



The Bulldog Bark

The voice of Alhambra High School
Cross —CC—> Country
Sunday, September 23, 2018



Tuesday 3:30

Team Pictures

The 2018 team photograph is this coming Tuesday. We are scheduled to be ready for the photographer by 3:30 p.m., so all the runners need to scurry up to the track as soon as possible.

Have the Form and \$ ready

By this time all of the runners should have gotten the price list from Coach Angela. This gives the prices of the various photograph options for purchase. If you are going to buy copies, please have the form and money ready.

We are wearing uniforms for the picture

The Alhambra cross country tradition is to have the team taken in full uniform. Please wear your uniform to the workout on Tuesday.

Wednesday

DAL # 1 @ Hidden Valley

Our first league meet is this week, and we begin our quest of league glory for 2018. All 13 of the DAL teams will be racing and scoring against each other, but the scores that count are the ones against our opponents in the Valley Division: Benicia, Berean Christian, Concord, Mt. Diablo, & Ygnacio Valley. We will see how our boys' teams fare in the chase for league titles.

Races start at 3:30 p.m.

We start with the Boys' Frosh-Soph Race right at 3:30, and the races run every 25 minutes after that. We need all our runners to get to Hidden Valley as soon as possible after they get out of classes.

Thursday

Middle School Meet

We have been volunteered to be the meet officials and volunteers for the middle school cross country meet. Coach Angela will have all the details for us this week. We will be the course monitors, the timers, the tag takers, and any other job necessary to make the meet go smoothly for our younger Martinez runners.

Alumni News - - Bulldogs Running in College

Allie Timbrell



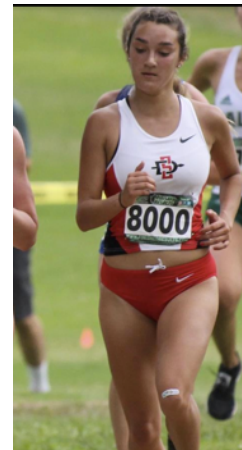
Allie is in her senior year for the Gaels of St. Mary's. In their most recent race she was their 7th runner.

9/14/2018

National Catholic Championship (5K)
University of Notre Dame
South Bend, Indiana

St. Mary's Team:
6th in D-I women's race
(7th runner for St. Mary's)
95. Allie Timbrell 20:13

Marissa D'Atri



Marissa is just starting her career as an Aztec at San Diego State. She has finished as the 5th woman for them in her first two races this season.

9/1 MARK COVERT CLASSIC 5K

Team: 5th of 14 - - 63 athletes
71. Marissa D'Atri (SDSU) - 19:21.7

9/15 UC RIVERSIDE INVITATIONAL 6K

Team: 7th out of 21
170 finishers
67. Marissa D'Atri (SDSU) 22:16.2

Michael Viano



Michael Viano is a senior at Fresno State. At the Bulldogs last race in Nevada, Michael ran 4th for the team over the race distance of 8K. Overall, the team placed 3rd.

UNLV Invitational
September 22, 2018

Viano, Michael
Fresno State
28:35.8