



The Bulldog Bark

The Voice of Alhambra Cross Country
"The bright flame of pure running desire burns incandescently in our souls"



Friday, August 13, 2021

8/13/2021 Dead Cow repeats

These are trail loops atop the Hulet Hornbeck ridge above the Alhambra track. The loop is 1/2 mile over rolling trail.

name	1	2	3	4	5
Tyler Allan	2:27	2:25	2:24	2:23	2:15
Nolin Searls	2:43	2:39	2:40	2:44	2:37
Vince Montegrando	2:44	2:43	2:45	2:40	2:33
Renae Searls	2:48	2:47	2:48	2:51	2:48
Alexia Hisquierdos	3:35	3:33	--	3:21	3:17
Kaelyn Nguyen	3:17	3:21	3:37	3:25	3:38
Juan Herrera	3:09	3:15	3:47	--	2:48
Ryken Adams-Barnes	3:22	3:20	--	3:22	--
Kylee Phillips	3:26	3:14	3:15	3:15	--
Ethan Arnold-Muth	3:12	3:08	3:11	3:13	--
Sam Dibetta	3:22	3:02	3:11	--	3:03
Ali Sobhy	3:06	3:01	3:02	--	2:51
Dominic Cataldo	3:40	3:28	3:35	3:59	--
Paolo Morales	2:53	3:05	3:16	--	2:56
Ian Knutsen	3:14	3:20	3:33	--	3:11
Noura Sobhy	3:14	3:32	3:44	--	3:35
Sam Regan	3:57	--	3:21	--	3:15
Parker Gneckow	4:26	--	4:28	--	5:02
Jack Wagner	4:14	--	3:54	--	3:22
Nathan Jameson	n.t.	--	5:22	--	--



Group 2 is poised and ready for another repeat.



Sam Dibetta had a good day.



Coach Angela handles the clipboard, with the view of Martinez and the river behind her.

