



# Alhambra High School

## The Martinez/Tim Bruder Relays

Alhambra High School Track & Field is excited to bring you the 86<sup>th</sup> year of the Martinez/ Tim Bruder Relays, scheduled for March 9<sup>th</sup>, 2019. We here at Alhambra High School would be excited to have your team compete, so please come out and be a part of one of the oldest running Track & Field events in the State!

### 9 Lane Track and Fully Automatic Timing System

**Hosted By:** Alhambra High School Track and Field  
150 E Street  
Martinez, Ca 94553

**Meet Director:** Katherine Hern  
Telephone Contact: 925-335-5810 ext. 1846  
[khern@martinez.k12.ca.us](mailto:khern@martinez.k12.ca.us)

### Details

**Date:** Saturday, March 9, 2019

**Field Events:** 8:30am

**Running Events:** 9:00am

**Divisions:** Varsity Boys, Varsity Girls, F/S Girls, F/S Boys

**Entry Fees:** \$350 full team/4 divisions or \$85 per Division  
\$20.00 per relay; \$10.00 per individual

Please Make **Checks** Payable to **Alhambra High School Track**

**Contact Meet Director if you would like to help run an event for reduced or waived entry fees**

### Entries via Athletic.net Due Monday Mar 4<sup>th</sup> by Midnight

**Entry Gate/Spectators:** \$5.00 Per Adult, \$3.00 Per Students w/ ID, Senior Citizens, and Children under 10

**Format:** This is an all relay event format with the exception of the 1600m. See schedule of events below.

**Awards:** Nice, Custom Medals: 1<sup>st</sup>-5<sup>th</sup> for Relay Teams and Individuals  
Trophies awarded to 1<sup>st</sup>-3<sup>rd</sup> place for each Division Winners

**Special Event:** We will have a lunch break, at which time all races are paused for about an hour. At this time we invite **anyone** to compete in the open mile event, named the Tim Bruder Memorial Mile. This race and meet is named in honor of longtime Bulldog Coach Bruder, who passed away in 2009. This will take place around noon, after the sprint or distance medley relay, depending on how the timeline is moving. Coaches, spectators, parents, and athletes are all welcome to join in the fun.

### Notes:

- The tennis courts are available for teams to set up for the day. **DO NOT** set up your team area in the bleachers, so as to allow room for spectators. **NO SPIKES** on the tennis courts please!
- All races will be timed by electronic timing device. Results will be posted per event during the day.
- Refreshments for sale throughout the day provided by the Doggie Diner.

- Martinez Relays custom-made shirts available for sale.
- Parking is available on campus with overflow and bus parking available across the street at the Martinez Adult School (across from Safeway).

## **SCHEDULE OF EVENTS**

***Running events will be on a rolling schedule.***

- 1 F/S, Var Girls 1600 individual
- 2 F/S, Var Boys 1600 individual
- 3 F/S Girls 100m H Shuttle
- 4 Var Girls 100m H Shuttle
- 5 F/S Boys 110m HH Shuttle
- 6 Var Boys 110m HH Shuttle
- 7 F/S Girls 4 x 100 Relay
- 8 F/S Boys 4 x 100 Relay
- 9 Var Girls 4 x 100 Relay
- 10 Var Boys 4 x 100 Relay
- 11 F/S Girls 4 x 800 Relay
- 12 F/S Boys 4 x 800 Relay
- 13 Var Girls 4 x 800 Relay
- 14 Var Boys 4 x 800 Relay
- 15 F/S Girls Sprint Medley (1, 1, 2, 4)
- 16 F/S Boys Sprint Medley (2, 2, 4, 8)
- 17 Var Girls Sprint Medley (1, 1, 2, 4)
- 18 Var Boys Sprint Medley (2, 2, 4, 8)

### **LUNCH BREAK**

**The TIM BRUDER Memorial Mile (OPEN TO EVERYONE)**

- 19 F/S Girls Dist. Medley (1200, 400, 800, 1600)
- 20 F/S Boys Dist. Medley
- 21 Var Girls Dist. Medley
- 22 Var Boys Dist. Medley
- 23 F/S Girls 4 x 200 Relay
- 24 F/S Boys 4 x 200 Relay
- 25 Var Girls 4 x 200 Relay
- 26 Var Boys 4 x 200 Relay
- 27 F/S Girls 4 x 400 Relay
- 28 F/S Boys 4 x 400 Relay
- 29 Var Girls 4 x 400 Relay
- 30 Var Boys 4 x 400 Relay
- 31 F/S Coed Throwers 4 x 100 Relay
- 32 Var Coed Throwers 4 x 100 Relay  
(Thrower's Relays non-scoring)

FIELD EVENTS \* *Field Event Times are approximate.*

33	8:30	Var Girls Pole Vault
34	8:30	F/S Boys Long Jump Pit 1
35	8:30	Var Girls Triple Jump Pit 2
36	8:30	Var Boys High Jump Pit
37	8:30	F/S Girls Shot Put
38	8:30	Var Girls Discus
39	10:00	Var Boys Pole Vault
40	10:00	Var Girls Shot Put
41	10:00	Var Boys Discus
42	10:00	F/S Girls High Jump
43	11:00	Var Girls Long Jump Pit 1
44	11:00	Var Boys Triple Jump Pit 2
45	11:30	F/S Boys High Jump
46	11:30	F/S Boys & Girls Discus Open Ring
47	11:30	Varsity Boys Shot Put
48	11:30	F/S Girls Pole Vault
49	1:00	Var Girls High Jump
50	1:00	F/S Girls Long Jump Pit 2
51	1:00	Var Boys Long Jump Pit 1
52	1:00	F/S Boys Pole Vault
53	1:00	F/S Boys Shot Put