The Bulldog XC Team is well into the season with a very small group of athletes competing. There are 21 team members whose abilities range



from A-Z.

On the girls side the Bulldogs do not have enough girls to field a complete team as it takes 5 to score. Fortunately in Cross Country you can compete for individual honors. The three girls representing Alhambra

junior Renae Searls, senior Alexia Hisquierdo, and junior Rebecca Breedlove. Renae is co-captain of this year's team. Her summer training is paying off in the early season as she has finished 3rd and 4th respectively in the 2 invitationals so far this year. Renae is hoping to better her last year's 8th place performance at the State XC Championships which will be held on



November 24th in Fresno, CA. Attached is an interview with Renae after her performance at the Nike De La Salle Meet.

Renae Searls - Girls Var 4th Place

https://ca.milesplit.com/videos/580711/renae-searls-girls-var-4th-plac Check out Renae's post race interview from Nike DLS at this link On the boys side there is a mix of veterans and 1st year runners.



Senior Tyler Allan co-captain has been the Bulldogs top performer so far this season. Paolo Morales and Ian Knutson have traded spots as the #2 and #3 runner the past two meets. Rounding out the potential Varsity team for the League Championships

would be senior Waylon Crombie, junior Ethan Hussey, and freshmen Connor Thompson. Nathan Doughtie and Cayden Holcombe's workouts show a lot of improvement and both could be right there by the end of the season. Dominic Cataldo is leading the sophomore group and is

showing improvement from last year. The injury bug has slowed the progress of senior Chris Breedlove, junior Derek Ng and Wyatt Horton, as well as sophomore Jack Wagner. New to the sport are athletes Micky Flood, Jake Hernadez, and David Quintero. They are working on



gaining fitness and overcoming some nagging aches to be ready for the 2nd half of the season.

