Louise Dunn	2000
8.	14:58	Nicole Tria	2016
9.	14:59	Beth Mork	1999
10.	15:18	Kellie Stephens	2000

GJV (2.1 miles)

1.	16:48	Kim Baer	1999
2.	17:00	Meghan Kennedy	1986
3.	17:02	? Hughes	1995
4.	17:14	Sonia Cardinale	1986
5.	17:18	Dian Ortega	2000
6.	17:33	Whitney Shoemaker	2000
7.	17:38	Allison Cox	1999
8.	17:49	Pearla Lopez-Cardinale	2018
9.	17:50	Francesa Marietta	2011
10.	18:01	Skye McKinsey	2018

GV (3.0 miles)

1.	18:57	Amy Loper-Riley	1998
2.	19:13	Allie Timbrell	2013
3.	20:04	Nicole Tria	2018
4.	20:23	Jessica Neu	1998
5.	20:28	Marissa D'Atri	2015
6.	20:51	Jewelz Andrews	2010
7.	21:51	Erica Cardinale	2013
8.	22:17	Anna Taylor	2012
9.	22:37	Lindsay Lightsey	2002
10.	22:43	Beth Mork	2000

Mt. SAC RECORDS

Boys' Frosh

<u>1989</u>		
40	Steve Broyles	21:54
<u>1990</u>		
	Hyrum Ernstrom	20:57
	Tony Kauke	22:06
	Mike Helvey	26:27
<u>1992</u>		
9	Jarred Jensen	19:20
103	Mike Helvey	26:24
<u>1995</u>		
63	Daniel Sabatini	23:32
88	Brian Ching	25:34
<u>1997</u>		
8	Mitch Hodgson	18:30
<u>1998</u>		
70	Matt Nunes	24:38
77	Bryan Quinn	25:10
<u>1999</u>		
52	Ron Cruz	22:02
78	Brian Kearney	23:57
<u>2002</u>		
3	Matt Loforte	18:01
<u>2004</u>		
94	Chris Stone	23:30
<u>2005</u>		
10	Will Masterman	18:37
100	Jesse Thompson	22:29
115	Mason Walters	23:32
<u>2006</u>		
1	Mark Blattler	17:11
7	Jesse Aston	18:11
<u>2007</u>		
130	Mike Railton	25:48
<u>2008</u>		
5	Evan Quigley	17:58
113	Ian Schueller	22:29
227	Chris Sander	27:47
<u>2010</u>		
71	Logan Kent	20:01
<u>2011</u>		
5	Michael Viano	17:57
6	Luis Haefke	17:58
37	Christian Giannini	19:36
<u>2013</u>		
9	Noa Nabeshima	18:34
113	Jack Fuller	20:53
<u>2014</u>		
10	Dylan Gregory	18:43
<u>2015</u>		
39	Graham Manning	20:05
<u>2016</u>		
15	Carson Edwards (2M)	11:18
<u>2018</u>	<u>3rd</u>	<u>99:24</u>
2	Colby Thompson	18:07
6	Sam Rogers	18:41
32	Sam Dibetta	20:19
39	Nolin Searls	20:55
67	Aaron Manning	21:52

Top 10 B Frosh Times

1	Mark Blattler	17:11	2006
2	Michael Viano	17:57	2011
3	Evan Quigley	17:58	2008
3	Luis Haefke	17:58	2011

5	Matt Loforte	18:01	2002
<u>6</u>	<u>Colby Thompson</u>	<u>18:07</u>	<u>2018</u>
7	Jesse Aston	18:11	2006
8	Mitch Hodgson	18:39	1997
9	Noa Nabeshima	18:34	2013
10	Will Masterman	18:37	2005

Boys' Soph

<u>1987</u>		
2	Bill Scrambling	18:14
<u>1991</u>	<u>?</u>	<u>110:39</u>
8	Tony Kauke	19:43
18	Hyrum Ernstrom	21:18
30	Chad Edwards	22:58
34	Pardip Suti	23:21
50	Hardid Suti	25:19
<u>1992</u>		
31	Mark Stanley	19:49
45	Matt Lundberg	20:45
<u>1993</u>		
?	Mike Helvey	27:26
<u>1996</u>	<u>7th</u>	<u>106:48</u>
9	Brian Ching	18:42
23	Tom Hodgson	19:43
29	Daniel Sabatini	20:06
44	Sean Chambers	21:06
98	Matt Ross	27:41
<u>1997</u>		
6	Caleb Leisure	17:49
67	Rob Lawrence	21:44
<u>1998</u>		
66	Eric Webster	22:28
67	Jeff Drew	22:31
<u>1999</u>		
1	Eric Roberts	17:10
33	Brian Hansen	21:11
34	Matt Nunes	21:12
<u>2002</u>		
81	Davis, Jeremiah	21:01
96	Rodriguez, Chris	21:18
120	Luna, Steven	22:17
<u>2004</u>	<u>4th</u>	<u>93:51</u>
1	Swanson, Carl	16:56
9	Riehlman, John	17:55
21	Wills, Rob	18:23
20	Dayton, Wesley	18:28
108	Amini, Jian	22:09
114	Searles, Stephen	22:30
<u>2005</u>		
63	Mike Coniglio	21:43
70	Alex Henderson	22:10
<u>2006</u>		
45	Aaron Ford	20:01
47	Will Masterson	20:06
110	Jesse Thompson	22:22
153	Mason Walters	24:38
<u>2007</u>		
1	Mark Blattler	16:36
3	Jesse Aston	17:49
128	Andrew Lejano	23:50
<u>2009</u>	<u>12th</u>	<u>101:01</u>
1	Harrison Hollige	16:52
35	Evan Quigley	19:02
59	Conner Bell	20:38
115	Kevin Limjoco	24:22
122	Kevin Bays	25:07
<u>2011</u>		
18	Logan Kent	18:02
<u>2012</u>		
14	Michael Viano	17:42
64	Christian Giannini	19:36

<u>2013</u>		
1	Noa Nabeshima	17:23
11	Robert Viano	18:15
27	Trevor Oliviera-Smtih	19:09
33	Connor Hayes	19:18
<u>2015</u>		
10	Dylan Gregory	18:09
<u>2016</u>		
19	Graham Manning (2M)	11:23
<u>2017</u>		
4	Carson Edwards	17:28

Top 10 B Soph Times

1	Mark Blattler	16:36	2007
2	Harrison Hollige	16:52	2009
3	Carl Swanson	16:56	2004
4	Eric Roberts	17:10	1999
5	Noa Nabeshima	17:23	2013
6	Carson Edwards	17:28	2017
7	Michael Viano	17:42	2012
8	Jesse Aston	17:49	2007
8	Caleb Leisure	17:49	1997
10	John Rielhman	17:55	2004

Boys' JV

<u>1989</u>		
62	Dave Loza	21:12
72	Clint Baggerly	21:47
<u>1992</u>		
55	Roger Aiello	20:50
110	Chris Heinen	22:53
<u>1993</u>		
50	Matt Lundberg	21:39
63	Roger Aiello	22:16
130	Alex Cordero	28:36
<u>1995</u>		
73	David Le Gar	23:54
76	Justin Landon	24:02
88	Greg Ferguson	27:56
<u>1996</u>		
34	Alex James	19:40
38	Scott Fukumoto	19:51
54	Justin Landon	20:21
131	Garrett Henderson	25:59
<u>1998</u>		
41	Joe Cruz	21:25
45	Randv Fukumoto	21:35
70	Nathan Hermens	22:53
<u>2001</u>	<u>5th</u>	<u>102:29</u>
6	Randy Johnson	18:51
8	Jerwin Woolridge	18:58
23	Tim Oldenkamp	19:52
63	Allen Shaw	22:38
64	Aaron West	22:40
67	Sam Jackson	23:14
<u>2004</u>		
62	Eddie Roth	19:53
<u>2005</u>	<u>15th</u>	<u>103:00</u>
44	Eddie Roth	19:41
56	Jordan Runyan	19:59
110	Tyler Johnson	21:02
113	Stephen Searles	21:05
118	Jian Amini	21:13
<u>2006</u>		
123	Nick Johanson	n.t.
<u>2007</u>		
194	Nick Johanson	27:02
<u>2008</u>		
37	Jake Patterson	20:08
40	Zac March	20:12

102	Tony Avila	22:24
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Top 10 BJV Times

1	Randy Johnson	18:51	2001
2	Jerwin Woolridge	18:58	2001
3	Alex James	19:40	1996
3	Eddie Roth	19:41	2005
5	Scott Fukumoto	19:51	1996
6	Tim Oldenkamp	19:52	2001
7	Jordan Runyan	19:59	2005
8	Jake Patterson	20:08	2008
9	Zac March	20:12	2008
10	Justin Landon	20:21	1996

Boys' Varsity

<u>1987</u>		
15	Scott Lepak	17:40
23	Vince Hudson	17:45
<u>1988</u>	<u>2nd</u>	<u>89:41</u>
5	Ben Williams	17:36
10	Rich Duchene	18:06
16	Bill Shrambling	18:14
20	Rene Alvarado	18:29
37	Vince Hudson	19:15
52	Mike Thomas	19:54
<u>1989</u>	<u>7th</u>	<u>96:12</u>
3	Ben Williams	16:53
32	Ed Broyles	18:52
42	Mike Thomas	19:14
55	Sean Winters	19:48
68	Matt Kiyoi	21:28
69	Mike Zichichi	21:30
<u>1991</u>		
?	Dave Flynn	17:44
<u>1992</u>	<u>?</u>	<u>95:07</u>
18	Hyrum Ernstrom	17:41
30	Toney Kauke	18:05
75	Pardip Suti	19:16
81	Jonathan Chan	19:23
120	Chad Edwards	20:42
<u>1993</u>	<u>2nd</u>	<u>94:01</u>
4	Tony Kauke	17:24
11	Gusty Maat	17:48
33	Jerrad Jensen	19:14
48	Hyrum Ernstrom	19:54
51	Alec Clausen	19:50
76	Mark Stanley	20:32
?	Steve Broyles	?
<u>1994</u>	<u>2nd</u>	<u>90:03</u>
4	Gusty Matt	16:49
12	Rick Riley	17:26
13	Leroy Fischer	17:29
27	Jerrad Jensen	18:23
?	Matt Lunberg	19:56
?	Brian Martin	19:58
?	Anthony Chavez	?
<u>1995</u>	<u>?</u>	<u>94:54</u>
?	Aaron Gardiner	17:52
?	Rick Riley	18:11
?	Jerrad Jensen	?
?	Brian Martin	?
?	Bryan Godwin	?
?	Daniel Sabatini	23:32
?	Brian Ching	25:34
<u>1996</u>		
7	Rick Riley	16:57
<u>1997</u>		
27	Scott Fukumoto	18:21
29	Bob Lawrence	18:22
55	Sean Chambers	18:59
57	Daniel Sabatini	19:01

1998	7th	96:21
19	Caleb Leisure	18:18
33	Sean Chambers	19:02
36	Daniel Sabatini	19:07
63	Rob Lawrence	19:45
79	Mitch Hodgson	20:08
1999	14th	99:01
27	Caleb Leisure	18:36
30	Mitch Hodgson	18:44
89	Eric Webster	19:59
91	Jeff Drew	20:02
151	Charlie Curtis	22:00
2001	9th	88:44
6	Eric Roberts	15:55
53	Brian Kearny	17:57
59	Paul Holland	18:14
60	Luke Hodgson	18:16
62	Zach Hughes	18:22
66	Chris Calasahan	18:36
68	Brian Hanson	18:51
2002	18th	92:31
54	Hodgson, Luke	17:50
73	Holland, Paul	18:12
79	Johnson, Randy	18:16
111	Schawel, Adam	18:57
125	Kearney, Brian	19:16
134	Oldenkamp, Tim	19:40
2004		
1	Loforte, Matt	15:49
94	Veasey, Robert	19:02
2005	10th	89:29
7	Carl Swanson	16:30
12	Matt LoForte	16:48
82	John Riehlman	18:15
84	Rob Wills	18:16
146	Robert Veasey	19:40
152	Wesley Dayton	19:55
2006	21st	96:11
3	Carl Swanson	16:29
62	Rob Wills	18:13
121	John Riehlman	19:19
151	Wesley Dayton	20:17
172	Jian Amini	21:53
177	Stephen Searles	22:35
2007		
28	Ryan Gallardo	17:49
87	Aaron Ford	19:10
2008	14th	91:42
17	Jesse Aston	17:13
67	Aaron Ford	18:14
81	Andrew Lejano	18:32
88	Mike Railton	18:44
102	Mark Blattler	18:59
2009		
24	Mike Railton	17:30
88	Jake Patterson	19:43
2010		
3	Evan Quigley	15:57
16	Mike Railton	16:45
30	Harrison Hollidge	17:12
76	Connor Bell	18:13
2011	11th	92:31
9	Evan Quigley	16:15
43	Joel Timbrell	17:24
50	Conner Bell	17:34
104	Connor Francis	19:15
142	Emmett Francis	22:03
2012		
10	Joel Timbrell	16:49
48	Logan Kent	17:58
2013		
11	Michael Viano	16:53

71	Christian Giannini	18:59
130	Samuel Francis	23:06
2014		
10	Michael Viano	16:52
47	Aaron Brinkman	18:17
93	Sean Walker	20:15
2015		
18	Noa Nabeshima	17:24
31	Connor Hayes	17:51
35	Robert Viano	18:04
57	Luis Garcia	18:57
2016		
17	Conner Hayes	18:10
42	Robert Viano	19:12
53	Dylan Gregory	19:23
2017		
109	Dylan Gregory	18:46
134	Graham Manning	19:33
149	Jason Morgan	20:15
2018		
11	Carson Edwards	16:57
68	Graham Manning	19:04
93	Delano Roderick	19:51
125	Ryan McCauley	22:03

Top 10 BV Times

1	Matt LoForte	15:49	2004
2	Eric Roberts	15:55	2001
3	Evan Quigley	15:57	2010
4	Carl Swanson	16:29	2006
5	Mike Railton	16:45	2010
6	Joel Timbrell	16:49	2012
7	Gusty Matt	16:49	1994
8	Michael Viano	16:52	2014
9	Ben Williams	16:53	1989
10	Rick Riley	16:57	1996
10	Carson Edwards	16:57	2018

G Frosh

1994		
7	Sky Gliatto	22:35
1996	9th	128:04
1	Amy Loper-Riley	20:17
60	Heather Stephens	25:28
81	Poonam Walia	26:48
87	Margot Mikeleonis	26:59
105	Rachel Walker	28:33
1997		
61	Stephanie Kendall	28:01
74	Evelyn Kearny	29:08
1998		
67	Whitney Shoemaker	28:50
1999		
27	Samatha Jones	24:16
40	Kellie Stephens	25:08
108	Desiree Stogsdell	32:29
2001		
10	Shannon Manuel	22:33
41	Alyssa Andrews	24:31
58	Ashley Borman	25:24
2004		
157	Kellie Baumgartner	29:27
2005		
54	Tisha Nichols	25:01
2006		
84	Carolyn Herbert	29:04
2007		
23	Jewelz Andrews	23:29
118	Sammy Parker	27:47
2008		
44	Holly Vienna	26:10

2010		
88	Ariana Jorgenson	25:27
2011		
2	Helene Hollidge	20:05
2013		
47	Erica Cardinale	24:11
2015		
6	Nicole Tria	21:44
2018		
50	Skye McKinsey	25:34
52	Pearla Lopez-Cardinale	25:43

Top 10 G Frosh Times

1	Helene Hollidge	20:05	2011
2	Amy Loper-Riley	20:17	1996
3	Nicole Tria	21:44	2015
4	Shannon Manuel	22:33	2001
5	Sky Gliatto	22:35	1994
6	Jewelz Andrews	23:29	2007
7	Erica Cardinale	24:11	2013
8	Samatha Jones	24:16	1999
9	Alyssa Andrews	24:31	2001
10	Tisha Nichols	25:01	2005

G Soph

1987		
7	Kristen Griffen	22:11
1989		
34	Sarah Moore	24:14
51	Heather Chorley	25:48
53	Thiley Lama	25:58
59	Amanda Volker	26:32
1991		
21	Sheanne Saused	25:55
60	Nicole Gemma	29:42
1992	4th	136:43
4	Michele Carter	22:31
13	Carla Webster	23:44
48	Nikki Gemma	26:11
53	Kedie Scales	27:01
60	Anna Splitter	37:16
1993		
18	Anna Raymond	26:56
1995		
3	Sky Gliatto	21:54
90	Jenny Hughes	29:24
94	Kelly Minor	30:00
1996		
3	Laura Johnson	22:02
1997		
1	Amy Loper-Riley	19:57
20	Heather Stephens	23:21
1998		
43	Stephanie Kendall	26:24
1999		
46	Whitney Shoemaker	25:50
2002		
9	Zamora, Maria	22:03
12	Borman, Ashley	22:36
17	Andrews, Alyssa	23:15
2004	5th	117:15
13	Elizabeth Gorrell	22:09
18	Patricia Morales	22:27
22	Sophia Snavely	22:47
37	Julia Baaten	23:22
105	Adriana Conti	26:30
122	Kaylie Osmunson	27:00
123	Annie Leary	27:03
129	Janae Velarga	27:42
2005		

21	Nicole Sylvia	22:24
39	Hayley Swanson	23:41
78	Carrie Jones	25:32
147	Kellie Baumgartner	29:51
2006		
19	Meredith Salazar	23:12
25	Tisha Nichols	23:36
59	Jordan Wright	25:19
157	Kathryn Bumala	n.t.
2007		
33	Michaela Nilson	24:18
2008		
6	Savannah Wadsworth	22:50
27	Peyton Herbert	24:56
2009		
23	Lauren Suniga	24:08
65	Meagan Yoeno	27:16
2010		
28	Danielle Osborne	22:18
95	Francesca Marietti	25:49
128	Tricia Hakenewerth	28:16
2013	9th	129:07
29	Kate Rogers	23:39
32	Catherine Stites	23:50
43	Melissa Guevara	24:46
83	Emmali Todd	27:49
98	Kiersten Soza	29:03
2016		
8	Nicole Tria (2M)	12:30

Top 10 G Soph Times

1	Tanya Rosengren	20:03	2001
2	Sky Gliatto	21:54	1995
3	Laura Johnson	22:02	1996
4	Maria Zamora	22:03	2002
5	Elizabeth Gorrell	22:09	2004
6	Kristen Griffen	22:11	1987
7	Danielle Osborne	22:18	2010
8	Nicole Sylvia	22:24	2005
9	Patricia Morales	22:27	2004
10	Michele Carter	22:31	1992

GJV

1992		
39	Beth Rudiger	26:54
1993		
41	Beth Rudiger	28:51
1999		
25	Stephanie Kendall	25:33
2001	10th	125:15
15	Sarah West	24:24
99	Katie Hermans	27:16
100	Alyssa Miller	27:17
101	Megan Keith	27:18
165	Erica Nelson	30:00
2005	16th	139:05
104	Janae Valerga	27:19
115	Kathryn Wallace	27:50
117	S. El Mossalamy	27:54
118	Courtney McBride	27:55
121	Annie Leary	28:07
123	Kaylie Osmunson	28:28
2006		
130	S. El Mossalamy	n.t.
2007		
89	Kellie Baumgartner	29:35
121	Kathryn Bumala	34:04

Top 10 GJV Times

1	Sarah West	24:24	2001
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2	Stephanie Kendall	25:33	1999
3	Beth Rudiger	26:54	1992
4	J Katie Hermans	27:16	2001
5	Alyssa Miller	27:17	2001
6	Megan Keith	27:18	2001
7	Janae Valerga	27:19	2005
8	Kathryn Wallace	27:50	2005
9	S. El Mossalamy	27:54	2005
10	Courtney McBride	27:55	2005

105	Allison Cox	24:21
<u>2001</u>	<u>1st</u>	<u>107:24</u>
3	Tanya Rosengren	20:03
11	Beth Mork	21:15
17	Kellie Stephens	21:52
21	Samantha Jones	22:04
23	Lindsey Lightsey	22:06
39	Whitney Shoemaker	23:01
<u>2002</u>	<u>2nd</u>	<u>101:36</u>
3	Samantha Jones	19:27
13	Kellie Stephens	20:18
16	Tanya Rosengren	20:24
19	Shannon Manuel	20:37
24	Lindsay Lightsey	20:50
69	Stacy Klotovich	22:29

2	Marissa D'Atri	19:14
9	Nicole Tria	20:29
<u>2018</u>		
2	Nicole Tria	19:31

115:43	2005
120:33	2011
120:56	2012
121:54	1996
122:02	1988
123:09	1991

GV

<u>1986</u>	Jenny Lawrence	22:59
<u>1987</u>		
13	Stacie Brunton	20:33
15	Janelle Corbyn	20:43
?	Karna Johnson	23:55
?	Sarah Moore	24:14
<u>1988</u>	<u>4th</u>	<u>122:02</u>
7	Jenny Lawrence	22:47
18	Jenna Howard	23:55
20	Shoni Brunton	24:14
31	Karna Johnson	24:59
42	Aimee Cotton	26:07
46	Janet Grimes	26:45
<u>1989</u>	<u>2nd</u>	<u>113:58</u>
5	Jenny Lawrence	21:09
12	Karna Johnson	22:13
15	Liz Ferrara	22:28
16	Christa Johnson	22:37
51	Aimee Cotton	25:31
52	Stacey Haynes	25:32
<u>1991</u>	<u>?</u>	<u>123:09</u>
16	Molly McNerry	22:37
25	Staci Hayes	24:54
30	Liz Ferrara	25:09
37	Beth Haynes	25:30
39	Stephanie ?	25:35
42	Michele Carter	25:46
74	Sarah ?	28:42
<u>1992</u>		
92	Beth Haynes	23:39
<u>1993</u>		
22	Carla Webster	22:39
<u>1994</u>		
28	Carla Webster	22:31
<u>1995</u>		
95	Tiffany Rawlinson	27:34
<u>1996</u>		<u>121:54</u>
22	Sky Gliatto	21:57
67	Sara DeLeon	24:12
89	Kelly Minor	n.t.
<u>1997</u>		
13	Sky Gliatto	21:38
28	Laura Johnson	23:04
78	Kelly Minor	26:42
<u>1998</u>	<u>5th</u>	<u>111:43</u>
1	Amy Loper-Riley	18:36
11	Jessica Neu	21:05
33	Beth Mork	23:14
44	Jenny O'Dell	23:48
65	Heather Stephens	24:58
73	Laura Johnson	25:25
80	Kim Baer	26:06
<u>1999</u>	<u>9th</u>	<u>107:02</u>
3	Jessica Neu	19:22
29	Amy Loper-Riley	20:55
39	Rebecca Zamolo	21:10
45	Beth Mork	21:19
103	Heather Stephens	24:16
104	Kim Baer	24:20

8	Shannon Manuel	21:10
52	Nora Pallota	23:33
62	Alyssa Andrews	23:56
<u>2005</u>	<u>12th</u>	<u>115:43</u>
12	Lissa Zamolo	20:56
55	Elizabeth Gorrell	22:43
66	Patty Morales	23:12
89	Nora Pallotta	24:17
97	Rachel Aston	24:45
<u>2006</u>		
128	Sophia Snavelly	24:52
136	Elizabeth Gorrell	25:27
156	Annie Leary	n.t.
157	Caylie Osmunson	n.t.
<u>2007</u>		
79	Tisha Nichols	23:33
120	Christina Eck	25:51
121	Jordan Wight	25:54
<u>2008</u>	<u>3rd</u>	<u>108:59</u>
3	Sammy Parker	20:19
8	Christian Sweeney	20:28
11	Michaela Nielson	21:03
50	Kiana Fukumoto	23:20
60	Jordan Wright	23:49
98	Carolyn Herbert	26:22
<u>2009</u>		
14	Michaela Nielson	21:32
21	Jewelz Andrews	22:17
40	Savannah Wadsworth	23:17
<u>2010</u>		
3	Jewelz Andrews	19:13
<u>2011</u>	<u>15th</u>	<u>120:33</u>
73	Danielle Osborne	22:53
80	Gina Wood	23:02
105	Francesca Marietti	24:49
107	Ariana Jorgensen	24:53
108	Kay Bromley	24:53
126	Crystal Dinh	28:48
128	Tricia Haenworth	30:55
<u>2012</u>	<u>11</u>	<u>120:56</u>
37	Danielle Osborne	22:23
49	Crystal Dinh	23:06
62	Francesca Marietti	23:56
84	Kay Bromley	25:21
89	Elicia Guerra	26:10
<u>2013</u>		
2	Allie Timbrell	18:17
106	Elicia Guerra	24:41
<u>2015</u>		
66	Erica Cardinale	23:39
87	Catherine Stites	24:50
102	Melissa Gueverra	27:10
107	Katie Rogers	27:51
<u>2016</u>		
17	Erica Cardinale	21:49
<u>2017</u>		

Top 10 GV Times

1	Allie Timbrell	18:17	2013
2	Amy Loper-Riley	18:36	1998
3	Jewelz Andrews	19:13	2010
4	Marissa D'Atri	19:14	2017
5	Samantha Jones	19:27	2002
6	Nicole Tria	19:31	2017
7	Kellie Stephens	20:18	2002
8	Sammy Parker	20:19	2008
9	Tanya Rosengren	20:24	2002
10	Christian Sweeney	20:28	2008

Top Team Times

<u>B Frosh</u>	99:24	2018
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B Soph

93:51	2004
101:01	2009
110:39	1991
106:48	1996

BJV

102:29	2001
103:00	2005

BV

88:44	2001
89:29	2005
89:41	1988
90:03	1994
91:42	2008
92:31	2002
92:31	2011
94:01	1993
94:54	1995
95:07	1992
96:11	2006
96:12	1989
96:21	1998
99:01	1999

G Frosh

128:04	1996
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G Soph

117:15	2004
129:07	2013

GJV

125:15	2001
139:05	2005

GV

101:36	2002
107:02	1999
107:24	2001
108:59	2008
111:43	1998
113:58	1989

Hayward HS NCS History

Girls' Teams

1987 (9th place, 245 pts) 114:09	2007 (8th place, 221 pts) 1:44:18	2015 (16th place, 367 pts) 1:49:25	64 Rob Wills 17:53
9. Janelle Corbyn 20:04	7 Jewelz Andrews 18:54	7 Marissa D'Atri 18:21.8	89 Robert Veasey 18:47
11. Stace Brunton 20:13	24 Michaela Nilson 19:52	59 Erica Cardinale 20:47.2	99 John Riehlman 19:38
84 Kristen Griffen 21:17	27 Samantha Parker 20:00	96 Catherine Stites 22:50.6	
105 Aimee Cotton 26:03	77 Jordan Wight 21:57	103 Isa Mendoza 23:26.3	2005 (9th place, 203 pts) 1:26:00
107 Tessa Cordova 26:32	98 Christina Eck 23:35	109 Melissa Guevara 23:58.8	8 Matt Loforte 16:04
109 Janet Grimes 26:57	102 Haley Swanson 23:49	110 Kate Rogers 24:09.0	11 Carl Swanson 16:09
	113 Kelli Baumgartner 24:46		49 Rob Wills 17:21
		2016 incomplete	66 John Riehlman 18:00
1999 (5th place, 123 pts) 1:44:25	2008 (8th place, 190 pts) 1:41:36	2 Marissa D'atr 17:54	78 Robert Veasey 18:26
2 Jessica Neu 19:15	8 Jewelz Andrews 18:50	28 Nicole Tria 19:30	80 Will Masterman 18:33
10 Amy Loper-Riley 20:13	34 Samantha Parker 20:08	41 Erica Cardinale 20:07	93 Virgil Smith 19:29
36 Rebecca Zamolo 21:25	37 Michaela Nilson 20:12	99 Isa Mendoza 22:45	
39 Beth Mork 21:37	52 Meagan Yoeono 20:58		2006 (7th place, 208 pts) 1:25:54
49 Samantha Jones 21:55	63 Christian Sweeney 21:28	2017 incomplete	11 Carl Swanson 16:10
64 Kellie Stephens 22:27	65 Jordan Wight 21:32	2 Marissa D'Atri 18:08	41 Jesse Aston 17:12
99 Heather Stephens 23:30	70 Carlynn Herbert 21:43	19 Nicole Tria 19:44	46 Ryan Gallardo 17:23
			54 Rob Wills 17:33
2000 Ukiah	2009 (9th place, 246 pts) 1:43:13	2018 race cancelled poor air quality	56 Mark Blattler 17:36
	28 Jewelz Andrews 19:38		83 Will Masterman 18:22
2001 (4th place, 144 pts) 1:42:36	35 Lauren Suniga 19:48		96 John Riehlman 19:02
9 Tanya Rosengren 19:10	37 Michaela Nilson 19:49		
28 Samantha Jones 20:25	60 S. Wadsworth 21:03	Boys' Teams	2007 (13th place, 343 pts) 1:28:36
33 Kellie Stephens 20:40	89 Ana Mendoza 22:55	1987 (8th place, 219 pts) 86:46	6 Mark Blattler 15:37
41 Beth Mork 20:56	100 Divine Adesida 23:59	24. Scott Lepak 16:47	31 Ryan Gallardo 16:34
48 Lindsay Lightsey 21:25	101 Meagan Yoeono 24:00	36. Bill Shrambling 17:01	91 Aaron Ford 18:21
63 Shannon Manuel 22:02		60. Vince Hudson 17:29	103 Jesse Aston 18:43
78 Whitney Shoemaker 22:39	2010 (15th place, 375 pts) 1:47:20	61. Ben Williams 17:29	115 Mike Railton 19:21
	5 Jewelz Andrews 18:39	85 Tim Aiello 18:00	130 Derek Lopez 21:11
2002 (4th place, 132 pts) 1:40:29	84 Lauren Suniga 21:52	112. Ian Vojvoda 18:52	
5 Samantha Jones 18:57	93 Ana Mendoza 22:04	124 Scott Daniels 19:21	2008 (12th place, 284 pts) 1:24:38
23 Tanya Rosengren 19:59	95 Anna Taylor 22:07		25 Mark Blattler 16:05
33 Lindsay Lightsey 20:24	102 Danielle Osborne 22:38	1999 (14th place, 390 pts) 1:35:11	46 Evan Quigley 16:42
34 Shannon Manuel 20:31	118 Gina Wood 23:34	9 Eric Roberts 16:58	52 Aaron Ford 16:55
37 Maria Zamora 20:38		58 Caleb Leisure 18:30	74 Jesse Aston 17:19
52 Kellie Stephens 21:03	2011 (12th place, 281 pts) 1:42:02	106 Peter Holland 19:45	88 Mike Railton 17:37
68 Ashley Borman 21:43	40 Helene Hollidge 19:45	114 Brian Hanson 19:56	94 Andrew Lejano 17:49
2003 Ukiah	48 Allie Timber 20:05	116 Eric Webster 20:02	118 Zac March 18:39
	59 Anna Taylor 20:30	125 Mitch Hodgson 20:14	
2004 (13th place, 326 pts) 1:48:57	62 C. Ferrel 20:33	134 Matt Nunes 20:30	2009 (6th place, 169 pts) 1:21:36
57 Shannon Manuel 21:30	74 Gina Wood 21:09		5 Jesse Aston 15:38
59 Elizabeth Gorrell 21:31	76 Danielle Osborne 21:17	2000 Ukiah	25 Mike Railton 16:12
64 Jennifer Winters 21:41	98 Crystal Dinh 22:16	2001 (10th place, 244 pts) 1:26:41	37 Mark Blattler 16:24
68 Patty Morales 21:48		5 Eric Roberts 15:56	49 Evan Quigley 16:40
80 Nora Pallotta 22:27	2012 (14th place, 392 pts) 1:55:49	53 Luke Hodgson 17:31	53 Harrison Hollidge 16:42
82 Sophia Snavely 22:44	57 Danielle Osborne 21:35	59 Brian Kearney 17:37	66 Zac March 17:02
2005 (12th place, 299 pts) 1:49:21	74 Anna Taylor 22:36	66 Paul Holland 17:45	90 Andrew Lejano 17:34
39 Lissa Zamolo 20:30	80 Crystal Dinh 22:43	73 Zack Hughes 17:52	
60 Nicole Sylvia 21:47	94 Francesca Marietti 23:58	78 Chris Calasahan 17:54	2010 (13th place, 356 pts) 1:27:18
65 Elizabeth Gorrell 21:56	104 Elicia Guerra 24:57	94 Brian Hanson 18:21	15 Evan Quigley 16:01
73 Haley Swanson 22:23	108 Ariana Jorgensen 26:08		62 Mike Railton 17:08
77 Sophia Snavely 22:45		2002 (15th place, 399 pts) 1:31:13	77 Joel Timbrell 17:25
78 Jordan Wight 22:50	2013 incomplete	68 Luke Hodgson 17:47	79 Harrison Hollidge 17:29
81 Nora Pallotta 23:05	6 Allie Timbrell 18:11	71 Matt Loforte 17:52	123 Conner Bell 19:15
2006 (13th place, 325 pts) 1:50:08	88 Olivia Mendoza 23:20	81 Paul Holland 18:14	131 Connor Francis 19:33
49 Meredith Salazaar 21:01	103 Elicia Guerrara 25:32	90 Adam Schawel 18:23	133 Mitchell Maisel 19:41
52 Michaela Nilson 21:02		102 Brian Kearney 18:57	
76 Jordan Wight 22:06	2014 (12th place, 299 pts) 1:52:15	109 Tim Oldenkamp 19:29	2011 (12th place, 333 pts) 1:25:25
82 Nicole Sylvia 22:25	8 Allie Timbrell 18:45	116 Randy Johnson 20:05	43 Evan Quigley 16:31
92 Carlynn Herbert 23:34	56 Erica Cardinale 21:43		47 Joel Timbrell 16:39
95 Haley Swanson 23:48	77 Olivia Mendoza 23:41	2003 Ukiah	70 Luis Haefke 17:10
97 Annie Leary 24:05	80 Melissa Guevara 23:58	2004 (10th place, 251 pts) 1:27:18	84 Logan Kent 17:28
	84 Kate Rogers 24:08	34 Matt Loforte 16:55	89 Michael Viano 17:37
	88 Catherine Stites 24:30	36 Carl Swanson 16:55	95 Conner Bell 17:56
	107 Kiersten Soza 29:33	58 James Blattler 17:44	112 Connor Francis 18:32
		62 Wesley Dayton 17:51	

2012 (11th place, 321 pts) 1:31:32
41 Joel Timbrell 17:23
46 Michael Viano 17:35
65 Logan Kent 18:20
79 Christian Giannini 18:50
93 Connor Francis 19:24
100 Kevin Kylo 19:50
120 Emmet Francis 20:54

2013 (17th place, 434 pts) 1:32:32
49 Michael Viano 17:03
74 Peter Beck 17:57
91 Calvin Roth 18:32
106 Christian Giannini 18:57
127 Sean Walker 20:03
139 Sam Francis 21:25

2014 (7th place, 242 pts) 1:28:45
13 Michael Viano 16:25
40 Noa Nabeshima 17:28
51 Robert Viano 17:51
56 Connor Hayes 18:00
87 Sean Walker 19:01

2015 (11th place, 311 pts) 1:26:56
46 Connor Hayes 16:57.5
60 Noa Nabeshima 17:19.2
63 Robert Viano 17:24.9
67 Dylan Gregory 17:31.9
75 Trevor Oliveira 17:42.3
89 Luis Garcia 18:12.1

2016 (10th place, 292 pts) 1:25:37
35 Connor Hayes 16:41.0
47 Trevor Oliveira 17:00.0
54 Robert Viano 17:06.6
71 Carson Edwards 17:15.6
85 Noa Nabeshima 17:33.3
95 Graham Manning 17:56.2
100 Gabe Winslow 18:08.6

2017 (15th place, 400 pts) 1:31:16
34 Carson Edwards 17:05.5
55 Alan Kobylak 17:23.3
75 Dylan Gregory 18:00.6
110 Graham Manning 18:54.4
137 Jason Morgan 19:51.8

2018 race cancelled poor air
quality

State Meet Records

Boys

1987	no entry		
1988	no entry		
1989	no entry		
1990	no entry		
1991	no entry		
1992	no entry		
1993	no entry		
1994	no entry		
1995	no entry		
1996	no entry		
1997	no entry		
1998	no entry		
1999	<u>D-IV</u>		
	58.	10 Eric Roberts	17:02
2000	<u>D-IV</u>		
	28.	11 Eric Roberts	16:23
2001	<u>D-IV</u>		
	11.	12 Eric Roberts	16:24
2002	no entry		
2003	no entry		
2004	no entry		
2005	<u>D-III</u>		
	76.	11 Carl Swanson	16:49
	105.	12 Matt LoForte	17:13
2006	no entry		
2007	<u>D-III</u>		
	92.	10 Mark Blattler	17:03
2008	no entry		
2009	<u>D-III</u>		
	64.	12 Jesse Aston	16:26
2010	no entry		
2011	no entry		
2012	no entry		
2013	no entry		
2014	<u>D-III</u>		
	164.	12 Michael Viano	17:35
2015	no entry		
2016	no entry		
2017	no entry		

Top 10 Boys:

1	11	Eric Roberts	16:23	2000
2	12	Jesse Aston	16:26	2009
3	11	Carl Swanson	16:49	2005
4	10	Mark Blattler	17:03	2007
5	12	Matt Loforte	17:13	2005
6	12	Michael Viano	17:35	2014
7				
8				
9				
10				

Girls:

1987	no entry		
1988	no entry		
1989	no entry		
1990	<u>D-IV</u>	14th of 16 (329 pts)	111:39
	83.	Jenny Lawrence	22:05
	86.	Holly McNerney	22:13
	93.	Kristina Free	22:26
	97.	Stacey Haynes	22:37
	98.	Karna Johnson	22:38
	106.	Liz Ferrara	22:51
	130.	Christa Johnson	24:09
1991	no entry		
1992	no entry		
1993	no entry		
1994	no entry		
1995	no entry		
1996	<u>D-I</u>		
	70.	9 Amy Loper-Riley	20:13
1997	<u>D-I</u>		
	55.	10 Amy Loper-Riley	19:38
1998	<u>D-IV</u>		
	3.	11 Amy Loper-Riley	18:57
	10.	11 Jessica Neu	19:21
1999	<u>D-IV</u>		
	11.	12 Jessica Neu	19:08
2000	no entry		
2001	<u>D-IV</u>	12th of 17 (293 pts.)	107:10
	61.	10 Tanya Rosengren	20:49
	66.	11 Samantha Jones	20:56
	86.	10 Lindsay Lightsey	21:35
	87.	11 Kellie Stephens	21:35
	114.	9 Shannon Manuel	22:15
	128.	12 Whitney Shoemaker	23:42
2002	<u>D-III</u>	22nd of 23 (492 points)	105:01
	52.	12 Samantha Jones	19:45
	137.	10 Shannon Manuel	21:10
	138.	11 Lindsay Lightsey	21:11
	140.	10 Maria Zamora	21:13
	159.	11 Tanya Rosengren	21:42
	161.	12 Kellie Stephens	21:43
	187.	10 Ashley Borman	23:20
2003	no entry		
2004	no entry		
2005	no entry		
2006	no entry		
2007	<u>D-III</u>		
	30.	9 Jewelz Andrews	19:17
2008	<u>D-III</u>		
	45.	10 Jewelz Andrews	19:23
2009	no entry		
2010	<u>D-III</u>		
	38.	12 Jewelz Andrews	19:01
2011	no entry		
2012	no entry		
2013	<u>D-III</u>		
	26.	11 Allie Timbrell	18:56
2014	<u>D-III</u>		
	14.	12 Allie Timbrell	18:30
2015	<u>D-III</u>		
	47.	10 Marissa D'Atri	18:55
2016	<u>D-IV</u>		
	11.	11 Marissa D'Atri	18:35
2017	<u>D-IV</u>		
	11.	12 Marissa D'Atri	18:42
2018	<u>D-IV</u>		
	48.	12 Nicole Tria	19:32

Top 10 Girls:

1	12	Allie Timbrell	18:30	2014
2	11	Marissa D'Atri	18:35	2016
3	11	Amy Loper-Riley	18:57	1998
4	12	Jewelz Andrews	19:01	2010
5	12	Jessica Neu	19:08	1999
6	12	Nicole Tria	19:32	2018
7	12	Samantha Jones	19:45	2002
8	10	Tanya Rosengren	20:49	2001
9	10	Shannon Manuel	21:10	2002
10	11	Lindsay Lightsey	21:11	2002

Hayward HS Course All-Time Boys' Lists

Overall

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Mark Blattler		15:37	2007	10	NCS
2	Jesse Aston		15:38	2009	12	NCS
3	Matt Loforte		15:41	2004	11	Farmers
4	Eric Roberts		15:56	2001	12	NCS
5	Evan Quigley		16:01	2010	11	NCS
6	Carl Swanson		16:09	2005	11	NCS
7	Mike Railton		16:12	2009	11	NCS
8	Michael Viano		16:25	2014	12	NCS
9	Ryan Gallardo		16:34	2007	11	NCS
10	Joel Timbrell		16:39	2011	11	NCS
11	Connor Hayes		16:41	2016	12	NCS
12	Harrison Hollidge		16:42	2009	10	NCS
13	Aaron Ford		16:55	2008	12	NCS
14	Trevor Oliveira-Smith		17:00	2016	12	NCS
15	Zac March		17:02	2009	12	NCS
16	Michael Viano		17:03	2013	11	NCS
17	Carson Edwards		17:05	2017	10	NCS
18	Luis Haefke		17:10	2011	9	NCS
19	Rob Wills		17:17	2006	12	Farmers
20	Noa Nabeshima		17:19	2015	11	NCS
21	James Blattler		17:21	2004	12	Farmers
22	Alan Kobylik		17:23	2017	11	NCS
23	Logan Kent		17:25	2011	10	Farmers
24	Luke Hodgson		17:31	2001	10	NCS
25	Dylan Gregory		17:31	2015	10	NCS
26	Andrew Lejano		17:34	2009	12	NCS
27	Brian Kearney		17:37	2001	11	NCS
28	Paul Holland		17:45	2001	10	NCS
29	John Riehlman		17:49	2004	10	Farmers
30	Wesley Dayton		17:51	2004	10	NCS
31	Zack Hughes		17:52	2001	12	NCS
32	Chris Calasahan		17:54	2001	12	NCS
33	Conner Bell		17:56	2011	12	NCS
34	Graham Manning		17:56	2016	11	NCS
35	Peter Beck		17:57	2013	12	NCS
36	Malik Major		17:59	2012	11	Farmers
37	Gabe Winslow		18:08	2016	12	NCS
38	Luis Garcia		18:12	2015	11	NCS
39	Christian Giannini		18:15	2012	10	Farmers
40	Brian Hanson		18:21	2001	12	NCS
41	Will Masterman		18:22	2006	10	NCS
42	Adam Schawel		18:23	2002	11	NCS
43	Robert Veasey		18:26	2005	12	NCS
44	Rich Burk		18:29	2005	?	Farmers
45	Caleb Leisure		18:30	1999	12	NCS
46	Connor Francis		18:32	2011	11	NCS
47	Calvin Roth		18:32	2013	12	NCS
48	Virgil Smith		18:41	2005	11	Farmers
49	Sean Walker		19:01	2014	12	NCS
50	Gabe Smith		19:21	2004	?	Farmers
51	Tim Oldenkamp		19:29	2002	12	NCS
52	Mitchell Maisel		19:41	2010	11	NCS
53	Kevin Kylo		19:44	2012	11	Farmers
54	Peter Holland		19:45	1999	11	NCS
55	Jake Patterson		19:46	2008	11	Farmers
56	Jason Morgan		19:51	2017	12	NCS
57	Eric Webster		20:02	1999	11	NCS
58	Sean Walker		20:03	2013	11	NCS
59	Randy Johnson		20:05	2002	12	NCS
60	Ari Amini		20:07	2011	11	Farmers
61	Mitch Hodgson		20:14	1999	11	NCS
62	Eddie Roth		20:16	2005	?	Farmers
63	Jordan Runyan		20:28	2005	?	Farmers
64	Matt Nunes		20:30	1999	11	NCS
65	Jian Amini		20:36	2005	?	Farmers

66	Matt Hammers		20:51	2005	?	Farmers
67	Emmet Francis		20:54	2012	12	NCS
68	Derek Lopez		21:11	2007	12	NCS
69	Sam Francis		21:25	2013	11	NCS
70	Tyler Johnson		22:19	2005	?	Farmers
71	Stephen Searles		22:43	2005	?	Farmers
72	Phillip Schwartz		23:17	2005	?	Farmers

Senior

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Jesse Aston		15:38	2009	12	NCS
2	Eric Roberts		15:56	2001	12	NCS
3	Matt Loforte		16:04	2005	12	NCS
4	Carl Swanson		16:10	2006	12	NCS
5	Michael Viano		16:25	2014	12	NCS
6	Mark Blattler		16:24	2009	12	NCS
7	Evan Quigley		16:31	2011	12	NCS
8	Connor Hayes		16:41	2015	12	NCS
9	Aaron Ford		16:55	2008	12	NCS
10	Joel Timbrell		16:58	2012	12	Farmers
11	Trevor Oliviera-Smith		17:00	2016	12	NCS
12	Zac March		17:02	2009	12	NCS
13	Robert Viano		17:06	2016	12	NCS
14	Mike Railton		17:08	2010	12	NCS
15	Rob Wills		17:17	2006	12	Farmers
16	James Blattler		17:21	2004	12	Farmers
17	Noa Nabeshima		17:33	2016	12	NCS
18	Andrew Lejano		17:34	2009	12	NCS
19	Zack Hughes		17:52	2001	12	NCS
20	Chris Calasahan		17:54	2001	12	NCS
21	Conner Bell		17:56	2011	12	NCS
22	Peter Beck		17:57	2013	12	NCS
23	Dylan Gregory		18:00	2017	12	NCS
24	Gabe Winslow		18:08	2017	12	NCS
25	Brian Hanson		18:21	2001	12	NCS
26	Robert Veasey		18:26	2005	12	NCS
27	John Riehlman		18:27	2006	12	Farmers
28	Caleb Leisure		18:30	1999	12	NCS
29	Calvin Roth		18:32	2013	12	NCS
30	Brian Kearney		18:57	2002	12	NCS
31	Virgil Smith		18:59	2006	12	Farmers
32	Sean Walker		19:01	2014	12	NCS
33	Connor Francis		19:24	2012	12	NCS
34	Wesley Dayton		19:58	2006	12	Farmers
35	Tim Oldenkamp		19:29	2002	12	NCS
36	Jason Morgan		19:51	2017	12	NCS
37	Randy Johnson		20:05	2002	12	NCS
38	Emmet Francis		20:54	2012	12	NCS
39	Derek Lopez		21:11	2007	12	NCS

Junior

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Matt Loforte		15:41	2004	11	Farmers
2	Evan Quigley		16:01	2010	11	NCS
3	Mark Blattler		16:05	2008	11	NCS
4	Carl Swanson		16:09	2005	11	NCS
5	Mike Railton		16:12	2009	11	NCS
6	Jesse Aston		16:24	2008	11	Farmers
7	Ryan Gallardo		16:34	2007	11	NCS
8	Joel Timbrell		16:39	2011	11	NCS
9	Connor Hayes		16:57	2015	11	NCS
10	Michael Viano		17:03	2013	11	NCS
11	Noa Nabeshima		17:19	2015	11	NCS
12	Rob Wills		17:21	2005	11	NCS
13	Alan Kobylik		17:23	2017	11	NCS
14	Robert Viano		17:24	2015	11	NCS
15	Harrison Hollidge		17:29	2010	11	NCS
16	Logan Kent		17:29	2012	11	Farmers
17	Brian Kearney		17:37	2001	11	NCS
18	Trevor Oliviera-Smith		17:42	2015	11	NCS

19	Luke	Hodgson	17:47	2002	11	NCS
20	Andrew	Lejano	17:49	2008	11	NCS
21	John	Riehlman	17:50	2005	11	Farmers
22	Malik	Major	17:59	2012	11	Farmers
23	Paul	Holland	18:14	2002	11	NCS
24	Aaron	Ford	18:21	2007	11	NCS
25	Adam	Schawel	18:23	2002	11	NCS
26	Connor	Francis	18:32	2011	11	NCS
27	Robert	Veasey	18:37	2004	11	Farmers
28	Zac	March	18:39	2008	11	NCS
29	Virgil	Smith	18:41	2005	11	Farmers
30	Graham	Manning	19:54	2017	11	NCS
31	Christian	Giannini	18:57	2013	11	NCS
32	Calvin	Roth	19:04	2012	11	Farmers
33	Conner	Bell	19:15	2010	11	NCS
34	Mitchell	Maisel	19:41	2010	11	NCS
35	Kevin	Kyllo	19:44	2012	11	Farmers
36	Peter	Holland	19:45	1999	11	NCS
37	Jake	Patterson	19:46	2008	11	Farmers
38	Eric	Webster	20:02	1999	11	NCS
39	Sean	Walker	20:03	2013	11	NCS
40	Ari	Amini	20:07	2011	11	Farmers
41	Wesley	Dayton	20:08	2005	11	Farmers
42	Matt	Nunes	20:30	1999	11	NCS
43	Mitch	Hodgson	20:14	1999	11	NCS
44	Sam	Francis	21:25	2013	11	NCS
45	Emmet	Francis	21:47	2011	11	Farmers

Soph

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Mark	Blattler	15:37	2007	10	NCS
2	Carl	Swanson	16:40	2004	10	Farmers
3	Evan	Quigley	16:40	2009	10	NCS
4	Harrison	Hollidge	16:42	2009	10	NCS
5	Eric	Roberts	16:58	1999	10	NCS
6	Carson	Edwards	17:05	2017	10	NCS
7	Michael	Viano	17:17	2012	10	Farmers
8	Ryan	Gallardo	17:23	2006	10	NCS
9	Joel	Timbrell	17:25	2010	10	NCS
10	Logan	Kent	17:25.2	2011	10	Farmers
11	Noa	Nabeshima	17:28	2014	10	NCS
12	Luke	Hodgson	17:31	2001	10	NCS
13	Dylan	Gregory	17:31	2015	10	NCS
14	Mike	Railton	17:32.0	2008	10	Farmers
15	Paul	Holland	17:45	2001	10	NCS
16	John	Riehlman	17:49	2004	10	Farmers
17	Wesley	Dayton	17:51	2004	10	NCS
18	Robert	Viano	17:51	2014	10	NCS
19	Rob	Wills	17:53	2004	10	NCS
20	Graham	Manning	17:56	2016	10	NCS
21	Connor	Hayes	18:00	2014	10	NCS
22	Christian	Giannini	18:15	2012	10	Farmers
23	Will	Masterman	18:22	2006	10	NCS
24	Jesse	Aston	18:43	2007	10	NCS
25	Connor	Francis	19:33	2010	10	NCS
26	Brian	Hanson	19:56	1999	10	NCS

Frosh

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Evan	Quigley	16:42	2008	9	NCS
2	Mark	Blattler	16:00	2006	9	Farmers
3	Michael	Viano	17:00	2011	9	Farmers
4	Luis	Haefke	17:10	2011	9	NCS
5	Jesse	Aston	17:12	2006	9	NCS
6	Matt	Loforte	17:52	2002	9	NCS
7	Will	Masterman	18:33	2005	9	NCS
8	Mike	Railton	19:21	2007	9	NCS
9	Christian	Giannini	19:40	2011	9	Farmers

Hayward HS Course All-Time Girls' Lists

Overall

	<u>Name</u>		<u>Time</u>	<u>Year</u>	<u>Grade</u>	<u>Meet</u>
1	Marissa	D'Atri	17:54	2016	11	NCS
2	Allie	Timbrell	18:11	2013	11	NCS
3	Jewelz	Andrews	18:39	2010	12	NCS
4	Samantha	Jones	18:57	2002	12	NCS
5	Tanya	Rosengren	19:10	2001	10	NCS
6	Jessica	Neu	19:15	1999	12	NCS
7	Nicole	Tria	19:30	2016	10	NCS
8	Michaela	Nilson	19:44	2008	11	Farmers
9	Helene	Hollidge	19:45	2011	9	NCS
10	Lauren	Suniga	19:48	2009	10	NCS
11	Sammy	Parker	20:00	2007	9	NCS
12	Lissa	Zamolo	20:07	2005	12	Farmers
13	Erica	Cardinale	20:07	2016	12	NCS
14	Amy	Loper-Riley	20:13	1999	12	NCS
15	Lindsay	Lightsey	20:24	2002	11	NCS
16	Anna	Taylor	20:30	2011	11	NCS
17	Shannon	Manuel	20:31	2002	10	NCS
18	Cailin	Ferrel	20:33	2011	11	NCS
19	Kristen	Movchus	20:35	2004	?	Farmers
20	Maria	Zamora	20:38	2002	10	NCS
21	Kellie	Stephens	20:40	2001	11	NCS
22	Beth	Mork	20:56	2001	12	NCS
23	Meagan	Yoeono	20:58	2008	9	NCS
24	Meredith	Salazaar	21:01	2006	10	NCS
25	Savannah	Wadsworth	21:03	2009	11	NCS
26	Gina	Wood	21:09	2011	12	NCS
27	Jordan	Wight	21:10	2008	12	Farmers
28	Danielle	Osborne	21:17	2011	11	NCS
29	Rebecca	Zamolo	21:25	1999	12	NCS
30	Christian	Sweeney	21:28	2008	12	NCS
31	Shannon	Manuel	21:30	2004	12	NCS
32	Elizabeth	Gorrell	21:31	2004	10	NCS
33	Patty	Morales	21:35	2004	11	Farmers
34	Jennifer	Winters	21:41	2004	11	NCS
35	Ashley	Borman	21:43	2002	10	NCS
35	Carolynn	Herbert	21:43	2008	11	NCS
37	Nicole	Sylvia	21:47	2005	10	NCS
38	Crystal	Dinh	22:01	2011	11	Farmers
39	Ana	Mendoza	22:04	2010	10	NCS
40	Tisha	Nichols	22:22	2006	?	Farmers
41	Haley	Swanson	22:23	2005	10	NCS
42	Nora	Pallotta	22:27	2004	11	NCS
43	Whitney	Shoemaker	22:39	2001	12	NCS
44	Sophia	Snavely	22:44	2004	10	NCS
45	Issa	Mendoza	22:45	2016	12	NCS
46	Marsha	Wescott	22:46	2005	?	Farmers
47	Catherine	Stites	22:50	2014	11	NCS
48	Alyssa	Andrews	23:02	2004	?	Farmers
49	Ariana	Jorgensen	23:17	2011	10	Farmers
50	Olivia	Mendoza	23:20	2013	11	NCS
51	Francesca	Marietti	23:28	2012	12	Farmers
52	Heather	Stephens	23:30	1999	12	NCS
53	Carrie	Jones	23:32	2005	?	Farmers
54	Christina	Eck	23:35	2007	11	NCS
55	Melissa	Guevara	23:58	2011	12	NCS
56	Divine	Adesida	23:59	2009	12	NCS
56	Kay	Bromley	23:59	2011	11	Farmers
58	Annie	Leary	24:05	2006	12	NCS
59	Katie	Rogers	24:08	2014	11	NCS
60	Julia	Baaten	24:18	2005	?	Farmers
61	Kelli	Baumgartner	24:46	2007	12	NCS
62	Elicia	Guerra	24:57	2012	11	NCS
63	T.	Arnold	25:50	2004	?	Farmers
64	Rachel	Aston	26:09	2005	?	Farmers

65	Kathryn	Bumala	27:08	2008	12	Farmers
66	Kathryn	Wallace	27:32	2005	?	Farmers
67	Kiersten	Soza	29:33	2014	11	NCS

Senior

	Name		Time	Year	Grade	Meet
1	Marissa	D'Atri	18:08	2017	12	NCS
2	Jewelz	Andrews	18:39	2010	12	NCS
3	Allie	Timbrell	18:45	2014	12	NCS
4	Samantha	Jones	18:57	2002	12	NCS
5	Jessica	Neu	19:15	1999	12	NCS
6	Michaela	Nilson	19:49	2009	12	NCS
7	Lissa	Zamolo	20:07	2005	12	Farmers
8	Erica	Cardinale	20:07	2016	12	NCS
9	Amy	Loper-Riley	20:13	1999	12	NCS
10	Shannon	Manuel	20:35	2004	12	Farmers
11	Beth	Mork	20:56	2001	12	NCS
12	Kellie	Stephens	21:03	2002	12	NCS
13	Gina	Wood	21:09	2011	12	NCS
14	Jordan	Wight	21:10	2008	12	Farmers
15	Anna	Taylor	21:10	2012	12	Farmers
16	Christian	Sweeney	21:28	2008	12	NCS
17	Rebecca	Zamolo	21:25	1999	12	NCS
18	Danielle	Osborne	21:35	2012	12	NCS
19	Crystal	Dinh	22:02	2012	12	Farmers
20	Ashley	Borman	22:17	2004	12	Farmers
21	Whitney	Shoemaker	22:39	2001	12	NCS
22	Issa	Mendoza	22:45	2016	12	NCS
23	Catherine	Stites	22:50	2015	12	NCS
24	Nora	Pallotta	23:05	2005	12	NCS
25	Sophia	Snavely	23:13	2006	12	Farmers
26	Francesca	Marietti	23:28	2012	12	Farmers
27	Heather	Stephens	23:30	1999	12	NCS
28	Olivia	Mendoza	23:41	2014	12	NCS
29	Haley	Swanson	23:49	2007	12	NCS
30	Melissa	Guevara	23:58	2015	12	NCS
31	Divine	Adesida	23:59	2009	12	NCS
32	Annie	Leary	24:05	2006	12	NCS
33	Katie	Rogers	24:09	2015	12	NCS
34	Kelli	Baumgartner	24:46	2007	12	NCS
35	Kay	Bromley	24:49	2012	12	Farmers
36	Elicia	Guerra	25:32	2013	12	NCS
37	Kathryn	Bumala	27:08	2008	12	Farmers

Junior

	Name		Time	Year	Grade	Meet
1	Marissa	D'Atri	17:54	2016	11	NCS
2	Allie	Timbrell	18:11	2013	11	NCS
3	Jewelz	Andrews	19:38	2009	11	NCS
4	Michaela	Nilson	19:44	2008	11	Farmers
4	Nicole	Tria	19:44	2017	11	NCS
6	Tanya	Rosengren	19:59	2002	11	NCS
7	Lindsay	Lightsey	20:24	2002	11	NCS
8	Samantha	Jones	20:25	2001	11	NCS
9	Anna	Taylor	20:30	2011	11	NCS
10	C.	Ferrel	20:33	2011	11	NCS
11	Kellie	Stephens	20:40	2001	11	NCS
12	Erica	Cardinale	20:47	2015	11	NCS
13	Savannah	Wadsworth	21:03	2009	11	NCS
14	Danielle	Osborne	21:17	2011	11	NCS
15	Patty	Morales	21:35	2004	11	Farmers
16	Jennifer	Winters	21:41	2004	11	NCS
17	Carolynn	Herbert	21:43	2008	11	NCS
18	Lauren	Suniga	21:52	2010	11	NCS
19	Elizabeth	Gorrell	21:56	2005	11	NCS
20	Jordan	Wight	21:57	2007	11	NCS
21	Crystal	Dinh	22:01	2011	11	Farmers
22	Nicole	Sylvia	22:05	2006	11	Farmers
23	Nora	Pallotta	22:27	2004	11	NCS
24	Sophia	Snavely	22:45	2005	11	NCS
25	Olivia	Mendoza	23:20	2013	11	NCS

26	Issa	Mendoza	23:26	2015	11	NCS
27	Haley	Swanson	23:33	2006	11	Farmers
28	Gina	Wood	23:34	2010	11	NCS
29	Christina	Eck	23:35	2007	11	NCS
30	Melissa	Guevara	23:58	2014	11	NCS
31	Kay	Bromley	23:59	2011	11	Farmers
32	Francesca	Marietti	24:08	2011	11	Farmers
32	Catherine	Stites	24:08	2014	11	NCS
34	Elicia	Guerra	24:57	2012	11	NCS
35	Ariana	Jorgensen	25:22	2012	11	Farmers

Soph

	Name		Time	Year	Grade	Meet
1	Marisa	D'Atri	18:21	2015	10	NCS
2	Jewelz	Andrews	18:50	2008	10	NCS
3	Tanya	Rosengren	19:10	2001	10	NCS
4	Nicole	Tria	19:30	2016	10	NCS
5	Lauren	Suniga	19:48	2009	10	NCS
6	Michaela	Nilson	19:52	2007	10	NCS
7	Sammy	Parker	20:08	2008	10	NCS
8	Shannon	Manuel	20:31	2002	10	NCS
9	Maria	Zamora	20:38	2002	10	NCS
10	Meredith	Salazaar	21:01	2006	10	NCS
11	Lindsay	Lightsey	21:25	2001	10	NCS
12	Elizabeth	Gorrell	21:31	2004	10	NCS
13	Beth	Mork	21:37	1999	10	NCS
14	Ashley	Borman	21:43	2002	10	NCS
15	Erica	Cardinale	21:43	2014	10	NCS
16	Nicole	Sylvia	21:47	2005	10	NCS
17	Ana	Mendoza	22:04	2010	10	NCS
18	Jordan	Wight	22:06	2006	10	NCS
19	Anna	Taylor	22:07	2010	10	NCS
20	Haley	Swanson	22:23	2005	10	NCS
21	Savannah	Wadsworth	22:29	2008	10	Farmers
22	Danielle	Osborne	22:38	2010	10	NCS
23	Sophia	Snavely	22:44	2004	10	NCS
24	Ariana	Jorgensen	23:17	2011	10	Farmers
25	Meagan	Yoeono	24:00	2009	10	NCS

Frosh

	Name		Time	Year	Grade	Meet
1	Jewelz	Andrews	18:54	2007	9	NCS
2	Helene	Hollidge	19:45	2011	9	NCS
3	Sammy	Parker	20:00	2007	9	NCS
4	Allie	Timbrell	20:05	2011	9	NCS
5	Meagan	Yoeono	20:58	2008	9	NCS
6	Michaela	Nilson	21:02	2006	9	NCS
7	Samantha	Jones	21:55	1999	9	NCS
8	Shannon	Manuel	22:02	2001	9	NCS
9	Kellie	Stephens	22:27	1999	9	NCS
10	Jordan	Wight	22:50	2005	9	NCS
11	Ana	Mendoza	22:55	2009	9	NCS
12	Carolynn	Herbert	23:34	2006	9	NCS