

Alhambra Track Top-10 Lists - - Boys' Varsity

100					10	Rob	Latting	4:26.9	1983
1	Mister	Davis	10.90 w	2018	3200				
2	John	Gill	10.94 c	1975	1	Eric	Roberts	9:28.7	2002
3	Leon	Callen	10.95 w	1993	2	Rob	Latting	9:38.8	1985
4	Leonard	Reviar	11.14 c	1980	3	Glenn	Lewis	9:39.0 c	1972
5	Trevor	Davis	11.16	2011	4	Rick	Riley	9:44.04	1997
6	Eric	Richard	11.18	2012	5	Carl	Swanson	9:45.80	2006
7	Charlie	Tourville	11.24 c	1955	6	Howard	LaBrie	9:48.6 c	1968
7	L.	Robinson	11.24 c	1977	7	Mike	Gulli	9:51.6 c	1977
7	Rob	Avina	11.24 c	1985	8	Mark	Blattler	9:53.90	2008
7	Orande	Scott	11.24 c	1991	9	Evan	Quigley	9:54.19	2011
200					10	John	Latting	9:55.0	1985
1	Leon	Callen	22.25 w	1993	110 High Hurdles (39")				
2	John	Gill	22.34 c	1975	1	Raleigh	Adams	14.43	2015
3	Charlie	Tourville	22.44 c	1955	2	Leonard	Reviar	15.04 c	1980
4	Mister	Davis	22.50 w	2018	2	Ledell	Conner	15.04 c	1982
5	Michael	Thompson	22.52	1996	2	Kevin	Hawkins	15.04 c	1987
5	Paul	Bromley	22.52 w	2016	5	S.	Lister	15.34 c	1972
7	Rich	McLaughlin	22.54 c	1957	5	John	Lucas	15.34 c	1976
8	Joey	Woolridge	22.69	2002	5	James	Blattler	15.34	2004
9	Leonard	Reviar	22.74 c	1980	8	B.	DeVries	15.54 c	1955
10	R.	Swenson	22.84 c	1970	8	Marcel	Stewart	15.54 c	1992
400					10	Jeremy	McGrue	15.73	2000
1	Michael	Thompson	49.18	1996	300 Intermediate Hurdles (36")				
2	Joey	Woolridge	49.8	2002	1	Raleigh	Adams	37.99	2015
3	Greg	Turner	50.21	2000	2	Kevin	Lyons	40.04 c	1987
4	Charlie	Hepburn	50.5 c	1974	3	Kevin	Hawkins	40.24 c	1986
5	Charlie	Tourville	50.7 c	1955	4	Ledell	Conner	40.54 c	1982
6	Ian	Palmer	50.87	2017	4	Ken	Loft	40.54 c	1989
7	Bryan	Godwin	51.37	1998	6	James	Blattler	40.79	2004
8	Joey	Cooper	51.59	1998	7	Johnny	LeBlanc	40.84 c	1988
9	Leon	Callen	51.6	1993	8	Amos	Cruz	40.90	1998
10	James	Jones	51.78	2012	9	Jeff	Suitos	41.04 c	1983
800					10	Aaron	Rawlinson	41.35	2001
1	Morgan	Groth	1:54.4 c	1961	Long Jump				
2	Dave	Flynn	1:58.1	1992	1	David	Tyre	23-00.25	1968
3	Joel	Timbrell	1:58.21	2012	2	Jeff	Suitos	22-09.5	1984
4	John	Swearengen	1:58.5 c	1970	3	Trevor	Davis	22-04.25	2010
5	Ben	Williams	1:58.60	1991	4	Hiro	Okawachi	22-03.5	1957
6	Tom	Elfring	1:58.8 c	1976	5	Tanaha	Waters	22-00	1992
7	Evan	Quigley	1:59.46	2012	6	Eric	Richard	21-11.75	2012
8	Charlie	Hepburn	1:59.5 c	1973	7	Kevin	Hawkins	21-10.75	1986
9	Jim	Shaw	1:59.6 c	1956	8	Corey	Conniff	21-08	1989
10	Vince	Hudson	1:59.80	1988	9	Rob	Avina	21-05.75	1985
1600					10	L.	Robinson	21-2.5	1978
1	Morgan	Groth	4:08.6 c	1961	Triple Jump				
2	Eric	Roberts	4:16.00	2002	1	Jeff	Suitos	46-06	1984
3	Dave	Flynn	4:22.09	1992	2	Trevor	Davis	46-00	2011
4	Matt	Loforte	4:22.3	2005	3	Stanley	Joyner	44-02.75	1995
5	Evan	Quigley	4:23.34	2011	4	Charlie	Hepburn	44-00.5	1974
6	Dave	Santos	4:24.1 c	1969	5	Corey	Conniff	43-08	1989
7	Joey	Tully	4:25.0	1987	6		Shaler	42-10.5	1971
8	Mark	Blattler	4:26.69	2008					
9	Michael	Viano	4:26.73	2015					

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7	Jeff	Graden	42-09	1975
8	Leonard	Reviar	42-04	1980
9	Mike	Delmar	42-02.75	1986
10	Adam	Stewart	42-02	1992

High Jump

1	Jack	Robinson	6-05.5	2014
2	Jeff	Graden	6-05.25	1974
3	Eben	Ham	6-04.5	1980
3		Seiph	6-04.5	1981
5	Gene	Porche	6-04.25	1975
6	Hiro	Okawachi	6-04	1957
6	John	Cox	6-04	1971
8	Corey	Conniff	6-03	1989
9		Spencer	6-02	1972
9	J.	Freitas	6-02	1983
9	Josh	Blecha	6-02	2002

Pole Vault

1	Drew	Radke	13-07	1985
2	Rob	Avina	13-06	1985
3	Mike	Waltz	13-00	1987
3	Chris	Bryan	13-00	2000
5	C.	Hansen	12-06	1982
5	Paul	Hodgkinson	12-06	1994
7	Jerry	Janeway	12-03	1959
7	Jerry	Greene	12-03	1960
7	John	Waltz	12-03	1978
10	David	Fierner	12-00	1996
10	Morgan	Savacool	12-00	1996

Shot Put

1	Zach	Coniglio	60-06	2010
2	Rich	Gooch	57-11	1967
3	Mike	Mickelson	54-06	1970
4	Tony	Loforte	54-03.5	1991
5	Frank	Duarte	53-01	1957
6	Steve	Cabral	51-06.75	1973
7	Stanley	Miles	51-00	1994
8	Mike	Juniphant	50-10.5	1985
9	Nick	Momaney	50-00	2019
10	Geno	Ramelb	48-00	2008

Discus

1	Zach	Coniglio	186-00	2010
2	Jeff	Sinn	170-00	1965
3	Steve	Cabral	168-04	1973
4	Mark	See	168-03	2003
5	Aaron	Woodburn	155-04	1980
6	Nick	Momaney	149-06	2019
7	Kyle	Fitzpatrick	148-04	2016
8	J.	Freitas	142-06	1983
9	Dave	Woolridge	141-08	1960
10	Tony	Gratton	141-04	1992

4x100 relay

1	Joyner, Thompson, Lee, Green	43.48	1995
2	Richard, Poyadue, Abdurrohman, Jones	43.66	2012
3	Baggarley, Scott, Miller, Waters	43.84 c	1991
4	Davis, Lewis, Blattler, Rutley	43.94 c	2004
5	Foster, Abdurrohman, Evans, Gonsalves	44.06	2014
6	Loft, Scott, Waters, Baggarley	44.12	1990
7	Waters, Fonseca, Hern, Davis	44.20	2019
8	Woolridge, Head, Wilson, Davis	44.37	2002
9	Foster, Abdurrohman, Gonzalez, Farwell	44.52	2013
10	Connor, Harbin, Cunningham, Reviar	44.54 c	1980

4x400 relay

1	Head, Blecha, Gliatto, Woolridge	3:21.81	2002
2	Welch, Porter, Tully, Lyons	3:25.8	1987
3	Fukumoto, Godwin, Cooper, Soloff	3:27.23	1998
4	Bumala, Jones, Farwell, Richard	3:28.18	2012
5	Gliatto, Holland, Blecha, Woolridge	3:28.26	2001
6	Williams, Scott, Miller, Baggarley	3:28.6	1991
7	Micanek, Scott, Miller, Baggarley	3:29.28	1990
8	Unknown Team	3:31.27	1997
9	Turner, Blecha, Holland, Woolridge	3:31.40	2000
10	Hudson, Gutierrez, Baggarley, Loft	3:31.6	1989

Notes:

- c = converted from yards
- w = wind-aided
- times to tenths are hand timed; times to hundredths are electronically timed.
- for distances under 400 meters, the conversion factor from hand-timed to electronic timing is .24
- for distances 400 meters and up, the conversion factor from hand-timed to electronic timing is .14
- Especially in the 100, 200, and 4 x 100 relays, top-10 rankings include all of the variables listed above

Non-Standard Events

300 Hurdles - 30"	Delahanty	41.0	1975
400 Hurdles	Kevin Lyons	57.3	1987
1500	Eric Roberts	3:59.66	2002
3000	Eric Roberts	8:52.7	2002
DMR (3-2-1-4)	no names	10:39.0	2002
SMR (1-1-2-4)	no record		
SMR (2-2-4-8)	no record		
4 x 220y	no names available	1:36.0	1969
4 x 880	no names available	8:21.0	1969
4 x 800	Roberts, Blecha, Schawel, Hodgson	8:23.06	2002
4 x 1600	no names available	18:52.22	2010
4 x 110 HH	no record		