

Alhambra Track Top-10 Lists - - Boys' Frosh-Soph

100 Meters

| | | | |
|----|--------------------|-------|------|
| 1 | John Gill | 11.0c | 1974 |
| 2 | Ciazonne Foster | 11.48 | 2013 |
| 3 | Sean Burke | 11.58 | 1999 |
| 4 | Erron Christmas | 11.60 | 2008 |
| 5 | Leonard Revoir | 11.4c | 1978 |
| 5 | Harits Abdurrohman | 11.64 | 2012 |
| 7 | Mawuko Tugbenyon | 11.5 | 1992 |
| 8 | Brandon Soloff | 11.5 | 1997 |
| 9 | Joey Woolridge | 11.5 | 1999 |
| 10 | Aaron West | 11.6 | 1995 |
| 10 | Chris Sander | 11.84 | 2010 |

200

| | | | |
|----|--------------------|-------|------|
| 1 | John Gill | 22.9c | 1974 |
| 2 | Sean Burke | 23.58 | 1999 |
| 3 | Harits Abdurrohman | 23.66 | 2012 |
| 4 | Leonard Revoir | 23.6 | 1978 |
| 4 | Joey Woolridge | 23.6 | 1999 |
| 6 | L. Robinson | 23.8c | 1978 |
| 7 | Payton Simmons | 24.18 | 2005 |
| 8 | Noa Nabeshima | 24.29 | 2015 |
| 9 | Jerwin Woolridge | 24.34 | 2001 |
| 10 | Clint Baggarly | 24.2 | 1988 |

400

| | | | |
|----|------------------|-------|------|
| 1 | Joey Cooper | 52.79 | 1998 |
| 2 | Eric Welch | 53.2 | 1986 |
| 3 | Christian Bumala | 53.49 | 2011 |
| 4 | Payton Simmons | 53.50 | 2005 |
| 5 | Keith Farwell | 54.00 | 2011 |
| 6 | Luis Haefke | 54.82 | 2013 |
| 7 | Travis Gliatto | 54.7 | 1999 |
| 8 | Alex Clause | 55.2 | 1986 |
| 9 | Paul Vanni | 55.4c | 1970 |
| 10 | Joel Hawes | 55.6 | 2005 |
| 10 | Cameron Yarder | 55.6 | 2005 |

800

| | | | |
|----|---------------|---------|------|
| 1 | Noa Nabeshima | 2:05.48 | 2015 |
| 2 | Ryan Quigley | 2:07.17 | 2005 |
| 3 | P. Cottrell | 2:07.6c | 1970 |
| 4 | Joel Timbrell | 2:08.13 | 2011 |
| 5 | Evan Quigley | 2:08.30 | 2009 |
| 6 | Mark Blattler | 2:08.62 | 2007 |
| 7 | Michael Viano | 2:09.27 | 2012 |
| 8 | R. Duncan | 2:09.7 | 1992 |
| 9 | Chuck Latting | 2:11.3c | 1974 |
| 10 | Luis Garcia | 2:11.69 | 2015 |

1600

| | | | |
|---|---------------|---------|------|
| 1 | Evan Quigley | 4:31.04 | 2010 |
| 2 | Mark Blattler | 4:33.26 | 2007 |
| 3 | Mike Gulli | 4:34.5c | 1976 |
| 4 | Noa Nabeshima | 4:38.16 | 2015 |
| 5 | Mike Railton | 4:42.81 | 2009 |
| 6 | Jesse Aston | 4:45.41 | 2008 |
| 7 | Ryan Quigley | 4:45.70 | 2005 |

| | | | |
|----|---------------|---------|------|
| 8 | Michael Viano | 4:46.32 | 2013 |
| 9 | Tony Kauke | 4:46.6 | 1992 |
| 10 | Carl Swanson | 4:47.0 | 2005 |

3200

| | | | |
|----|-------------------|----------|------|
| 1 | Harrison Hollidge | 10:15.92 | 2010 |
| 2 | Mike Railton | 10:19.96 | 2009 |
| 3 | Carl Swanson | 10:23.28 | 2005 |
| 4 | Caleb Leisure | 10:30.0 | 1998 |
| 5 | Jesse Aston | 10:34.78 | 2008 |
| 6 | Matt LoForte | 10:34.90 | 2003 |
| 7 | Glenn Lewis | 10:36.6c | 1971 |
| 8 | Robert Viano | 10:49.59 | 2015 |
| 9 | Tony Kauke | 10:49.9 | 1992 |
| 10 | | | |

110 High Hurdles (39")

| | | | |
|----|-----------------|-------|------|
| 1 | Buddy Gonzalez | 17.1 | 2001 |
| 2 | Anteo Quiroz | 17.48 | 1999 |
| 3 | Jesse Reel | 18.51 | 2011 |
| 4 | Amos Cruz | 18.52 | 1995 |
| 5 | Teddy Ballin | 18.61 | 1996 |
| 6 | Morgan Savacool | 19.28 | 1994 |
| 7 | Rob Lawrence | 19.32 | 1998 |
| 8 | Jonas Kobyluk | 19.46 | 2018 |
| 9 | Mike Brown | 19.51 | 2005 |
| 10 | Oliver Symonds | 20.0 | 2000 |

300 Intermediate Hurdles (36")

| | | | |
|----|-----------------|-------|------|
| 1 | Marcel Stewart | 42.3 | 1990 |
| 2 | Buddy Gonzales | 43.8 | 2001 |
| 3 | Mike Brown | 44.5 | 2005 |
| 4 | Raleigh Adams | 44.74 | 2013 |
| 5 | Anteo Quiroz | 45.33 | 1999 |
| 6 | Aaron Rawlinson | 46.3 | 1999 |
| 7 | Jesse Reel | 47.05 | 2011 |
| 8 | Chris Symonds | 47.55 | 2000 |
| 9 | Jared Davis | 49.66 | 2012 |
| 10 | Jonas Kobyluk | 52.21 | 2018 |

Long Jump

| | | | |
|----|-----------------|----------|------|
| 1 | Rich McLaughlin | 22-05.50 | 1957 |
| 2 | Tanaha Waters | 21-09 | 1990 |
| 3 | Trevor Davis | 21-01 | 2009 |
| 4 | Sam Brown | 19-09 | 1977 |
| 5 | Bryan Williams | 19-08.75 | 1987 |
| 6 | Nick Woodson | 19-08 | 1990 |
| 7 | Chris Lagstaff | 19-03.50 | 1990 |
| 8 | Ciazonne Foster | 19-03.25 | 2013 |
| 9 | Damon Leonard | 19-02.25 | 2013 |
| 10 | L. Robinson | 19-01 | 1976 |

Triple Jump

| | | | |
|---|----------------|----------|------|
| 1 | Bill Boyd | 40-10 | 1974 |
| 2 | L. Robinson | 40-05 | 1976 |
| 3 | Leonard Revoir | 40-00.50 | 1976 |
| 4 | Nick Woodson | 39-09.25 | 1990 |

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| | | | |
|----|----------------|----------|------|
| 5 | Trevor Davis | 39-04 | 2009 |
| 6 | Sam Brown | 39-03 | 1977 |
| 7 | Drake Erickson | 39-03 | 2007 |
| 8 | Michael Milano | 38-04.50 | 2016 |
| 9 | Joey Woolridge | 37-07 | 1999 |
| 10 | Mike Fitzhugh | 37-01 | 1977 |

High Jump

| | | | |
|---|------------------|------|------|
| 1 | Eben Ham | 6-0 | 1978 |
| 2 | Larry McClure | 5-10 | 1961 |
| 2 | Ledell Conner | 5-10 | 1979 |
| 2 | Austin Bowen | 5-10 | 1999 |
| 2 | Jackson Norried | 5-10 | 2015 |
| 6 | S. Hornsby | 5-8 | 1974 |
| 6 | Adam Purman | 5-8 | 1995 |
| 6 | Brandon Soloff | 5-8 | 1997 |
| 6 | Josh Blecha | 5-8 | 2000 |
| 6 | Christian Bumala | 5-8 | 2010 |
| 6 | Jack Robinson | 5-8 | 2011 |

Pole Vault

| | | | |
|----|-----------------|-------|------|
| 1. | Paul Hodgkinson | 11-06 | 1994 |
| 2 | Conner Bell | 11-00 | 2010 |
| 3 | Jerry Janeway | 10-09 | 1969 |
| 4 | Mike Waltz | 10-06 | 1986 |
| 4 | Steve Porter | 10-06 | 1994 |
| 4 | John Griffin | 10-06 | 2002 |
| 7 | John Downie | 10-00 | 2000 |
| 8 | Jon Cargo | 9-06 | 1986 |
| 8 | Scott Jackman | 9-06 | 1994 |
| 8 | S. Lion | 9-06 | 1994 |

Shot Put

| | | | |
|----|----------------|----------|------|
| 1 | Zach Coniglio | 48-07.5 | 2008 |
| 2 | Mike Morley | 47-04 | 1976 |
| 3 | J. Freschi | 46-04 | 1967 |
| 4 | Sal Russon | 46-02 | 1957 |
| 5 | Kyle Iserloth | 46-00.50 | 2001 |
| 6 | Tyler Fowler | 45-04.25 | 1996 |
| 7 | Daniel Taerea | 45-03 | 2005 |
| 8 | Geno Ramelb | 44-10.5 | 2007 |
| 9 | Erick Gonzalez | 44-05 | 2011 |
| 10 | Gary Bowerman | 43-04 | 1971 |

Discus

| | | | |
|----|----------------|--------|------|
| 1 | Daniel Taerea | 132-01 | 2005 |
| 2 | Mark See | 129-08 | 2001 |
| 3 | Wendall Harris | 125-02 | 1954 |
| 4 | Tony Gratton | 120-03 | 1990 |
| 5 | Zach Coniglio | 119-04 | 2008 |
| 6 | Kyle Iserloth | 119-00 | 2001 |
| 7 | Grant Pollard | 118-06 | 1974 |
| 8 | Aidan LaHonta | 117-03 | 2016 |
| 9 | Aaron Woodburn | 117-00 | 1979 |
| 10 | Ray Foster | 115-05 | 1976 |

4 x 100 Relay

| | | | |
|----|---------------------------------------|-------|------|
| 1 | Richard, Farwell, Gonzalez, Cristolos | 45.43 | 2010 |
| 2 | no names available | 46.67 | 2012 |
| 3 | Young, Evans, McCart, Leingang | 46.68 | 2013 |
| 4 | Holman, Krumman, Simmons, Hawes | 46.74 | 2005 |
| 5 | no names available | 47.70 | 2018 |
| 6 | Foster, Watts, Evans, Davis | 47.98 | 2012 |
| 7 | Richard, Sander, Cristolos, Tolerton | 48.13 | 2009 |
| 8 | Waters, Hayes, Kuehn, Smyers | 48.16 | 2018 |
| 9 | Roth, Townsend, Brown, Simmons | 48.5 | 2004 |
| 10 | no names available | 48.77 | 2011 |

4 x 400 Relay

| | | | |
|----|--|---------|------|
| 1 | Simmons, Holman, Krumman, Hawes | 3:41.91 | 2005 |
| 2 | Woolridge, Schawel, Gonzales, Blattler | 3:50.0 | 2001 |
| 3 | no names available | 3:50.33 | 2011 |
| 3 | Farwell, Reel, Timbrell, Enke | 3:55.29 | 2010 |
| 4 | no names available | 4:07.55 | 2011 |
| 5 | Richard, Sander, Cristolos, Tolerton | 4:08.34 | 2009 |
| 6 | Brown, Simmons, Roth, Townsend | 4:14.6 | 2004 |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |

Notes:

- c = converted from yards
- w = wind-aided
- times to tenths are hand timed; times to hundredths are electronically timed.
- for distances under 400 meters, the conversion factor from hand-timed to electronic timing is .24
- for distances 400 meters and up, the conversion factor from hand-timed to electronic timing is .14
- Especially in the 100, 200, and 4 x 100 relays, top-10 rankings include all of the variables listed above

Old Records - - events no longer contested:

330 Yard Low Hurdles (30")

| | | |
|---|-----------------|------|
| 1 | Ledell Conner | 41.2 |
| 2 | Corwin Thompson | 42.4 |
| 3 | Mike FitzHugh | 42.8 |
| 4 | Mike Peebles | 42.9 |

Non-Standard Events:

| | |
|---------------------|-----------|
| 4 x 200 | no record |
| 4 x 800 | no record |
| 4 x 1600 | no record |
| DM (3-1-2-4) | no record |
| SM (1-1-2-4) | no record |
| SM (2-2-4-8) | no record |
| 1500 | no record |
| 3000 | no record |