

# The Bulldog Bark

The Voice of Alhambra Track & Field



Saturday, May 18, 2019

# North Coast Section Meet of Champions

Diablo Valley College Friday, May 17, 2019

The Bulldogs were a presence at this meet today. The NCS-MOC is not only the section championship, which for many sports is the highest level of competition for a season. For track, this meet is also the gateway to the California State Meet which is the best high school meet in the country every year.

So, in essence, this meet is the just one step away from the State Meet. To just compete at this threshold event is an accomplishment to be proud of all by itself. But today the Alhambra athletes went a step further. Nick improve his shot to take a strong 4th in the shot finals. Desie and Mister ran well enough to make tomorrow's finals. The Bulldogs live to compete in the section finals.

And for a peek into the future, our younger runners laced 'em up for the exhibition 4 x 800 relay. We wanted this chance to get the younger runners exposure to this top-end meet, even though they were not slated to be especially competitive.



Even through a chain-link fence, Nick's PR toss is an impressive effort.

#### **Boys' Shot Put**

4 Momaney, Nick 52-01.00 (#6 All-Time BV Top-10 list) Trials: 48-04.25 52-01 FOUL Finals: FOUL FOUL 48-01.50 Nick certainly had his game face on today. He popped a 2 foot PR in the prelims, and then couldn't quite make up the gap to 3rd in the finals. Nonetheless, he earns a medal in the NCS finals and moves even further up on our All-Time list.

#### Girls' 100 Meters

Heat 3 Preliminaries Wind: -0.4

3 Armstrong, Desie 12.39q (9th overall)

Desie used her now-familiar strength in the last phase of the race to cement a spot in the finals. The freshwoman lives to run again.



A nice race, but that pesky left arm shows up again.



The display boards tells the tale.

#### **Boys' 100 Meters**

Heat 3 Preliminaries Wind: 0.7

4 Davis, Mister 11.12q (tie breaker for 3rd taken to thousands of a second 11.117) (9th overall) Mister continues to amaze with his continual advancement through the post-season. His time squeezed him into the last spot in the finals.



Mister powers his way into the finals.



The display board give us the unvarnished truth.

#### **Boys' 200 Meters**

Heat 2 Preliminaries Wind: -1.4

4 Davis, Mister 22.79

(16th overall)

Advancing to this event on a late scratch from last week, Mister showed it was no mistake as he was but .15 from moving on to the finals.



The 200 is a tough race.

# Boys' 4 x 800 Relay Exhibition

16th Alhambra

 Ryan McCauley
 65.0
 76.4
 2:21.4

 Nolin Seals
 66.4
 75.8
 2:22.2

 Kai Badavinac
 65.0
 71.4
 2:16.4

 Brian Radke
 68.4
 77.4
 2:23.4

 9:22.59

Our younger runners were here for the exposure, the race, and the NCS patches. Our single goal was to not finish last,

and we did so when Brian found another gear and outsprinted the Acalanes boy to the finish.



Kai recorded the fastest split of our young boys in this race.

# **Saturday, May 18, 2019**

Being at the 2nd day of the NC-MOC is a real treat, as this means we have an athlete in the finals. Each race consists of the top 9 in that event, out of all the track athletes in all of the 160 schools in the NCS. And this meet is just one step away from the State Meet.

And today we had two athletes - Mister Davis and Desie Armstrong, both in the the 100 meters.

### Girls' 100 Meters

5 Desie Armstrong 12.26 (.17)

The rain had stopped, but the wind was chill and the air was damp, and the situation was not geared for the fastest of times. Regardless, our girl blasted out of the blocks and improved on her seed time from yesterday. Desie was in contention the whole way and finished in 5th, which good enough for a medal. She was seeded last in this race and running from an outside lane, which added to the luster of her accomplishment. She was also only .08 away from third, which would have put her in the state Meet.

Desie was also the only freshman in the race, so her future in this event looks good.

# Boys' 100 Meters

6. Mister Davis 11.21 (.3)

Mister was not to be outdone by Desie's medal and got his own. He had eked into the finals as the last qualifier, so he was on paper the slowest runner in the race. A very quick start saw him in the middle of the pack, and he held form to the end to earn his medal in a very close race.

Given that he started the season recovering from a catastrophically broken leg, his quick recovery was impressive enough. On top of that, his ability to climb back to the top level and improve from last years' 13th place at this meet is even more remarkable.

Mister is a junior, and returns next year.